



**Region 5 Early Care and Education Professionals'  
Winter Conference  
Saturday, December 8, 2018  
Cost: \$20**

**Planning Activities: Incorporating NCFELD in Daily Activity Plans - (9-11am) 2 CHCs**

Do you need help implementing NC Foundation for Early Learning and Development (NCFELD) to daily activities? This learning event will coincide with the NC Foundations for Early Learning and Development (NCFELD). This learning event will focus on creating age appropriate activities in family childcare homes and centers based on the domains in NCFELD. Also to provide and understanding of how to use instructional practices related to activity planning that promote learning and development. At the completion, learners will be able to articulate the relationships between targeted instructional practices, NC Foundations for Early Learning and Development, and NC Professional Teaching standards. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**Science in the Classroom - (12:30-2:30pm) 2 CHCs**

Science in the classroom is not limited to a sensory bottle. Yes, sensory bottles are awesome tools, but teachers seem to have a brain block when it comes to their science center and science activities. Not everyone is wired to be creative with science in his or her classrooms. In addition, some teachers are afraid of messes. Science can be messy and that is ok. Teachers will learn how to involve more science in the classroom, and will be more comfortable with their knowledge of science. We will make a few messes (don't worry, I'll teach you the best ways to clean them up and no one will ever know it happened!) and learn fun words like velocity, buoyancy, and ooblek. Instructor will assess knowledge gained through group activities, feedback provided during presentation and pre/post survey.

**It's A Family Affair: Let's Get the Parents Involved - (9-11am) 2 CHCs**

Getting Parents Involved in their Children's Learning is vital in the total success of children. This learning event will provide the participant with an understanding of why parents and other family members are not involved in the education of their children and relatives and how to get them involved. After completion of this learning event, participants will be able to create and apply the information learned. Providing strategies that works, will assist providers in getting the most assistance from parents and other family members. This learning event will assist the provider in getting to know the parents in meeting their needs of their children. Instructor will assess knowledge gained through Q&A session, role playing, demonstrations and pre/post survey.



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**ITS SIDS (Sudden Infant Death Syndrome) - (12:30-2:30pm) 2 CHCs**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event.

**Health and Safety for Infants and Toddlers – (9am-3pm) 0.5 CEU/5 CHCs**

This .5 hours CEU course meets the NC Child Care Rule for Health and Safety Training Requirements for #9 Prevention of Shaken Baby Syndrome and Abusive Head Trauma (SBS/AHT) #2 Administration of Medication, #1 Prevention and Control of Infectious Diseases in Child Care and for #5 Emergency Preparedness and Response Planning for Emergencies Resulting From a Natural Disaster, or a Man-Caused Event. This course will focus on warning signs and prevention strategies for shaken baby syndrome, NC Child Care rule and the forms that are required to be completed before giving medication, the prevention and control of infectious diseases in childcare settings and the stages of emergency preparedness and response. Learners mastery of learning outcomes will be assessed using test your knowledge worksheets, pre and post surveys and learner evaluations.

**CPR & First Aid - (9am-3pm) 3 CHCs**

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust techniques used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills.