

Oral Care for Babies



Wipe gums twice a day with a soft, clean cloth in the morning after the first feeding and right before bed to wipe away bacteria and sugars that can cause cavities.



When teeth come in, start brushing twice a day with a soft, small-bristled toothbrush and plain water.



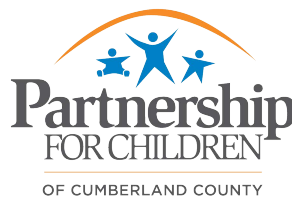
Visit the dentist by your baby's first birthday to spot signs of problems early.



Talk to your dentist or doctor about putting fluoride varnish on your child's teeth as soon as the first tooth appears.

For children younger than 2, consult first with your doctor or dentist regarding the use of fluoride toothpaste.

Source: <https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html>



Family Connects North Carolina Southeastern Region
a program of un programa de
Partnership for Children of Cumberland County

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Nurses provided by Carolina Collaborative Community Care (4C). Funded in part by the Elizabeth A. Hudspeth Endowment Fund of the Cumberland Community Foundation.
Enfermeras suministradas por Carolina Collaborative Community Care (4C). Financiado en parte por la Elizabeth A. Hudspeth fondo de dotación de la Cumberland Community Foundation.