

OCTOBER - DECEMBER 2019

FALL TRAINING CALENDAR

PARTNERS FOR CHILDREN & FAMILIES



DID YOU KNOW?

Showing up on time every day is important to your child's success and learning from preschool forward.

Missing 10 percent of preschool (one or two days every few weeks) can

- Make it harder to develop early reading skills.
- Make it harder to get ready for kindergarten and first grade.
- Develop a poor attendance pattern that's hard to break.

High quality preschool programs have many benefits for your child. The routines your child develops in preschool will continue throughout school. You can make the most of preschool by encouraging your child to attend every day!

WHAT YOU CAN DO

Work with your child and his/her teacher to help your child develop strong attendance. Your enthusiasm is a big boost to success.

Talk about it – sing about it – make it an adventure!

- Set a regular bed time and morning routine
- Lay out clothes and pack backpacks the night before
- Share ideas with other parents for getting out the door on time

Before the school year starts:

- Find out what day preschool starts and start the exciting count down!
- Make sure your child has the required shots.
- Attend orientation with your child to meet the teachers and classmates.

Ready – Set GO!

- Develop back-up plans for getting to preschool if something comes up
- Ask family members, neighbors or other parents to lend a hand if you need help dropping off or picking up your child
- Schedule medical appointments and extended trips when preschool is not in session
- If your child seems anxious about going to preschool, talk to the program director, teacher, your doctor or other parents for advice. If the problem persists, make sure the program is a good fit for your child.

**Help Your Child Succeed in Preschool:
Build the Habit of Good Attendance**

It's never too early to start! For more information and free resources check out Attendance Works at www.attendanceworks.org



**Tuesday,
October 1**

**6-8:00pm
at PfcF**

**Fire Safety
(1.5- 2 CHC)**

Health and Safety Topic (4)

Trainer: Southern Pines Fire Department

Learn what you need to do to keep everyone safe in your child care facility if a fire or dangerous weather conditions occur. This training fills up quickly, so register early!

Length of class time varies and credit will only be given for time of class.

Cost: FREE

Space Limit: 20

**Saturday,
October 5**

**9am-3pm
at Sandhills
Community
College
Van Dusen
Rm. 215**

**Basic School Age Care
(5 CHC)**

Trainer: Leslie Carson

Basic School Age Care (BSAC) is a 5 hour introductory level training event for school age care professionals. The training includes information on health and safety, environmental design, child development, appropriate activities, guiding child behavior, and quality school age care.

This training is required by the NC Division of Child Development and Early Education for school age care professionals working in licensed programs but is a great training for new staff in any after-school program setting.

Cost: \$10

Space Limit: 10

**Tuesday,
October 22**

**6-8pm
at PfcF**

**Infant Toddler SIDS
(2 CHC)**

Health and Safety Topic (3)

Trainer: Leslie Carson

Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants, review Safe Sleep Policy guidelines, North Carolina licensing requirements, maintenance of the proper forms, and other best practice recommendations.

Cost: \$5

Space Limit: 20

**Saturday,
October 26**

**9am-1pm
at Sandhills
Community
College
Van Dusen
Rm. 215**

**NC Playground Safety Training
(4 CHC)**

Health and Safety Topic (4)

Trainer: Leslie Carson

NC playground safety rules and ways that you can prevent outdoor injuries will be addressed. Please wear comfortable shoes for walking in sand. Participants will go to Elizabeth High Rounds Park for a portion of this training.

Cost: \$10

Space Limit: 10

**Tuesday,
November 5**

**6-8pm
at PfcF**

**Resilience and Self Care in the Classroom
(2-3 CHC)**

Trainer: Emily Jones

Early childhood teachers are instrumental in creating socially and emotionally supportive learning environments for young children. However, it is impossible to take care of others if we can't take care of ourselves first. But how do we do this in a fast paced and often chaotic classroom filled with preschoolers? During this 2 hour training participants will learn tools on practicing self-care and modeling resilience for children in the classroom. This training will look at ways to de-stress yourself and your classroom and will include personal and professional goal setting. There will be an opportunity to earn an extra contact hour credit through homework and evidence of implementation.

Cost: \$5

Space Limit: 20

**Saturday,
November 9**

**Be Active Kids
(3 CHC)**

Trainer: Emily Jones

Cost: FREE

**9am-12pm
Sandhills**

**Community College
Van Dusen**

Be Active Kids lessons are designed to be developmentally appropriate, fun and interactive for infants, toddlers, and preschoolers. Come explore the updated Movement Guide that focuses on developing motor skills and movement concepts in your classroom. Dress comfortably and get ready to move!

Space Limit: 10

**Tuesday, November
19 & Thursday,
November 21**

**Brain Architecture
(5 CHC or .5CEU)**

Trainer: Elizabeth Chambers

Cost: \$20

**6-8:30pm
at PFCF**

How can you support a child that exhibits challenging behavior? You strengthen their brain architecture. A weak brain architecture makes it difficult for a child to learn or master skills, problem-solving, self-regulation, empathy, etc..., that will allow them to be successful in our society. Every day you have the opportunity to build and add to a child's brain architecture. In this training participants will explore practices that will strengthen brain architecture and consider how these practices can prevent or eliminate a child's use of challenging behavior to express themselves.

Space Limit: 20

**Wednesday,
November 20**

**Nature Play Film Screening
(2 CHC)**

Trainers: Susan Wright and Emily Jones

Cost: FREE

**6-8:00pm
at Sandhills
Community College
Stone 111**

Enjoy a free viewing of Nature Play: Take childhood back. Nature Play portrays the Scandinavian method of teaching, living, and enjoying nature, juxtaposed with the high stakes testing/high stress culture of "rigor". The film will be followed by a panel discussion with a group of Moore County educators who recently completed a N.O.M.E. (Nordic Outdoor Model of Education) Study Tour in Denmark and representatives from local outdoor preschools.

**Tuesday,
December 3**

**Infant Toddler SIDS
(2 CHC)**

Health and Safety Topic (3)

Cost: \$5

Trainer: Emily Jones

**6-8pm
at PFCF**

Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants, review Safe Sleep Policy guidelines, North Carolina licensing requirements, maintenance of the proper forms, and other best practice recommendations.

Space Limit: 20

**Thursday,
December 12**

**Emergency Preparedness in Childcare
(5 CHC)**

Health and Safety Topic (5)

Cost: \$10

**9am-1:30pm
at PFCF**

Early educators will be provided with the information, knowledge, and tools to prepare them for many types of emergencies. This is a four hour training with an hour of homework. This training is for directors and owners only. Please bring a bag lunch if you would like. Homework will be emailed prior to training.

Space Limit: 10



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Welcome to the team, Diane!

We are excited to welcome Diane Atherton to Partners for Children & Families! After completing her degree in Early Childhood Education, Diane spent the next 30+ years helping children learn while navigating through their preschool years.

With over eight years of experience as a teacher assistant for Moore County Schools, and 25 years combined as a teacher in Ohio and North Carolina, Diane says, "I saw children have the most success when the families and teachers were able to partner together for the whole well-being of the child and now I want to pursue helping build those bridges here in Moore County." As Family Outreach Coordinator with Partners for Children & Families, Diane will support our efforts to enhance the knowledge, skills, and confidence of parents and guardians caring for young children in Moore County and help build awareness throughout the community of early childhood development and resources. Diane can be reached at (910) 949-4045 or datherton@pfcfmc.org.

