



# Region 5 Lead Agency Learning Events Catalogue

August - December 2018

Professional Development Career Center (PDCC)

351 Wagoner Dr. Fayetteville, NC 28303

910-860-2277

Website: [www.ccpfc.org](http://www.ccpfc.org)

## Registration Policies and Procedures

1. Preregistration and payments are required for all learning events. Registration is accepted by one of the following methods: online, in person, or via mail. There will be a fee for all learning events and conferences, unless otherwise noted. All checks or money orders should be made payable to: **Partnership for Children of Cumberland County**. Payments **will not** be accepted the day of the learning event.
2. All events will close **5 days** prior to the learning event date or when the learning event reaches the maximum capacity. **Registrations mailed and/or received after the deadline will only be accepted if there is space available. If not, you will receive a credit or the option to choose another learning event.**
3. Learning events will be closed 15 minutes after the start time. Late entry **will not** be permitted. Learners must stay the entire time of the learning event, complete all course assignment(s) and participate in learning event activities to receive credit (CHC or CEU). If learner must leave early, a certificate **will not be issued** and the learner will receive a notification of incompleteness.
4. Children and/or other non-registered guests are **not** permitted into any learning event.
5. No refund or credit will be provided for no-shows. The registration amount paid will be used for the cost of printing and preparation. **Failure to cancel or "no-shows" for learning events offered at no cost will automatically prohibit you from taking advantage of future learning events offered at no cost.**
6. Twenty-four (24) hour cancellation notice is required to receive a credit or transfer to another learning event. In the event of an illness or family emergency that prohibits learners from attending the learning event, please notify a PDCC staff member within 3 days of the unattended learning event. No refund will be provided; however, a credit will be issued. **Credits are valid for 90 days.**
7. **A minimum of 10 spaces must be filled before a learning event will be conducted.** If this number is not reached, PDCC reserves the right to cancel the event. Learners will be notified by phone or email of any cancellations and a credit issued or learners transferred to another class. **Early registration is strongly encouraged. DON'T WAIT! If you wait, the class of your choosing may either be full or canceled.**
8. All Region 5 learning events will follow the Cumberland County Government Offices cancellation policy for inclement weather.
9. Learners will be provided a certificate of completion indicating NCDCE contact hour credits (CHC) or continuing education units (CEUs) for the amount of time the learning event is held. No additional certificates will be kept on file. Please make copies of all certificates for employment and/or personal use.
10. Learners can request a copy of their learning event transcript through PDCC office with the appropriate completed documentation. Please contact our office for more information.
11. Unprofessional, disruptive or rude behavior will not be tolerated. You will be asked to leave and no credit will be issued. Please turn off cell phones during the learning event.
12. Target audience for all learning events: (ECEP) Early Care and Education Professionals (teachers, directors, school age, NC-PreK, and Family Child Care providers). However, parents, respite caregivers and community members are welcomed to attend.
13. All pre-requisites or technology requirements, if any, will be listed in the description of the learning event.
14. Instructors have no proprietary interest in the development or marketing of learning events.



# August 2018

**8/14/2018 6:15 PM - 8:30 PM**

**[Developmentally Appropriate Behavior: But I'm supposed to act like this!](#)**

Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This learning event focuses on understanding when children can be expected to acquire certain social-emotional skills and guides learners toward understanding, respecting and responding to developmentally appropriate behaviors. At the conclusion, learners will be able to distinguish what is appropriate for the child or children in his/her care. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**8/18/2018 9:30 AM - 3:30 PM**

**[Emergency Preparedness and Response in Child Care](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and be responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**8/18/2018 9:30 AM - 3:30 PM**

**[NCFELD: NC Foundation for Early Learning and Development](#)**

This learning event updates and combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5, it introduces the structure, how to implement them in early childhood, the goals, developmental indicators, and strategies in five developmental domains. After completing this event, learners will be able to articulate how Foundations is structured, develop and implement meaningful developmentally appropriate lesson plans and activities and develop strategies to engage parents in their child's education. Instructor will assess knowledge gained through group activities and feedback provided during presentation. You can access the PDF version of the book at: [http://ncchildcare.dhhs.state.nc.us/PDF\\_forms/NC\\_Foundations.pdf](http://ncchildcare.dhhs.state.nc.us/PDF_forms/NC_Foundations.pdf)  
**(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**



**8/21/2018 6:15 PM - 8:30 PM**

**[ITS SIDS \(Sudden Infant Death Syndrome\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**8/23/2018 6:15 PM - 8:30 PM**

**[How Are You? How Am I?](#)**

Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. Upon completion learners, will be able to explain the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in their classroom, and utilize some excellent resources for tools and activities they can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy. Instructor will assess knowledge gained through feedback provided during presentation. **(2 DCDEE contact hour credits-CHCs) \$15**



# September 2018

**9/6/2018 6:15 PM - 8:30 PM**

**[ITS SIDS \(Sudden Infant Death Syndrome\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**9/6/2018 6:15 PM - 8:30 PM**

**[Ready, Set, Go: Supervision Series - Revised \(1 of 4-part series\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (4)(7)

Would you like to know how to keep children safe during daily routine transportation or on field trips? This module contains guidelines for appropriate supervision, accurate attendance taking, vehicle inspections and much more. SUPERvision Series is a pro-active curriculum developed by the North Carolina Division of Child Development and Early Education (DCDEE) to reduce child abuse and neglect in childcare facilities. It was recognized that many abuse/neglect investigations could be prevented if caregivers followed careful and appropriate practices and procedures in supervising children. The goal is aimed at identifying best practices in childcare and helping childcare providers to adopt these in order to avoid incidents and reports of child abuse and neglect. Most importantly, following these guidelines will protect children from harm. Upon completion of this learning event, learners will be able to plan, execute, and evaluate developmentally appropriate and safe field trip experiences. Instructor will assess knowledge gained through feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**9/11/2018 6:15 PM - 8:30 PM**

**[Creative Classroom](#)**

Teachers often contribute to their own classroom supplies. Sometimes it is hard to do that without spending a lot of money. However, there are many available resources that providers are not aware exist. This learning event is totally meant to assist teachers create and utilize resources and to share their bargain ideas with one another. This event also helps teachers know just how to do so on a budget while keeping in mind the developmental stages of their children. One of the focuses will be to expand on how to use low priced and free resources to enhance the classroom learning experience. After completion, learners will be able to explore low priced items, free resources and recyclables and create material to utilize in the classroom, along with developing strategies for parent involvement. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**



**9/11/2018 6:15 PM - 8:30 PM**

**[School Age Transition Activities at Your Fingertips](#)**

Transitioning is one of the most important but, often ignored components of a school age classroom schedule. You have the key, so unlock your creativity by planning and scheduling fun, innovative transition activities! At the completion of taking this interactive workshop, learners will be able to identify and incorporate transitions in your daily schedule and explore some new transition activities your children will enjoy. Knowledge gained will be assessed through group activities, feedback and pre and post assessments. **(2 DCDEE contact hour credits - CHCs) \$15**

**9/15/2018 9:00 AM - 3:00 PM**

**[CPR & First Aid](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9) CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust techniques used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **\$40 together or \$20 separately**

**9/15/2018 9:00 AM - 4:00 PM**

**[Creative Curriculum for Preschoolers, 6th Edition](#)**

Creative Curriculum is an award-winning curriculum for preschool success; it's a comprehensive, research-based curriculum that features exploration and discovery as a way of learning. The Foundation helps teachers create a high-quality learning environment and build a thorough understanding of best practices. Daily Resources help teachers plan and manage every moment of their day. Through studies, which are hands-on, project-based investigations, The Creative Curriculum® for Preschool helps teachers build children's confidence, creativity and critical thinking skills, and promote positive outcomes. The Creative Curriculum for Preschool is fully aligned with the Head Start Child Development and Early Learning Framework and state early learning standards. It offers daily opportunities to individualize instruction, helping teachers meet the needs of every type of learner. At the conclusion of this event, learners will be able to utilize the curriculum to support development of individual and group activities (will practice in class), explain and utilize weekly planning form and capture accurate information to assess children using anecdotal notes. Instructor will assess knowledge gained through presentation and feedback. **(6 DCDEE contact hour credits - CHCs) \$25**

**9/18/2018 6:15 PM - 8:30 PM**

**[NCFELD: NC Foundation for Early Learning and Development \(Two Part Course: Sept. 18 & Sept, 25\)](#)**

This learning event updates and combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5, it introduces the structure, how to implement them in early childhood, the goals, developmental indicators, and strategies in five developmental domains. After completing this event, learners will be able to articulate how Foundations is structured, develop and implement meaningful developmentally appropriate lesson plans and activities and develop strategies to engage parents in their child's education. Instructor will assess knowledge gained through group activities and feedback provided during presentation. You can access the PDF version of the book at: [http://ncchildcare.dhhs.state.nc.us/PDF\\_forms/NC\\_Foundations.pdf](http://ncchildcare.dhhs.state.nc.us/PDF_forms/NC_Foundations.pdf)

This learning event is presented in two 2-hour sessions and includes a 1-hour assignment. **Must attend both sessions to receive certificate. (Part 1) Sept. 18 & (Part 2) Sept 25. (0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**



9/18/2018 6:15 PM - 8:00 PM

[Reducing Suspension & Expulsion in ECE Programs: Solutions to the Dilemma](#)

**ONLY FACILITY ADMINISTRATORS AND OWNERS SHOULD REGISTER!** Suspension and expulsion from childcare can have long-lasting negative effects on both children and families. It is the intent of the NC DCDEE to severely limit the use of these exclusionary practices in programs serving children birth-five. This informational meeting will acquaint facility administrators and owners with NC's new Suspension/Expulsion Policy and explore the importance of promoting healthy social-emotional development in preventing the challenging behaviors that often lead to suspension/expulsion. At the completion of this event, learners will be able to develop effective program policies and procedures, which support the shift from exclusion to retention of young children. Instructor will assess knowledge gained through group discussion and feedback. **(1.5 DCDEE Contact Hours Credit - CHC) FREE**

9/18/2018 8:00 AM - 5:00 PM

[The Art & Science of Technical Assistance: Two Part Course - Sept. 18 & Sept. 25](#)

This learning event is for Technical Assistant Practitioners (TAP) developed make sure all TAPs in North Carolina are working from the same set of competencies and expectations. It provides an in-depth exploration of approaches to consultation, coaching and mentoring within early care and education settings. Upon completion of this course, learners will be able to: (1) discuss the role of a technical assistance practitioner as a change agent using appropriate models and practices through culturally responsive strategies; (2) list technical assistance approaches that include knowledge of effective communication strategies, recognition of the cultural diversity of early childhood teachers, administrators, and programs; (3) facilitate quality implementation plans to create sustainable change in early childhood programs using assessment strategies and data collected and (4) apply technical assistance approaches while developing relationships through effective communication strategies, while recognizing the cultural diversity of early childhood teachers, administrators, and programs, as well as the children and families they serve. Instructor will assess knowledge gained through group exercises, observations and feedback provided during presentation. **Co-requisites:** three hours of completed homework. This includes a pre-assessment, the syllabus, the Framework for North Carolina Technical Assistance Practitioner Competencies, the National Association for the Education of Young Children Code of Ethics, the National Afterschool Association Code of Ethics, a document entitled The Art and Science of Technical Assistance, a case study, and two self-assessments. **Discount will be provided to TA Practitioners working within Region 5 (Anson, Cumberland, Hoke, Montgomery, Moore, Richmond, Robeson and Scotland). The learning event is presented in two 8-hour sessions. MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE (Part 1) Sept. 18 & (Part 2) Sept. 25. (2.0 CEU/20 DCDEE contact hour credits) \$100**

9/20/2018 6:15 PM - 8:30 PM

[Leadership Academy for Centers & Family Child Care Homes](#)

Open ONLY to Family Child Care Home (FCCH) Owners and CENTER Directors/Administrators (this will not be beneficial for teachers). The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (childcare center directors or family childcare home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources cultivate new leaders for early childhood in our community and earn professional development in-service hours for childcare licensing. The Leadership Academy is arranged in monthly two-hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. FCCH Owners and CENTERS meet on different days after this initial meeting.

**Pre-registration is required and accept through September & October. FREE**





**9/20/2018 6:15 PM - 8:30 PM**

**[Opiate Crisis and How It's Affecting Our Children](#)**

This disease of substance abuse: opiate crisis in NC and many other states is ravaging our country, families and children. 115 people/day are dying from this abuse. Therefore, the mission of MedicineSafe, Center for Safe Internet Pharmacies (CSIP) and Partnership for drug free kids is a coalition of national and state public and private partners to provide expert information and tools for safely managing prescription drugs and opioid addiction. One of the goals are to educate consumers and teachers by providing trainings that will save lives. It's important that we build knowledge of the severe epidemic that comes with opioid addiction and how children of families with this addiction are affected that could very well be in your care. At the conclusion, learners will be able to classify what is an opiate, discuss the addiction, list complications, discuss daily regimen/treatment and explain crisis management as it pertains to helping to better serve families. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**9/20/2018 6:15 PM - 8:30 PM**

**[Partnering with Families to Address Challenging Behaviors](#)**

We are all in this together! When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This learning event focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! At the completion, learners will demonstrate ways to set the stage for and successfully conduct these difficult conversations with parents. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**9/25/2018 6:15 PM - 8:30 PM**

**[Language Development and Communication in Infants and Toddlers: What Are They Talking About?](#)**

It starts with crying, cooing, and babbling, and then you finally hear it, their first words! Sharing those language milestones can be some of our best experiences as infant and toddler teachers. During this learning event, you will discuss more about the development of language and communication for children birth to three; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. At the completion, learners will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This event provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking and Interactions. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hours credits - CHCs) \$15**

**9/25/2018 6:15 PM - 8:30 PM**

**[Preventing Power Struggles](#)**

We all want to be in control of our own lives. However, young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. At the completion, learners will explain the five steps to using the choice making strategy and demonstrate how to embed choice-making opportunities in their classroom and short-circuit power struggles with their preschoolers. Instructor will assess knowledge through discussion, group activities and Q&A.

**(2 DCDEE contact hour credits-CHCs) \$15**



# October 2018

**10/4/2018 6:15 PM - 8:30 PM**

**[Fathers We Need You! Father's Role in Children's Social and Emotional Development](#)**

Fathers and Father Figures, we need you! It is determined that fathers engaged and interacting in the life of their child or child role model impacts the cognitive, social and moral development of young children and vice versa. So what is the role for early educators? Early educators serve to bridge the gap between childhood settings and home. This learning event, focus on the changing role of fathers and the impact it has on a child's development as it relates to engagement and interaction, availability and accessibility, both physically and emotionally. Upon completion, learners will be able to develop and provide strategies to support parents, specifically fathers that will bridge the gap between the childcare setting and home. This will require the learner to determine unique strengths and concerns for each family. Learners will be able to discuss and explain with families how involvement impact the child in school, gives the child more self-confidence with their identity, more ambitious, self-protection and self-reliant. Instructor will assess knowledge gained through pre and post test and feedback provided during presentation. **(2 DCDEE contact hours credits - CHCs) \$15**

**10/4/2018 6:15 PM - 8:30 PM**

**[More Than Just Routine: Turn Those Everyday Moments Into the Extraordinary](#)**

If teaching skills and planning projects are the first ideas that come to mind, then this learning event will open your eyes to a new way of thinking about infant-toddler "curriculum". Infant and toddler teachers spend a large part of the day engaged in routine care giving responsibilities. These are key learning times! During this learning event, learners will gain an understanding of why routines are essential to "curriculum" for infants and toddlers. Learners will discuss how responsive and respectful one-on-one caregiving routines are opportunities for building relationships and learning, and how these routines connect to culture and family values. At the completion, learners will be able to recognize caregiving times as opportunities for focused one-on-one interactions to promote learning, connect caregiving routines to cultural and family values and to learn how to respect those cultural and family values and identify different approaches to caregiving routines. This event provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking, Interactions and Program Structure. (DCDEE 1,3,8). Instructor will assess knowledge gained through hands on activities and feedback provided during presentation. **(2 DCDEE contact hours credits - CHCs) \$15**

**10/11/2018 6:15 PM - 8:30 PM**

**[Leadership Academy for Family Child Care Homes \(FCCHs\)](#)**

Open ONLY to Family Child Care Home (FCCH) Owners. The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (childcare center directors or family childcare home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources cultivate new leaders for early childhood in our community and earn professional development in-service hours for childcare licensing. The Leadership Academy is arranged in monthly two-hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. **Pre-registration is required and accepted through October.**





**10/13/2018 9:00 AM - 3:00 PM**

**CPR & First Aid**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9) CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **\$40 together or \$20 separately**

**10/13/2018 9:00 AM - 1:00 PM**

**Three Domains of Learning: What Teachers Need to Know**

Have you ever ask the question, how can I encourage the children in my care to solve the problem by themselves? How do you get from here to there? If you do this then what? This learning event will provide learners with knowledge of different domains in terms of the type of learning experiences and goals intended for young children. These goals are primarily with three domains: the development of muscular skills and coordinator (psychomotor), the growth of attitudes or values (affective), or the acquisition of knowledge and intellectual skills (cognitive). It's important that all programs aim to address each of the domains when teaching children. So how do we do this? During this event one of the sessions will focus on teaching higher order thinking for very young children. At the conclusion, learners will be able to define and identify the domains, recognize the importance of each domain to the learning process in children, demonstrate the role of the domains in planning effective lessons, identify the importance of early stimulations of the domains and create opportunities for young children to use higher order thinking. Instructor will assess knowledge gained through pre and post assessment and feedback provided during presentation.

**(4 DCDEE contact hour credits - CHCs) \$20**

**10/16/2018 6:15 PM - 8:30 PM**

**It's A Family Affair: Let's Get the Parents Involved**

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. At the completion, learners will explain the five steps to using the choice making strategy and demonstrate how to embed choice-making opportunities in their classroom and short-circuit power struggles with their preschoolers. Instructor will assess knowledge through discussion, group activities and Q&A.

**(2 DCDEE contact hour credits-CHCs) \$15**

**10/16/2018 6:15 PM - 8:30 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11) This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**



**10/18/2018 6:15 PM - 8:30 PM**

**[Leadership Academy for Child Care Centers](#)**

Open ONLY to CHILD CARE CENTER Directors/Administrators (this will not be beneficial for teachers). The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (childcare center directors or family childcare home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources cultivate new leaders for early childhood in our community and earn professional development in-service hours for childcare licensing. The Leadership Academy is arranged in monthly two-hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment.

**Pre-registration is required and accepted through October.**

**10/18/2018 6:15 PM - 8:30 PM**

**[Planning Activities: Incorporating NCFELD in Daily Activity Plans](#)**

This learning event will coincide with the NC Foundations for Early Learning and Development (NCFELD). This learning event will focus on creating age appropriate activities in family childcare homes and centers based on the domains in NCFELD. Also to provide and understanding of how to use instructional practices related to activity planning that promote learning and development. At the completion, learners will be able to articulate the relationships between targeted instructional practices, NC Foundations for Early Learning and Development, and NC Professional Teaching standards. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hours credits-CHC) \$15**

**10/18/2018 6:15 PM - 8:30 PM**

**[Power Surge: Responding to Bullying in Childcare Setting](#)**

Research has shown that bullying behavior can be evident in children as young as two years old. Because young children are able to learn new skills that will help them achieve the results they want from adults and peers, it is necessary for early childhood teachers to learn to recognize the characteristics of bullying behavior and learn ways to help young children develop healthy friendship skills and social skills. This learning event is designed to provide early childhood professionals with evidence – based research and classroom techniques to serve the needs of young children and school aged children with common characteristics of bullying behavior. During this time, we will focus on what bullying looks like in early childhood settings, types of bullying that occurs, and strategies and techniques to respond appropriately to this behavior. We will also focus on empowering young children who are targets of bullying and assisting teachers with developing ways to help them cope. At the conclusion, learners will be able to discuss why bullying is a concern in early childhood settings along with ways to prevent bullying (what works and what does not), discuss and list steps to empower young children to prevent being the target of a bully, and discuss the ways to have conversations with parents. Instructor will assess knowledge gained through group discussion and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**



**10/20/2018 9:30 AM - 3:30 PM**

**[Afterschool Activities: Planning For Success](#)**

Have you ever spent hours creating activities for your school agers just to be disappointed that they weren't interested in what you had planned? Do the activity directions you give get lost in classroom chaos? Well, get ready for that to change! This learning event will include tools, tips, tricks and strategies to design lesson plans and fun interest-based learning activities that keep the children engaged from beginning to end. Be prepared to take home new ideas and activities that you can begin using tomorrow. At the conclusion, learners will be able to name four objectives to consider when planning activities, identify three strategies to include students in the planning process, list the four steps in the cycle of planning and design an activity plan based on children's ideas that also meets the Common Core State Standards. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**10/20/2018 9:30 AM - 1:30 PM**

**[Cultural Competence: Awareness](#)**

Children from diverse backgrounds-including children of color, children of lower socioeconomics, and children of marginalized groups - continue to be cared for and educated in early learning environments that are not providing the diversity of experiences that reflect their cultural backgrounds, which includes family values and learning styles. Failing to acknowledge and incorporate the role of culture in learning can result in compromised benefits from participation in early childhood programs with significant implications from later learning. This learning event is a beginning step to preparing the early childhood workforce to increase their awareness and understanding of culture and cultural competence. Upon completion, learners will be able to define culture, explain cultural conditioning and discuss culturally responsive teaching and the role of engaging families. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **PREREQUISITE: COMPLETION OF A MANDATORY 1 HOUR ASSIGNMENT PRIOR TO ATTENDING LEARNING EVENT. PLEASE PROVIDE ACCURATE WORKING EMAIL TO RECEIVE ASSIGNMENT. (0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**10/20/2018 10:00 AM - 2:00 PM**

**[Playground Safety](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(4) This learning event will satisfy the current playground safety course required by the North Carolina Division of Child Development. Four specific areas will be addressed: Playground Safety Hazards, Playground Supervision; Maintenance and General Upkeep; and Age and Developmentally Appropriate Equipment. Playgrounds are a learning environment for children; therefore, we want to ensure children are safe while they play, learn and explore the outside experience in early childhood settings. At the completion, learners will be able to assess and inspect their playground structures, discuss the importance of outdoor play and implement meaningful activities while on the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(4 DCDEE contact hour credits-CHCs) \$20**



**10/23/2018 6:00 PM - 8:30 PM**

**[Pyramid Model Series for IT Classrooms: Relationships are Key with Infants and Toddlers \(Two Part Course: Oct. 23 & Oct. 25\)](#)**

Yes, even infants and toddlers can have behaviors that challenge us. Did you know that understanding the Pyramid Model developed by the Center on the Social-Emotional Foundations of Early Learning (CSEFEL) can help? Infant and toddler teachers sometimes feel that ALL they do is wipe noses and change diapers. Every moment in an infant-toddler classroom (including wiping noses, changing diapers, and dealing with challenging behavior) is an opportunity to build the foundation of lifelong social emotional competence and reduce challenging behaviors. Relationships are key from the very beginning; one positive relationship can make a lifelong impact. After completing this event, learners will be able to explore and discuss attitudes about challenging behaviors in the infant and toddler classroom and investigate a range of factors that influence behavior, discuss how relationships build brain capacity, and identify strategies for developing positive relationships with babies and their families. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **This learning event is presented in two 2 1/2-hour sessions.**

**Must attend both sessions to receive certificate. (Part 1) Oct. 23 & (Part 2) Oct. 25**

**(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**10/23/2018 6:15 PM - 8:30 PM**

**[Taking It Outside](#)**

Let's go outside to play and learn! Expectations of outside time is not always clear. This learning event will discuss deeper into what NCDCEE and ITERS/ECERS/SACERS expect to happen during outside play. It's important to know you can take your inside activities outside with you to help expand your classroom to the playground. At the conclusion, learners will be able to develop lesson plans and demonstrate how to integrate those lesson plans to outside play to encourage interactions and ongoing assessments of the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**



# November 2018

**11/1/2018 6:00 PM - 8:30 PM**

## **CPR - ONLY**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9) CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **\$20**

**11/1/2018 6:15 PM - 8:30 PM**

## **Introduction to North Carolina Intervention (NCI)**

This event is a standardized training session to prevent the use of restraints and seclusion in any facility. Learners will focus on building positive relationships and avoiding the use of physical interventions. However, if needed, techniques will be demonstrated how to safely use physical interventions, only as a last resort. Upon completion of this learning event, learners will be able to deescalate children with behaviors using techniques learned in class and demonstrate how to hold a child to prevent injury to self, or others. Learners will explore how to effectively communicate and interact with people in an intense environment; discuss why people do what they do; and how factors (inside, outside and environment) can and do contribute to the behavior. Instructor will assess knowledge gained through demonstration and class participation. **(2 DCDEE Contact Hours Credit - CHC) Cost \$15**

