The acronym *PURPLE* is used to describe specific characteristics of an infant's crying during this although frustrating, is simply a phase in their child's development that will pass. The word Period is important because it tells parents that it is only temporary and will come to an end.

The Letters in **PURPLE** Stand for



Your baby may cry more each week, the most in month 2, then less in months 3-5 UNEXPECTED

Crying can come and go and you don't know why RESISTS

Your baby may not stop crying no matter what you try

SOOTHING

PAIN-LIKE

A crying baby may look like they are in pain, even

when they

are not

FACE

LONG LASTING

Crying can last as much as 5 hours a day, or more

Your baby may cry more in the late afternoon and evening

EVENING

The word *Period* means that the crying has a beginning and an end.

http://purplecrying.info/what-is-the-period-of-purple-crying.php





Family Connects North Carolina Southeastern Region

a program of

un programa de

Partnership for Children of Cumberland County

SERVING CUMBERLAND, HOKE, AND ROBESON COUNTIES
SIRVIENDO A LOS CONDADOS DE CUMBERLAND, HOKE Y ROBESON

