



# Region 5 Lead Agency Learning Events Catalogue August - December 2017

Professional Development Career Center (PDCC)  
351 Wagoner Dr. Fayetteville, NC 28303  
910-860-2277, ext. 2537  
Website: [www.ccpfc.org](http://www.ccpfc.org)

## Registration Policies and Procedures

1. Preregistration and payment are required for all learning events. Registration is accepted by one of the following methods: online, in person, or via mail. There will be a fee for all learning events and conferences, unless otherwise noted. All checks or money orders should be made payable to: **Partnership for Children of Cumberland County**. Payments **will not** be accepted the day of the learning event.
2. All events will close **5 days** prior to the learning event date or when the learning event reaches the maximum capacity. **Registrations mailed and/or received after the deadline will only be accepted if there is space available. If not, you will receive a credit or the option to choose another class.**
3. Learning events will be closed 15 minutes after the start time. Late entry will not be permitted.
4. Children and/or other non-registered guests are **not** permitted into any learning event.
5. No refund or credit will be provided for no-shows. The registration amount paid will be used for the cost of printing and preparation. **Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost.**
6. Twenty-four (24) hour cancellation notice is required to receive a credit or transfer to another learning event. In the event of an illness or family emergency that prohibits learners from attending the learning event, please notify a PDCC staff member within 3 days of the unattended learning event. No refund will be provided; however, a credit will be issued. **Credits are valid for 90 days.**
7. A minimum of 10 spaces must be filled before a learning event will be conducted. If this number is not reached, PDCC reserve the right to cancel the event. Learners will be notified by phone or email of any cancellations and a credit issued or learners transferred to another class. **Early registration is strongly encouraged. DON'T WAIT! If you wait, the class of your choosing may either be full or canceled.**
8. All Region 5 learning events will follow the Cumberland County Government Offices cancellation policy for inclement weather.
9. Learners will be provided a certificate of completion indicating NCDCEE contact hour credits (CHC) or continuing education units (CEUs) for the amount of time the learning event is held. No additional certificates will be kept on file. Please make copies of all certificates for employment and/or personal use.
10. Learners can request a copy of their learning event transcript through PDCC office with the appropriate completed documentation. Please contact our office for more information.
11. Unprofessional, disruptive or rude behavior will not be tolerated. You will be asked to leave and no credit will be issued. Please turn off cell phones during the learning event.
12. Target audience for all learning events: (ECEP) Early Care and Education Professionals (teachers, directors, school age, NC-PreK, and Family Child Care providers). However, parents, respite caregivers and community members are welcomed to attend.
13. All pre-requisites or technology requirements, if any, will be listed in the description of the learning event.
14. Instructors have no proprietary interest in the development or marketing of learning events.



# Newly Required Health and Safety Trainings for North Carolina Early Care and Education Professionals

**The required health and safety trainings for NC have been extended until June 30, 2018.**

The Child Care Development Block Grant (CCDBG), also called the Child Care Development Fund (CCDF), is a federal grant which provides funding for child care subsidies for low income working families and improvements in child care quality. The recent reauthorization of CCDBG, Child Care and Development Block Grant Act of 2014, brought for the first time in 18 years new state requirements. These requirements promote the health and safety of children in child care, create continuity of access to subsidies for low-income families, better educate parents and the general public about the child care choices available to them, and improve the overall quality of early care and education programs. States must have pre-service or orientation and on-going minimum health and safety training requirements in place for child care providers.

**Below are the requirements as they are stated in the North Carolina Department of Health and Human Services Division of Child Development and Early Education "Temporary Rules – CCDBG ACT of 2014"**

## **10A NCAC 09 .0706 HEALTH AND SAFETY TRAINING REQUIREMENTS**

(a) Child care administrators and staff members shall complete health and safety training offered by the Division no later than June 30, 2017.

(b) The training shall include the following topic areas:

- (1) Prevention and control of infectious diseases, including immunization;
- (2) Administration of medication, with standards for parental consent;
- (3) Prevention of and response to emergencies due to food and allergic reactions;
- (4) Building and physical premises safety, including identification of and protection from hazards that can cause bodily injury such as electrical hazards, bodies of water, and vehicular traffic;
- (5) Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a man-caused event;
- (6) Handling and storage of hazardous materials and the appropriate disposal of bio-contaminants;
- (7) Precautions in transporting children, if applicable;
- (8) Prevention of shaken baby syndrome and abusive head trauma;
- (9) CPR and First Aid training as required in Subparagraphs .0705(b) and (d) of this Section;
- (10) "Recognizing and Responding to Suspicions of Child Maltreatment" as required in Rule .0705(g) of this Section; and
- (11) Prevention of sudden infant death syndrome and use of safe sleeping practices.

(c) Training hours accrued for the completion of this requirement shall count toward in-service training. However, child care administrators and staff members must complete the health and safety training even if the number of hours accrued exceeds required in-service training, as specified in Rule .0707 of this Section.

The rule references are .0706 (b) (1-11), each of the rules will be listed in the learning event catalogue alongside the event to show what is being met in the specific event. **For example, the learning event 'Medication Administration' relates to HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(2)(3).**





**8/17/2017 6:15 PM - 8:30 PM**

**Developmentally Appropriate Behavior: But I'm supposed to act like this!**

Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This learning event focuses on understanding when children can be expected to acquire certain social-emotional skills and guides learners toward understanding, respecting and responding to developmentally appropriate behaviors. At the conclusion, learners will be able to distinguish what is appropriate for the child or children in his/her care. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**8/19/2017 9:30 AM - 3:30 PM**

**BSAC (Basic School Age Care)**

A 5-hour introductory level learning event for school age care professionals. This event includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. It is required by the NC Division of Child Development and Early Education for school age care professionals working in licensed programs but also a great training for new staff in any afterschool program setting. At the completion of this learning event, learners will be able to create and promote learning environments that meet all children's developmental needs, foster positive behavior and identify quality elements of school age care. Knowledge gained will be assessed through group activities, feedback and pre and post survey. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**8/19/2017 10:00 AM - 12:00 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**



**8/22/2017 6:15 PM - 8:30 PM**

**Preventing Power Struggles**

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. At the completion, learners will explain the five steps to using the choice making strategy and demonstrate how to embed choice-making opportunities in their classroom and short-circuit power struggles with their preschoolers. Instructor will assess knowledge through discussion, group activities and Q&A.

**(2 DCDEE contact hour credits-CHCs) \$15**

**8/24/2017 6:15 PM - 8:30 PM**

**Emergency Preparedness and Response in Child Care - (Part 1) Aug. 24 & (Part 2) Aug. 31**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)**

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and be responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback. **The learning event is presented in two 2-hour sessions and includes a one-hour site assignment.**

**MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE. (Part 1) Aug. 24 & (Part 2) Aug. 31**

**(0.5 CEU/5.0 DCDEE contact hour credits) \$25**

**8/31/2017 6:15 PM - 8:30 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**





**9/12/2017 6:15 PM - 8:30 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**9/12/2017 6:15 PM - 8:30 PM**

**OSHA Blood borne Pathogens Standard**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(1)(3)(6)**

Are you concerned about the next virus we will be faced with? Have you or someone you know been infected with ZIKA virus, Salmonella or maybe even EBOLA? Those were some of the latest scares we've had to deal with. There is always a new virus, contagious disease or an epidemic of some kind! How do we protect ourselves? How do we protect our children? This learning event is meant to inform learners of the potential exposure to diseases. During this event, you will discuss how to minimize the risk of exposure or infection to several viruses. At the completion of this event, learners will be able to define universal precautions, implement the use of universal precautions and identify the steps that should be taken after an exposure incident in order to prevent infection. Instructor will assess knowledge gained through feedback throughout session. **(2 DCDEE contact hour credits - CHCs) \$15**

**9/14/2017 6:15 PM - 8:30 PM**

**Leadership Academy for FCCH & CENTERS**

Open ONLY to Family Child Care Home (FCCH) Owners and CENTER Directors/Administrators **(this will not be beneficial for teachers)**. The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (child care center directors or family child care home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources, cultivate new leaders for early childhood in our community and earn professional development in-service hours for child care licensing. **The Leadership Academy is arranged in monthly two hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. FCCH Owners and CENTERS meet on different days after this initial meeting. Registration is required and only accept through September & October.**



**9/16/2017 9:00 AM - 3:00 PM**

**CPR & First Aid**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)**

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **(3 DCDEE contact hour credits) \$40 or \* \$20 separately**

**9/16/2017 9:00 AM - 4:00 PM**

**Effective Supervision of Young Children**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(4)**

Properly supervising children is vital to assuring safety in childcare centers and other settings where children gather. For early childhood programs, effectively supervising toddlers and preschoolers can be especially challenging. The challenges of supervising children include the following: ineffective room arrangement; parent distractions; failing to conduct head counts; and ineffective supervision during activities, mealtimes, or daily routines. At the conclusion, learners will be able to identify specific strategies to keep children safe and consistently demonstrate proper supervision guidelines that will provide a safer place for children in your care. Instructor will assess knowledge gained through question and answer session. **(6 DCDEE Contact hour credits-CHC) \$25**

**9/16/2017 10:00 AM - 2:00 PM**

**Playground Safety**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(4)**

This learning event will satisfy the current playground safety course required by the North Carolina Division of Child Development. Four specific areas will be addressed: Playground Safety Hazards, Playground Supervision; Maintenance and General Upkeep; and Age and Developmentally Appropriate Equipment. We want to be sure children are safe while they play, learn and explore the outside experience children again daily in early childhood settings. At the completion, learners will be able to assess their own playground structures and implement interesting and meaningful activities while on the playground. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(4 DCDEE contact hour credits-CHCs) \$20**

**9/23/2017 9:00 AM - 4:00 PM \*SAVE THE DATE\***

**Region 5 Early Care and Education Professionals' Fall Conference**

This 1-Day conference is design with the purpose of providing the opportunity for Early Care and Education Providers (ECEPs) to receive the continuing education units (CEUs) and in-service training hours (CHCs) they need at one central location throughout Region 5 and at a discounted price.

***More details and registration procedures to follow on specific event brochure and form.***



**9/28/2017 6:15 PM - 8:30 PM**

**Early Intervention in Early Childhood Settings**

Early Care and Education Professionals, ECEP, are the frontlines for observing and referring young children with psychological and developmental concerns. Through daily interactions and observations when done appropriately, ECEPs can detect when there may be a need for additional services to ensure that children receive what they need to succeed in life. Helping parents understand milestones, child development in functional areas and psycho-social needs are important components of the early childhood setting. At the completion, learners will be able to identify the principles of observation and effectively observe children in the early childhood setting to gain a working knowledge of how to deal with the behavior appropriately and document possible delays to assist parents with early intervention efforts. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**9/28/2017 6:15 PM - 8:30 PM**

**Partnering with Families to Address Challenging Behaviors: We are all in this together!**

We are all in this together! When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This learning event focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! At the completion, learners will demonstrate ways to set the stage for and successfully conduct these difficult conversations with parents. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**9/30/2017 9:00 AM – 1:00 PM**

**Child Growth and Development**

This learning event provides an overview of the theory and principles of human growth and development from conception through adolescence. Content includes an in-depth study of the interrelatedness of physical, cognitive, social and emotional aspects of the development. Development is studied in the context of family, gender, culture, language, ability, socioeconomics, diversity, and society. At the completion, learners will be able to discuss and explain some of the theory and research that centers around child development and list the foundations of development. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**9/30/2017 9:30 AM - 1:30 PM**

**Cultural Competence: Awareness**

Children from diverse backgrounds-including children of color, children of lower socioeconomics, and children of marginalized groups - continue to be cared for and educated in early learning environments that are not providing the diversity of experiences that reflect their cultural backgrounds, which includes family values and learning styles. Failing to acknowledge and incorporate the role of culture in learning can result in compromised benefits from participation in early childhood programs with significant implications from later learning. This learning event is a beginning step to preparing the early childhood workforce to increase their awareness and understanding of culture and cultural competence. Upon completion, learners will be able to define culture, explain cultural conditioning and discuss culturally responsive teaching and the role of engaging families. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **PREREQUISITE: COMPLETION OF A MANDATORY 1 HOUR**

**ASSIGNMENT PRIOR TO ATTENDING LEARNING EVENT. PLEASE PROVIDE ACCURATE WORKING EMAIL TO RECEIVE ASSIGNMENT. (0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**



**9/30/2017 9:30 AM - 3:30 PM**

**Emergency Preparedness and Response in Child Care**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)**

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and is responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback.

