

Region 5 Early Care and Education Professionals' New Year's Conference

Saturday, January 26, 2019

Cost: \$20

Afterschool Activities: Planning for Success – (9am-3pm) 0.5 CEU/5 CHCs

Have you ever spent hours creating activities for your school agers just to be disappointed that they were not interested in what you had planned? Do the activity directions you give get lost in classroom chaos? Well, get ready for that to change! This learning event will include tools, tips, tricks and strategies to design lesson plans and fun interest-based learning activities that keep the children engaged from beginning to end. Be prepared to take home new ideas and activities that you can begin using tomorrow. Upon completion, learners will be able to design lesson plans and fun learning activities. Knowledge gained will be assessed through group activities, feedback and pre and post survey.

BSAC: Basic School Age Care – (9am-3pm) 0.5 CEU/5 CHCs

A 5-hour introductory level learning event for school age care professionals. This event includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. The NC Division of Child Development and Early Education require this course for school age care professionals working in licensed programs but also a great training for new staff in any afterschool program setting. At the completion of this learning event, learners will be able to sketch quality indoor and outdoor program environments, name and define the four domains of children's development and identify quality elements of school age care. Knowledge gained will be assessed through group activities, feedback and pre and post survey.

CPR & First Aid - (9am-3pm) 3 CHCs

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust techniques used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be administered to assess gained knowledge and skills.

ITS SIDS (Sudden Infant Death Syndrome) - (9-11am) 2 CHCs

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event.

Language Development and Communication in Infants and Toddlers: What Are They Talking About? – (12-2pm) 2 CHCs

It starts with crying, cooing, and babbling, and then you finally hear it, their first words! Sharing those language milestone moments can be some of our best experiences as infant and toddler teachers. During this learning event you will learn more about the development of language and communication for children birth to three; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. In addition, learners will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This training provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking and Interactions. Upon completion, learners will be able to identify the stages of communication and language development in children birth-three, recognize a literacy-rich environment for infants and toddlers and explain how it builds the foundation for later reading and writing. Pre and post survey will be used to assess understanding and knowledge gained.

Playground Safety – (9am-1pm) 4 CHCs

This learning event will satisfy the current playground safety course required by the North Carolina Division of Child Development. Four specific areas will be addressed: Playground Safety Hazards, Playground Supervision; Maintenance and General Upkeep; and Age and Developmentally Appropriate Equipment. Playgrounds are a learning environment for children; therefore, we want to ensure children are safe while they play, learn and explore the outside experience in early childhood settings. At the completion, learners will be able to assess and inspect their playground structures, discuss the importance of outdoor play and implement meaningful activities while on the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation.