



Learning Events Catalogue

August - December 2019

Professional Development Career Center (PDCC)

351 Wagoner Dr. Fayetteville, NC 28303 910-867-9700 | ccpfc.org

Early Educators Skills Enhancement Sessions Hoke County Saturday, Oct. 5 9 am-3 pm Sandhills Community College Hoke Center (Johnson Hall) 1110 East Central Ave. Raeford, NC 28376

Grant Opportunities

(Appointments Only) September 23rd – 26th

Fall II

(Monday & Tuesday 3pm-5pm) (Wednesday & Thursday 8am-10am)

September 30th – October 3rd

(Monday & Tuesday 3pm-5pm) (Wednesday & Thursday 8am-10am)

View the calendar online at ccpfc.org/training



Registration Policies and Procedures

- Preregistration and payments are required for all learning events. Registration is accepted by
 one of the following methods: online, in person, or via mail. There will be a fee for all learning
 events and conferences, unless otherwise noted. All checks or money orders should be made
 payable to: Partnership for Children of Cumberland County. Payments will not be accepted
 the day of the learning event.
- All events will close 5 days prior to the learning event date or when the learning event
 reaches the maximum capacity. Registrations mailed and/or received after the deadline will
 only be accepted if there is space available. If not, you will receive a credit or the option to
 choose another learning event.
- 3. Learning events will be closed 15 minutes after the start time. Late entry <u>will not</u> be permitted. Learners must stay the entire time of the learning event, complete all course assignment(s) and participate in learning event activities to receive credit (CHC or CEU). If learner must leave early, a certificate <u>will not be issued</u> and the learner will receive a notification of incompletion.
- 4. Children and/or other non-registered guests are not permitted into any learning event.
- 5. No refund or credit will be provided for no-shows. The registration amount paid will be used for the cost of printing and preparation. Failure to cancel or "no-shows" for learning events offered at no cost will automatically prohibit you from taking advantage of future learning events offered at no cost.
- 6. Twenty-four (24) hour cancellation notice is required to receive a credit or transfer to another learning event. In the event of an illness or family emergency that prohibits learners from attending the learning event, please notify a PDCC staff member within 3 days of the unattended learning event. No refund will be provided; however, a credit will be issued.
 Credits are valid for 90 days.
- 7. A minimum of 10 spaces must be filled before a learning event will be conducted. If this number is not reached, PDCC reserves the right to cancel the event. Learners will be notified by phone or email of any cancellations and a credit issued or learners transferred to another class. Early registration is strongly encouraged. DON'T WAIT! If you wait, the class of your choosing may either be full or canceled.
- 8. All Region 5 learning events will follow the Cumberland County Government Offices cancellation policy for inclement weather.
- Learners will be provided a certificate of completion indicating NCDCDEE contact hour credits (CHC) or continuing education units (CEUs) for the amount of time the learning event is held. No additional certificates will be kept on file. Please make copies of all certificates for employment and/or personal use.
- 10. Learners can request a copy of their learning event transcript through PDCC office with the appropriate completed documentation. Please contact our office for more information.
- 11. Unprofessional, disruptive or rude behavior will not be tolerated. You will be asked to leave and no credit will be issued. Please turn off cell phones during the learning event.
- 12. Target audience for all learning events: (ECEP) Early Care and Education Professionals (teachers, directors, school age, NC-PreK, and Family Child Care providers). However, parents, respite caregivers and community members are welcomed to attend.
- 13. All pre-requisites or technology requirements, if any, will be listed in the description of the learning event.
- 14. Instructors have no proprietary interest in the development or marketing of learning events.

Training Descriptions

Health & Safety



CPR & First Aid

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. \$40 or \$20 separately

September 28-9:00-3:00pm October 26-9:00-3:00pm November 23-9:00-3:00pm December 7-9:00-3:00pm

Emergency Preparedness and Response in Child Care

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and be responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback.

(0.25 CEU/2.5 DCDEE contact hour credits CHCs) \$25 October 8-6:00-8:30pm

ITS SIDS (Sudden Infant Death Syndrome)

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event.

(2 DCDEE contact hour credits-CHCs) \$20 September 17-6:15-8:30pm September 28-9:00-11:00am October 19-9:00-11:00am October 24-6:15-8:30pm November 14-6:15-8:30pm December10-6:15-8:30pm

Medication Administration

This learning event is to inform learners of the rules and regulations of N.C. safety, medication and sanitation requirements to assure the safety of children while in your care. During this event, learners will discuss how to properly administer medications to children by using the six rights to passing medications i.e. the right child, right medication, right time, right dose, right route and right documentation. The learner will be able to explain the types of doses, identify routes of administration and recognize abbreviations. At the completion, learners will be able to administer medication according to the rules and regulations of NC and capable of correctly completing the medication administration record (MAR). Instructor will assess knowledge gained through question and answer session and a post test

(0.5 CEU/5.0 DCDEE contact hour credits CHCs) \$25 October 12-9:00-3:00pm

Playground Safety

This learning event will satisfy the current playground safety course required by the North Carolina Division of Child Development. Four specific areas will be addressed: Playground Safety Hazards, Playground Supervision; Maintenance and General Upkeep; and Age and Developmentally Appropriate Equipment. Playgrounds are outside learning environments that should remain safe as children explore in early childhood settings. At the completion, learners will be able to assess and inspect their playground structures, discuss the importance of outdoor play and implement meaningful activities while on the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

(4 DCDEE contact hour credits-CHCs) \$20 October 26-9:00-1:00pm

Supervision Series

SUPERvision Series (Revised) is a pro-active curriculum developed by the North Carolina Division of Child Development and Early Education (DCDEE) to reduce child abuse and neglect in child care facilities. This series covers: Get Ready, Get Set, Go, Beyond Bandaids, Infant Toddler Zone and Providers Almanac. It was recognized that many abuse/neglect investigations could be prevented if caregivers followed careful and appropriate practices and procedures in supervising children. The goal is to identifying best practices in child care settings and assist child care providers with strategies to avoid incidents and reports of child abuse and neglect. At the conclusion of this event, learners will be able to emphasize the importance of visual supervision, follow appropriate procedures for handling and administering medication, provide secure physical environments, and promote positive relationships and guide children to selfcontrol. Instructor will assess knowledge gained through pre and post assessment and feedback provided during presentation. (6 DCDEE contact hour credits-CHCs) \$25 October 12-9:00-3:00pm

Administrative

Family Childcare Environment Rating Scales-Overview (FCCERS)

This Overview Session is for Family Childcare Homes participating in the Self Assessment ONLY Are you thinking about going through the scales to increase your star rated license? Is the window open for a visit from the Assessor? A thorough revision of the FCCERS, designed to assess family child care programs conducted in a provider's home for children from infancy through school-age. At the conclusion, learners will be able to re-evaluate and adjust their program based on the scale to improve the family childcare learning environment. Instructor will assess knowledge gained through feedback provided during presentation.

(2 DCDEE Contact hour credits-CHCs)
October 19-9:00-11:00am

The Art & Science of Technical Assistance: "Two Part Course"

This event provides Technical Assistant Practitioners (TAPs) with an in-depth exploration of approaches to consultation, coaching and mentoring within early care and education settings. During this course, learners will: discuss the role of a TAP as a change agent using appropriate models and practices through culturally appropriate strategies; define, discuss, and apply TA approaches, while developing relationships through effective communication strategies, while recognizing the cultural diversity of early childhood teachers, administrators, and programs; as well as the children they serve; develop an understanding of how to apply effective TA processes for the implementation of quality improvement plans and strategies that are culturally responsive for early childhood teachers and programs. Instructor will assess knowledge gained through group activities and feedback provided during presentation. The learning event is presented in two 8-hour sessions and includes off site assignments.

MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE (2.0 CEU/20 DCDEE contact hour credits- CHCs) \$100 Discount provided to TA Practitioners working with Region 5 (Anson, Cumberland, Hoke, Montgomery, Moore

September 16-8:30-4:30pm Pt. 1 September 23-8:30-4:30pm Pt.2 November 18-8:30-4:30pm Pt. 1 November 25-8:30-4:30pm Pt. 2

Leadership Academy for FCCH & Centers Family Child Care Home Owners and CENTER Directors (Administrators ONLY)

CENTER Directors/Administrators ONLY The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (child care center directors or family child care home providers) with the expectation that they become more confident and competent leaders in their programs and the early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources, cultivate new leaders for early childhood in our community and earn professional development in-service hours for child care licensing. The Leadership Academy is arranged in monthly two hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. FCCH Owners and CENTERS meet on different days after the initial meeting. Registration is required and only accept through September & October.

September 19-6:15-8:30pm (Kick-off)
October 10-6:15-8:30pm (FCCH)
October 17-6:15-8:30pm (Centers)
November 14-6:15-8:30pm (FCCH)
October 17-6:15-8:30pm (Centers)



Think Babies: Early Childhood Policy and Effective Advocacy

Directors/Owners/FCCH Providers ONLY Advocacy made easy, This 3 hour event is designed to engage child care providers and other early childhood education partners in effective advocacy efforts. Whether you are new to advocacy or a seasoned veteran that wants to refresh your efforts, this event will help you with specific actionable steps to focus on infants and toddlers, identify key issues that impact early education policy and develop easy advocacy strategies that work. Upon completion of this learning event, learners will become familiar with early childhood public policy and the process for how laws and policies are made. They will also, get tools and tips for effective advocacy. Instructor will assess knowledge gained through feedback provided during presentation.

(3 DCDEE contact hours credits-CHC)
FREE Lunch will be provided
September 21-9:30-1:00pm

Scams & Fraud

Scammers never rest. They search relentlessly for potential victims, and statistics shows that they target every age group. Attorney General Josh Stein has made it his priority to protect the people of North Carolina from falling prey to scams, particularly on the internet. Through its Public Protection Section, the North Carolina Department of Justice will offer a free program to anyone to educate them on safety on the internet, including from scams, fraud, and ID Theft. The goal of the presentation is educate you on how best to protect yourself from these risks. Upon completion of this learning event, learners will be able to recognize common risky applications, warning signs, and registering for consumer alerts. Knowledge gained will be assess through group activities.

(2 DCDEE contact hour credits - CHCs)
Free

December 12-6:15-8:30pm

Curriculum

Helping Children Make Transitions Between Activities

Numerous times a day, young children move from one activity to another in their early childhood classrooms. When thinking about transitions, early educators might ask themselves questions such as 'How do I meet the need of the children, who might need more support or different type of support during transition. Scenarios will be given to practice during this learning event to allow participants to practice transitioning children in the classroom. Upon completion, learners will be able to prepare children to move from one activity or setting to another and incorporate strategies for individualizing transition times. Instructor will assess knowledge gained through feedback provided during presentation.

(2 DCDEE contact hour credits-CHCs) \$15 September 19-6:15-8:30pm

Lesson Planning Without Tears

This session will invite early childhood education professionals to understand the value of intentional curriculum planning. As we explore the cycle of curriculum, you will gain value tips and strategies that enable you to gather data, engage in dialogue, make a decision about activities and experiences, "do it" and document children's progress. Toss out the Kleenex, wipe away the tears and let's play with "Fun" dational play-learning in mind! Come on I-GUIDE it! At the completion of this learning event, learners will be able to define and describe their role and responsibilities as a reflective, responsive intentional teacher related to lesson planning. Knowledge gained will be assess through group activities, feedback and pre and post survey.

(2 DCDEE contact hour credits-CHCs) \$15 October 8-6:15-8:30pm

Basic School Age Care (BSAC)

A 5-hour introductory level learning event for school age care professionals. This event includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. The NC Division of Child Development and Early Education require this course for school age care professionals working in licensed programs but also a great training for new staff in any afterschool program setting. At the completion of this learning event, learners will be able to sketch quality indoor and outdoor program environments, name and define the four domains of children's development and identify quality elements of school age care. Knowledge gained will be assess through group activities, feedback and pre and post survey.