**(0.5 CEU/5.0 DCDEE contact hour credits) \$25**

**9/30/2017 9:30 AM - 3:30 PM**

**NC Foundations of Early Learning and Development**

This learning event updates and combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5, it introduces the structure, how to implement them in early childhood, the goals, developmental indicators, and strategies in five developmental domains. After completing this event, learners will be able to articulate how Foundations is structured, develop and implement meaningful developmentally appropriate lesson plans and activities and develop strategies to engage parents in their child's education. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **You can access the PDF version of the book at:**

**[http://ncchildcare.dhhs.state.nc.us/PDF\\_forms/NC\\_Foundations.pdf](http://ncchildcare.dhhs.state.nc.us/PDF_forms/NC_Foundations.pdf)**

**(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**







**10/2/2017 8:00 AM - 5:00 PM**

**The Art & Science of Technical Assistance - (Part 1) Oct. 2 & (Part 2) Oct. 9**

This event provides learners with an in-depth exploration of approaches to consultation, coaching and mentoring within early care and education settings. During this course, learners will: discuss the role of a TA provider as a change agent using appropriate models and practices through culturally appropriate strategies; define, discuss, and apply TA approaches, while developing relationships through effective communication strategies, while recognizing the cultural diversity of early childhood teachers, administrators, and programs; as well as the children they serve; develop an understanding of how to apply effective TA processes for the implementation of quality improvement plans and strategies that are culturally responsive for early childhood teachers and programs. Course content is embedded within the competencies drafted by the North Carolina Division of Child Development and Early Education for those delivering technical assistance. Upon completion of this course learners will be able to discuss the role of a TA provider; define, discuss and apply TA approaches that include knowledge of effective communication strategies and processes for the implementation of quality improvement plans. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **The learning event is presented in two 8-hour sessions and includes off site assignment. MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE (Part 1) Oct. 2 & (Part 2) Oct. 9 (2.0 CEU/20 DCDEE contact hour credits) \$100**

**10/10/2017 6:15 PM - 8:30 PM**

**Behavioral Intervention Strategies! You want me to try what?**

Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and making it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This learning event focuses on helping participants develop new responses to challenging behaviors. At the conclusion learners will be able to develop six key intervention strategies for addressing challenging behaviors. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**10/10/2017 6:15 PM - 8:30 PM**

**Health & Sanitation**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(1)**

As program administrators or teachers in child care programs, the key requirement of your job is to protect and promote the health and well-being of the young children in your care. This means keeping children safe from both injury and illness. Learners will discuss how to assure health of children through proper sanitation. Areas covered will include: proper hand washing & diapering procedures, proper procedures for cleaning & sanitizing furnishings & toys, food prep, designating a sick area, and others areas covered in the child care sanitation rules & regulation for N.C. Upon completion learners will be able to demonstrate actions to maintain sanitation and prevent transmission of disease, proper hand washing and diapering, and furnishings and toys sanitation procedures. Instructor will assess knowledge gained through group discussion and observation. **(2 DCDEE contact hour credits - CHCs) \$15**



**10/12/2017 6:15 PM - 8:30 PM**

**Shaken Baby Syndrome (SBS): From Crying to Crisis**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(8)**

Why are you crying? Babies by nature have a period of time which they will cry and seemingly for no reason at all. Sometimes this inconsolable crying may lead to frustration for parents and caregivers and can be a catalyst to abuse with long term effects or death (crying to crisis). Research and Best Practice give new insight to this and ways to cope. This event is meant to encourage, inform and empower by providing support and services for the parent and/or caregiver by providing education that focuses on scientifically sound literature and the best practice evidence available. A few simple strategies can help caregivers cope with a crying baby and prevent the irreversible harm of SBS. At the conclusion of this learning event, learners will be able to develop strategies and coping mechanisms for parents and professionals. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**10/12/2017 6:15 PM - 8:30 PM**

**Leadership Academy for FCCH**

**Open ONLY to Family Child Care Home (FCCH) Owners.** The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (child care center directors or family child care home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources, cultivate new leaders for early childhood in our community and earn professional development in-service hours for child care licensing. **The Leadership Academy is arranged in monthly two hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. Registration is required and only accepted in September & October.**