**11/1/2018 6:15 PM - 8:30 PM**

## **Professionalism: Dealing with Difficult People**

We've all had to deal with difficult people rather it's parents, staff and/or co-workers. How do you or did you handle it? What did you say? Do you wish you had done things differently? Was it handled in an ethical manner? This learning event is designed to help learners understand how to deal with frustration and anger in the workplace and in their personal lives. Learners will engage in activities evaluating their approach and discuss more ethical approaches as it pertains to the workplace. Emphasis will be placed on how to deal with conflict. At the conclusion, learners will discuss and demonstrate appropriate communication when speaking and interacting with people, difficult or not, and the best way to convey the message. Instructor will assess knowledge gained through feedback provided during presentation. **(4 DCDEE contact hour credits - CHCs) \$20**

**11/6/2018 6:00 PM - 8:30 PM**

## **Building Positive Teacher Child Relationships: What's Your Relationship Like?**

In an early childcare setting, each moment a teacher and child interact with each other is an opportunity to develop positive relationships. Children as well as teachers benefit when positive relationships are developed. The relations are imperative because of the influence it has on a child's emotional, cognitive and social development. Positive teacher-child relationships include considering the individual needs and interaction styles of the young children. Upon completion, learners will be able to identify some challenges to developing a positive teacher child relationship, implement strategies that influence a child's emotionally, cognitively and socially and demonstrate interaction styles with children that help build positive and emotionally secure relationships with adults. Instructor will assess knowledge gained through pre and post test and feedback provided during presentation.

**(2 DCDEE contact hours credits - CHCs) \$15**



**11/6/2018 6:00 PM - 8:30 PM**

**[First Aid - ONLY](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9) First Aid is the assistance given to any person suffering a sudden illness or injury with care provided to preserve life, prevent the condition from worsening, and/or promote recovery. During this event, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries in an emergency situation. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration. A posttest will be given to assess gained knowledge and skills. **\$20**

**11/6/2018 6:15 PM - 8:30 PM**

**[ITS SIDS \(Sudden Infant Death Syndrome\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11) This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**11/8/2018 6:15 PM - 8:30 PM**

**[Emergency Preparedness and Response in Child Care; Two Part Course: Nov. 8 & Nov. 15](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)  
The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and be responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback. The learning event is presented in two 2-hour sessions and includes a 1-hour assignment. **MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE. (Part 1) Nov. 8 & (Part 2) Nov. 15 (0.5 CEU/5.0 DCDEE contact hour credits) \$25**

**11/8/2018 6:15 PM - 8:30 PM**

**[Toxic Stress and Its Impact on Children](#)**

Toxic Stress and Its Impact on Children - Stress is a fact of life, no matter your age. Some stress is good for us-it keeps us attentive, sharp, productive, and learning. However, Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. We will look at the long-term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children. Upon completion, learners will be able to define stress responses and explain the difference between "tolerable" and "toxic" stress. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**





**11/15/2018 6:15 PM - 8:30 PM**

**[Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure!](#)**

Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure! The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. At the completion, learners will discuss and develop modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits – CHCs) \$15**

**11/17/2018 9:00 AM - 4:00 PM**

**[Teaching Strategies: Introduction to GOLD](#)**

Teaching Strategies Gold is an authentic observational assessment system for birth through kindergarten that helps teachers reveal what children know and can do as well as identify their strengths, needs and interests. It is a seamless system for birth through kindergarten and may be used with any developmentally appropriate curriculum. This learning event introduces teachers to a web-based, developmentally appropriate assessment system for children from birth through kindergarten. Through video clips, small-group work, and facilitator-led discussions, teachers will explore the structure, features, and functionality of the tool and practice using it to follow the four-step assessment cycle. At the conclusion of this event, learners will be able to demonstrate by using hands-on activities how to observe children and write objective observation notes, evaluate a child portfolio, and communicate assessment information with families. Instructor will assess knowledge gained through pre & post survey, group activities and feedback provided during presentation.

