



**Region 5 Early Care and Education Professionals'
Conference-Cost: \$20
Saturday, April 27, 2019**

CPR & First Aid - (9am-3pm) No CHCs

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technique used on choking victims and how to properly operate an Automated External Defibrillator. In First Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be administered to assess gained knowledge and skills.

Playground Safety - (9am-1pm) 4 CHCs

This learning event will satisfy the current playground safety course required by the North Carolina Division of Child Development. Four specific areas will be addressed: Playground Safety Hazards, Playground Supervision; Maintenance and General Upkeep; and Age and Developmentally Appropriate Equipment. Playgrounds are a learning environment for children; therefore, we want to ensure children are safe while they play, learn and explore the outside experience in early childhood settings. At the completion, learners will be able to assess and inspect their playground structures, discuss the importance of outdoor play and implement meaningful activities while on the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

Taking It Outside: According to DCDEE, ECERS, ITERS and SACERS - (9-11am) 2 CHCs

Expectations of outside time is not always clear. This learning event digs deeper on what DCDEE and ITERS/ECERS/SACERS expect to happen during outside play. As an administrator I have learned that not everyone understands you can take your inside activities outside with you to help expand your classroom to the playground. This learning event will help teachers learn that the playground is an expansion of the classroom. We will learn how to integrate lesson planning to outside play to encourage interactions and ongoing assessments on the playground. Learner will be able to recall the NCDCEE regulations on outside play, recognize active precipitation, apply activities to classroom outside time, create lesson plans that reflect outside activities, and choose meaningful activities for outside play. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

Shaken Baby Syndrome (SBS): From Crying to Crisis – (9-11am) 2 CHCs

Why are you crying? Babies by nature have a period of time, which they will cry, and seemingly for no reason at all. Sometimes this inconsolable crying may lead to frustration for parents and caregivers and can be a catalyst to abuse with long-term effects or death (crying to crisis). This event is meant to encourage, inform and empower by providing support and services for the parent and/or caregiver offering information that focuses on scientifically sound literature and the best practice evidence available. A few simple strategies can help caregivers cope with a crying baby and prevent the irreversible harm of SBS. At the conclusion of this learning event, learners will be able to develop strategies and coping mechanisms for parents and professionals. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

“I Love My Classroom!”: Creating Positive Learning Environments, Activity Planning, and Curriculum Implementation – (12-2pm) 2 CHCs

Room arrangement, or the classroom learning environment, has an impact on learning and behavior. Research has shown when the classroom environment is conducive to learning; children are more engaged and learn more. Learners will learn the key factors to setting up and maintaining a creative and meaningful learning environment to support children in the best early education experience. This learning event is designed to provide early childhood professionals with evidence – based, classroom strategies to create positive and engaging learning environments for children. Learning event will address developing interesting and engaging activity plans that are class- specific and learning to appropriately implement the curriculum for the early learner. Upon completion, learners will be able to demonstrate an understanding of the key principles of room arrangement, create an effective learning environment that reflects what they want to see in their classroom, build a good activity plan and implement activity plans in their classroom based on the needs and interests of the children in the class. Knowledge gained will be access Q&A session, participation and individual activities.

ITS SIDS (Sudden Infant Death Syndrome) - (12-2pm) 2 CHCs

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other “Best Practice” recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event.