(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25 October 12-9:00-3:00pm

NC Foundations for Early Learning and Development (NCFELD) "Two Part Course" This learning event updates and combines

the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5, it introduces the structure, how to implement them in early childhood, the goals, developmental indicators, and strategies in five developmental domains. After completing this event, learners will be able to articulate how Foundations is structured, develop and implement meaningful developmentally appropriate lesson plans and activities and develop strategies to engage parents in their child's education. Instructor will assess knowledge gained through group activities and feedback provided during presentation. You can access the PDF version of the book at: http://ncchildcare.dhhs.state.nc.us/PDF_for ms/NC Foundations.pdf The learning event is presented in two 2-hour sessions and includes a one-hour site assignment.

MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE.

October 22-6:15-8:30pm Pt. 1 October 24-6:15-8:30pm Pt. 2

Helping Children Understanding Routines and Classroom Schedules

Are you planning activities, schedules for the classroom or home? Consider these factors: Balancing activities, the tempo or pace, the attention span, when children are most alert, the number of adults available, other things happening in the classroom and the fact that longer play periods result in higher levels of behavior. Upon completion, learners will be able to, define schedules and routines and become familiar with the importance. Learners will be able to use strategies from this learning event to create a healthy learning environment that children will be less likely to engage in challenging behaviors. Instructor will assess knowledge through discussion, group activities and Q&A. (2 DCDEE contact hour credits-CHCs) \$15 November 12-6:15-8:30pm

Say No to Ditto!

All you need is to land in the early childhood environment and bam and hostile ditto takeover! FREE yourself from the copier and printer- SAVE A TREE!! This session will challenge you to make brain-based play way too fun and even offer you a few ideas to make those dittos age, developmentally and appropriate!! Let's promote masterpieces rather than mass production!!! Upon completion, learners will be able to, define and describe the roles and responsibilities as responsive intentional teachers. Learners will be able to articulate, demonstrate the value of brain-based play for children birth to eight. Instructor will assess knowledge through discussion, group activities and

(2 DCDEE contact hour credits-CHCs) \$15 November 19-6:15-8:30pm

Be Active Kids

This curriculum is an innovative, interactive, developmentally appropriate curriculum that focuses on nutrition, food, safety and physical activity for North Carolina children ages birth to five. The goal of the program is to give young children the tools they need to develop positive physical activity and nutrition habits for a lifetime of good health. Be Active Kids uses colorful characters, interactive hands-on lessons and bright visuals to teach children that physical activity, healthy eating, and food safety can be fun! At the completion, learners will be able to plan safe physical activities and give examples of healthy eating habits. Instructor will assess knowledge gained through group activities and feedback provided during presentation. Facilities will be provided with a free Be Active Kids kit for use in the classroom. Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost.

(3 DCDEE contact hour credits-CHCs)
Free

November 16-9:00-12:00pm

Planning Activities: Incorporating NCFELD in Daily Activity Plans

This learning event coincide with the NC Foundations for Early Learning and Development (NCFELD). This learning event focus on creating age appropriate activities in family child care homes and centers based on the domains in NCFELD. It will also provide an understanding of how to use instructional practices related to activity planning that promote both learning and development. At the completion, learners will be able to understand and communicate the relationships between targeted instructional practices, NC Foundations for Early Learning and Development, and NC Professional Teaching standards. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

(2 DCDEE contact hours credits-CHC) \$15 November 23-9:00-11:00am



Social Emotional

THIS ONE THING: Changes Everything

The staff and children in our childcare facilities may change, but THIS ONE THING will remain the same forever. It has the potential to radically transform bad attitudes in both children and adults. Even the FBI uses it to recruit foreign spies. So, what is THIS ONE THING and wherein lies the magic? Join us and take away a FREE eBook of 40+ strategies you can use immediately. Children and adults will use words like "life-changing" and "unforgettable" to describe you for years to come. At the completion of this learning event, learners will be able to reflect on emotional social challenges and help children form relationships using strategies provided. Knowledge gained will be assess through group activities and follow up assessment. (2 DCDEE contact hours credits-CHC) \$15 September 17-6:15-8:30pm

THIS ONE THING: Miracle Grow for the Brain

Join us to learn a few tricks to gain more brain power PLUS receive a MEGA COLLECTION of over 100 proven, high-yield, AND whole-brain teaching strategies! You can put any strategy to work in just minutes after leaving this session plus they can be used year round to radically maximize learning. For example, Card Set #2 (Sensory Input Sensations) offers techniques to help focus, and keep students' attention, while Card Set #4 (Use It or Lose It) provides tips and tools to move information into longterm memory. That's not all! These strategies are divided into 4 sets of colorcoded, quick-reference cards that can be adapted for all ages and content areas. Links are embedded throughout the eBook for free downloads and quick access to free web tools. At the completion of this learning event, learners will be able examine critical pre-conditions for success with the 'construction of knowledge", use strategies to reduce COGNITIVE LOAD on WORKING MEMORY and prevent the information from being dropped before it can be stored in LONG-TERM MEMORY and become familiar with strategies to help students process items in WORKING MEMORY and move them into LONG-TERM MEMORY. Knowledge gained will be assess through group activities and self-assessment.

(2 DCDEE contact hours credits-CHC) \$15 October 15-6:15-8:30pm



THIS ONE THING: Your Personality

Take a trip into the hidden recesses of your mind to unlock powerful clues about your 4letter personality code so that you, your students, and your co-workers can better understand what traits help or hinder success in the classroom and life. With this free online tool and the report it generates, you'll even find out which famous people share the same personality traits as you! There is no "wrong" answer when "cracking" your code. Your special mix of preferences and traits is unique to YOU. Use this information to work smarter - not harder, expand your potential, and step out of your comfort zone. At the completion of this learning event, learners will be able to identify their personality trait, become familiar with different learning styles and children's approaches to play and learning. Knowledge gained will be assess through group activities and self-assessment. (2 DCDEE contact hours credits-CHC) \$15 November 12-6:15-8:30pm

Protective Factors (Cohort)

We have partnered with the National Alliance of Children's Trust and Prevention Funds (Alliance) to offer training to support implementation of the Strengthening Families™ Protective Factors Framework in multiple settings. This curriculum includes new materials on partnering with parents and concrete examples of everyday actions that research has shown to be effective in strengthening families and preventing child abuse and neglect. If you are interested, please join this 7-course cohort where you will complete each course at 2.5 hours. Includes an introduction to the framework, a wrap-up course that moves participants from knowledge to action, real life parent stories that document the power of building protective factors, and a list of resources, references and websites to support each course. At the completion of this learning event, learners will be able to define and explain factors that affect children and families and Identify strategies that promote awareness to prevent child abuse and neglect. Knowledge gained will be assess through group activities and self-assessment. 17.5 CHC/1.7 CEU 25 for "ALL" Sessions **Cohort starts:**

October 10, 2019-April 9, 2020

- 1. October 10th Introduction to the Protective Factors Framework (Thursday) 6:00-8:30pm
- 2. November 16th Parental Resilience (Saturday) 9:00-11:30am
- 3. December 10th Knowledge of Parenting & Child Development (Tuesday) 6:00-8:30pm
- 4. January 9th Concrete Support in Times of Need (Thursday) 6:00-8:30pm
- 5. February 8th Children's Social & Emotional Competence (Saturday) 9:00-11:30am
- 6. March 10th Social Connections (Tuesday) 6:00-8:30pm
- 7. April 9th Moving From Knowledge to Action (Thursday) 6:00-8:30pm (1.7 CEU/17.5 DCDEE contact hour credits-CHCs) \$25

Calendar of Classes

SEPTEMBER

Monday, Sept. 16–8:30-4:30 p.m. The Art & Science of Technical Assistance Pt. 1 \$100

Tuesday, Sep. 17 – 6:15-8:30 p.m.
THIS ONE THING:
Changes Everything
\$15

Tuesday, Sept. 17–6:15-8:30 p.m. ITS SIDS: Sudden Infant Death Syndrome \$20

Thursday, Sept. 19–6:15-8:30 p.m. Leadership Academy-Kickoff *No Cost*

Thursday, Sept. 19–6:15-8:30 p.m. Helping Children Transition

Saturday, Sept. 21–9:30-1:00 p.m. Think Babies: Early Childhood Policy & Effective Advocacy

