



# FAMILY CENTERED TREATMENT

## Pinnacle Family Services

### FCT Four Phases:

1. Joining and Assessment
2. Restructuring
3. Valuing Change
4. Generalization

Family Centered Treatment® (FCT) is a best practice, tested and evidence based model of home-based treatment that was developed by practitioners over a 20 year period.

**FCT** has been gradually formalized into a model of home based treatment that has practice based evidence and evidence based practice shown to lower rates of out of home placements. It has been refined based on research, experience, and evidence of effectiveness derived from practice. A distinctive aspect of **FCT** is that it has been developed as a by-product of **frontline practitioners' effective practice.**

**FCT** is *extremely cost* effective and stabilizes traumatized youth and families. **FCT** ranges to serve families and youth with mental health diagnosis as well as histories of delinquent behavior. In addition, **FCT** is one of few home based treatment models with extensive experience with the profile of youth who move between the child welfare and juvenile justice systems, or are known to both concurrently otherwise known as "crossover youth."

**FCT** can also be utilized with a variety of specialty need populations where the family system has been impacted and is in need of support or change.

### Outcomes for Family Centered Treatment Services



### Contact Us:

(919) 790-8580

For questions and referrals email at:

corporate@pinnaclefamilyservices.org

www.pinnaclefamilyservices.org

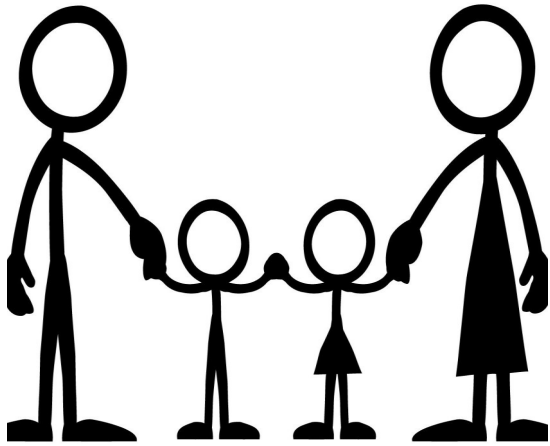


### *OJJDP Journal of Juvenile Justice, 2012*

*"Indeed, the cost benefits of FCT to the state of Maryland reflect reported direct cost reductions in states using diversion programs for adjudicated youth throughout the United States."*

*family*  
A LINK TO THE PAST &  
A BRIDGE TO OUR FUTURE





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## Coordination of Services

Pinnacle Family Services is committed to effective collaboration with all persons or agencies involved with you or your child. During development of your child's plan and throughout the course of your child's treatment, we will stay in constant contact with school personnel, other public agencies involved with your child, and others that are important to you and your child to ensure that we all work together in a consistent way.

# PINNACLE FAMILY SERVICES

## Office Locations:

- Burlington
- Charlotte
- Fayetteville
- Gastonia
- Goldsboro
- Greensboro
- Hickory
- Raleigh
- West End
- Whiteville
- Wilmington
- Winston-Salem

All Referrals Should be Sent to our Referrals Department. Email:

[corporate@pinnaclefamilyservices.org](mailto:corporate@pinnaclefamilyservices.org)

## Trauma Informed Care

Pinnacle Family Services is a trauma informed agency. Under the guidance of our Clinical Director we participated in the 2013 Trauma Informed Learning Community with the National Council for the Behavioral Healthcare. Pinnacle Family Services is committed to providing trauma informed services and our two treatment models, FCT and Fostering Solutions, are trauma informed treatment models. For more information about Trauma Informed Care: <https://www.thenationalcouncil.org/topics/trauma-informed-care/>



# PINNACLE FAMILY SERVICES

**Providing Innovative  
Evidenced Based Services  
for Children and Families**



## Comprehensive Assessments

Pinnacle Family Services offers Comprehensive Clinical Assessments in order to fully assess and understand your child. A part of our assessment process is to complete the ACEs (Adverse Childhood Experiences) and other tools to help us recognize and treat the trauma that your child may be dealing with.

## Outpatient Therapy

Pinnacle Family Services offers a variety of Outpatient Therapy varies by location (for example School Based Therapy, In Home Therapy).

## Therapeutic Foster Care

Pinnacle Family Services has developed a treatment model for serving children in Therapeutic Foster Care named **Fostering Solutions**. Fostering Solutions is a relationship based and trauma informed model applying the newest information about the brain science of traumatized children and using interventions taught to our foster parents that help children develop the positive relationships that will help them develop resiliency and heal from the traumatic events in their lives. The model focuses on four distinct domains of the child. 1. Connect: Settling In. 2. Connect: To Yourself. 3. Connect: To Significant Others. 4. Connect: To Your Community and World. Pinnacle Family Services has a Specialized Contract for the Mental Health and IDD Dual Diagnosis population with Alliance, Cardinal, Partners and Sandhills MCOs.

## Family Centered Treatment

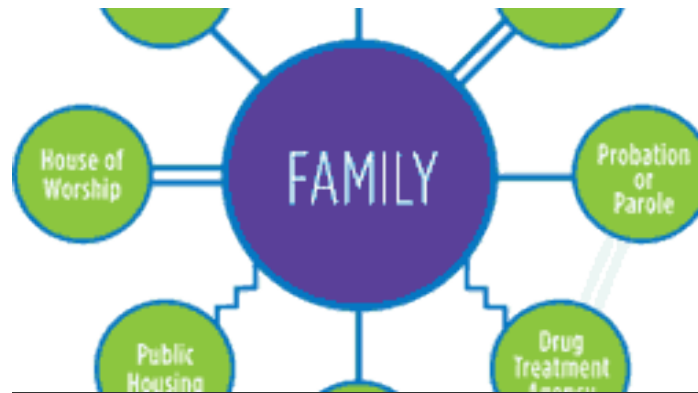
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## Core Values

- The people we serve deserve the highest quality treatment available. Modalities include promising, best and evidenced-based practices.
- Every family has goals and a vision full of hope, promise and success.
- Every child has potential. Every child and family has strengths that must be used in the treatment process.
- Children belong in families.
- Relationships are the key to successful treatment.
- Trauma changes the brain, but the brain has the capacity to heal.
- We are committed to employing staff that are professional, well trained, competent and passionate about their work and to supporting them completely in the very difficult work that they do with our children and families on a daily basis.

## Contact Us

(919) 790-8580

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All Referrals Should be Sent to our Referral Department:  
Email: [corporate@pinnaclefamilyservices.org](mailto:corporate@pinnaclefamilyservices.org) \* Fax: 919-866-3255 \* Phone: 919-790-8580

# *Pinnacle Family Services*

## Referral for Services

**Date of Referral:**

**Name of Person Making Referral:**

**Company Name/Relationship to Individual:**

**Phone Number:**

**Email Address:**

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**Name of Person Being Referred:**

Gender: Male or Female

**Birth Date:**

**Medicaid ID #:**

**Address:**

**County:**

Primary Insurance:

Insurance ID#:

LME # if known:

Ethnicity if known:

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**Legal Guardian Name:**

**Relationship to Individual Being Referred:**

**Phone #: Cell:**

**Home:**

**Work:**

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**Service Being Requested:**  Foster Care       Home-Based Therapy Services (IIH, FCT, IHTS)  
 Outpatient Therapy       Unsure/Unknown

**Reasons for Referral/Request:**

All Referrals Should be Sent to our Referral Department:  
Email: [corporate@pinnaclefamilyservices.org](mailto:corporate@pinnaclefamilyservices.org) \* Fax: 919-866-3255 \* Phone: 919-790-8580