**(6 DCDEE contact hour credits - CHCs) \$25**

**11/17/2018 9:30 AM - 3:30 PM**

**[BSAC: Basic School Age Care](#)**

A 5-hour introductory level learning event for school age care professionals. This event includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. The NC Division of Child Development and Early Education require this course for school age care professionals working in licensed programs but also a great training for new staff in any afterschool program setting. At the completion of this learning event, learners will be able to sketch quality indoor and outdoor program environments, name and define the four domains of children's development and identify quality elements of school age care. Knowledge gained will be assessed through group activities, feedback and pre and post survey. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**11/17/2018 10:00 AM - 12:00 PM**

**[ITS SIDS \(Sudden Infant Death Syndrome\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11) This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**



# December 2018

**12/4/2018 6:00 PM - 8:30 PM**

**[Pyramid Model Series for Preschool Teachers: \\* The Power of Positive Relationships in Preschool Classrooms \(Two Part Course: Dec. 4 & Dec. 6\)](#)**

The Pyramid Model developed by the Center on the Social-Emotional Foundations of Early Learning (CSEFEL) provides a framework for preschool teachers to support the social-emotional development of young children. After completing this module, learners will be able to discuss and explore attitudes about challenging behaviors and the range of factors that influence a child's behavior, define the relationship between social emotional development and children's behavior, and develop a framework to enhance social emotional competence and reduce challenging behaviors, and focus on positive relationships as the crucial foundation of children's ability to learn. Instructor will assess knowledge gained through group activities and feedback provided during presentation. This learning event is presented in two 2 1/2-hour sessions.

**Must attend both sessions to receive certificate. (Part 1) Dec. 4 & (Part 2) Dec. 6  
(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**12/4/2018 6:15 PM - 8:30 PM**

**[Internet Safety 101](#)**

This learning event is a widely-renowned resource and teaching series that paints a comprehensive picture of the dangers children encounter online. Internet Safety 101SM is a multi-media Internet safety resource designed to educate, equip and empower parents, educators and other adults with the knowledge and resources needed to protect children from Internet dangers including pornography, predators, cyberbullies and threats related to online gaming, social networking and mobile devices. At the completion, learners will be able to list some of the online terms used as cover ups, incorporate parental control resources and discuss ways to protect your child on all of their Internet-enabled devices. Instructor will assess knowledge gained through presentation and feedback. Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost.

**(2 DCDEE contact hour credits - CHCs) 'Free'**

**12/8/2018 9:00 AM - 3:00 PM**

**[CPR & First Aid](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **\$40 together or \$20 separately**



**12/8/2018 10:00 AM - 12:00 PM**

**[ITS SIDS \(Sudden Infant Death Syndrome\)](#)**

This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11) This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**12/15/2018 9:00 AM - 12:00 PM**

**[Be Active Kids](#)**

Be Active Kids This curriculum is an innovative, interactive, developmentally appropriate curriculum that focuses on nutrition, food, safety and physical activity for North Carolina children ages birth to five. The goal of the program is to give young children the tools they need to develop positive physical activity and nutrition habits for a lifetime of good health. Be Active Kids uses colorful characters, interactive hands-on lessons and bright visuals to teach children that physical activity, healthy eating, and food safety can be fun! At the completion, learners will be able to plan safe physical activities and give examples of healthy eating habits. Instructor will assess knowledge gained through group activities and feedback provided during presentation. Facilities will be provided with a free Be Active Kids kit for use in the classroom. Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost. **(3 DCDEE contact hour credits - CHCs) 'Free'**

**12/15/2018 10:00 AM - 12:00 PM**

**[Preventing Child Abuse and Neglect Through Building Collaborative Relationships with Families](#)**

Early Care and Education Professionals (ECEPs) build partnerships with families as an important strategy to promote healthy child development. These partnerships can help prevent child abuse and neglect. Building effective relationships with families is the foundation for these partnerships. This unit supports relationship building with families by helping providers to define and practice active listening skills and to understand both the concept of the parallel process in relationships and the importance of reflection. This leaning event also aids learners in developing strategies for establishing effective relationships with families. Upon completion, learners will be able to practice identifying and using a variety of communication skills to build effective relationships with families, use self-awareness and careful observation to form a flexible response to a parent. **(2 DCDEE contact hour credits - CHCs) \$15**