Free
Directors/Owner/FCCH ONLY

Monday, Sept. 23–8:30-4:30 p.m. The Art & Science of Technical Assistance Pt. 2

Saturday, Sept. 28–9:00-3:00 p.m. CPR & First Aid \$40-Both - \$20-Seperately

Saturday, Sept. 28–10-12:00 p.m. ITS SIDS: Sudden Infant Death Syndrome \$20

OCTOBER

Tuesday, Oct. 8-6:00-8:30 p.m. Emergency Preparedness \$25

Tuesday, Oct. 8-6:00-8:30 p.m. Lesson Planning Without Tears \$15

Thursday, Oct. 10–6:15-8:30 p.m. Leadership Academy-FCCH *No Cost*

Thursday, Oct. 10–6:00-8:30 p.m.
Protective Factors:
(Introduction to Protective
Factors Framework-1)
\$25 (Cohort)-All 7 events

Saturday, Oct. 12-9:00-4:00 p.m. Supervision Series \$25

Saturday, Oct. 12-9:00-3:00 p.m. Medication Administration \$25 Saturday, Oct. 12–9:00-3:00 p.m. Basic School Age Care \$25

Tuesday, Oct. 15–6:15-8:30 p.m.
THIS ONE THING: Miracle
Grow for the Brain

Thursday, Oct. 17–6:15-8:30 p.m. Leadership Academy-Centers *No Cost*

Thursday, Oct. 19–9:00-11:00 a.m. ITS SIDS: Sudden Infant Death Syndrome

Saturday, Oct. 19–9:00-11:00 a.m.
Family Childcare
Environment Rating ScalesOverview (FCCERS)
No Cost

Tuesday, Oct. 22–6:15-8:30 p.m.
NC Foundation for Early
Learning & Development
Pt. 1 \$25

Thursday, Oct. 24–6:15-8:30 p.m.
NC Foundation for Early
Learning & Development
Pt. 2

Thursday, Oct. 24–6:15-8:30 p.m. ITS SIDS: Sudden Infant Death Syndrome

Saturday, Oct. 26–9:00-3:00 p.m. CPR & First Aid \$40-Both - \$20-Seperately

Saturday, Oct. 26–9:00-1:00 p.m. Playground Safety \$20

NOVEMBER

Tuesday, Nov. 12–6:15-8:30 p.m.
Understanding Routines and
Classroom Schedules
\$15

Tuesday, Nov. 12–6:15-8:30 p.m.
THIS ONE THING:
Your Personality
\$15

Thursday, Nov. 14–6:15-8:30 p.m. ITS SIDS: Sudden Infant Death Syndrome

\$20

Thursday, Nov. 14–6:15-8:30 p.m. Leadership Academy-FCCH *No Cost*

Saturday, Nov. 16–9:00-11:00 a.m.
Protective Factors:
(Parental Resilience-2)
(Cohort)

Saturday, Nov. 16-9:00-12:00 p.m. Be Active Kids *FREE*

Monday, Nov. 18-8:30-4:30 p.m. The Art & Science of Technical Assistance Pt. 1 \$100

Tuesday, Nov. 19–6:15-8:30 p.m. Say No To Ditto!! \$15

Thursday, Nov. 21–6:15-8:30 p.m. Leadership Academy-Centers *No Cost*

Saturday, Nov. 23–9:00-11:00 a.m.
Planning Activities:
Incorporating NCFELD in
Daily Activity Plans
\$15

Saturday, Nov. 23–9:00-3:00 p.m. CPR & First Aid \$40-Both - \$20-Seperately

Monday, Nov. 25–8:30-4:30 p.m. The Art & Science of Technical Assistance Pt. 2

DECEMBER

Saturday, Dec. 7–9:00-3:00 p.m. CPR & First Aid \$40-Both - \$20-Seperately

Tuesday, Dec. 10–6:15-8:30 p.m.
Protective Factors:
(Knowledge of Parenting & Child
Development-3)
(Cohort)

Tuesday, Dec. 10–6:15-8:30 p.m. ITS SIDS: Sudden Infant Death Syndrome

Thursday, Dec. 12-6:15-8:30 p.m. Scams & Fraud *FREE*