**10/14/2017 9:00 AM - 3:00 PM**

**CPR & First Aid**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)**

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust techniques used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **(3 DCDEE contact hour credits) \$40 or \* \$20 separately**

**10/14/2017 9:00 AM - 4:00 PM**

**STEM: Where Has All the Science & Mathematics Gone: Big concepts for little children, or not?**

If children are to develop a sense of science and discovery, we need to bring life into the classroom and the class out into the world. This learning event will focus on how to incorporate science into the daily routine that allows children to experience life in gulps and sips as well as measured doses. Good early mathematics is broader and deeper than early practice on "school skills." Quality mathematics is a joy, not a pressure. It is the sum of the experiences children have from birth related to number, space and patterns. At the completion, learners will be able to discuss the importance of math and science being imbedded in daily activities and develop ways to easily incorporate hands-on math and science activities into everyday classroom experiences. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **(6 DCDEE Contact hour credits-CHC) \$25**



**10/14/2017 9:30 AM - 3:30 PM**

**Medication Administration**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(2)(3)**

This learning event is to inform learners of the rules and regulations of N.C. safety, medication and sanitation requirements to assure the safety of children while in your care. During this event, learners will discuss how to properly administer medications to children by using the six rights to passing medications i.e. the right child, right medication, right time, right dose, right route and right documentation. The learner will be able to explain the types of doses, identify routes of administration and recognize abbreviations. At the completion, learners will be able to administer medication according to the rules and regulations of NC and capable of correctly completing the medication administration record (MAR). Instructor will assess knowledge gained through question and answer session and a post test. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**10/17/2017 6:15 PM - 8:30 PM**

**Building a Lesson: Putting Together the Pieces to Learning**

This learning event aid learners in understanding the sources, development and implementation of standards, goals and objectives un the childcare facility. This event is meant to identify and define the components needed to prepare and effective lesson plan. Emphasis will be placed on measureable and observable ways of assessing student achievement through lesson planning. At the completion, leaners will be able to list the components to an effective lesson plan, identify measurable terms used to assess learning and recognize the components of an effective lesson. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**10/17/2017 6:15 PM - 8:30 PM**

**Fire Safety**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(4)**

NC General Statue 110-91 provides for an annual fire inspection of every child care facility. The Fire Inspection Report requires annual fire safety training, addresses general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, and means of egress as well as use of portable fire extinguishers. At the conclusion of this event, learners will be able to identify elements of the fire plan and understand requirements for creating and maintaining their facility plan, demonstrate evaluation procedures and plan a proper escape route. Instructor will assess knowledge gained through question and answer session.

**(2 DCDEE contact hour credits-CHCs) \$15**

**10/19/2017 6:15 PM - 8:30 PM**

**Introduction to School Age Inclusion**

This training is provided as an overview of inclusion, generally presented as a first module in a 4-part series. The objective is to provide the participant with a basis of the history of support for school age children with disabilities (medical model vs. empowerment model), and with a philosophy of inclusion. Person-first language and the benefits of inclusion are also covered. Instructor will assess knowledge gained through question and answer session.

**(2 DCDEE contact hour credits-CHCs) \$15**



**10/19/2017 6:15 PM - 8:30 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**10/19/2017 6:15 PM - 8:30 PM**

**Leadership Academy for CENTERS**

**Open ONLY to CENTER Directors/Administrators.** The purpose of the Leadership Academy is to increase the knowledge, skills and abilities of early childhood education program administrators (child care center directors or family child care home providers) with the expectation that they become more confident and competent leaders in their programs and the overall early childhood community. This equips the professionals to lead their programs through program quality improvements, work to establish sustainable change in their programs, provide leadership to the field of early childhood education and provide opportunities within their communities to support the needs of children, families and other early childhood educators. The Leadership Academy is a wonderful opportunity to identify potential leaders in our field (networking), build upon your strengths, present new research and resources, cultivate new leaders for early childhood in our community and earn professional development in-service hours for child care licensing. **The Leadership Academy is arranged in monthly two hour sessions for one year. Professionals interested in participating must be willing to commit to the year commitment. Registration is required and only accepted in September & October.**

**10/28/2017 9:00 AM - 1:00 PM**

**Building Resilience in Children and Families**

This event will provide an introduction to the foundations of resiliency, resiliency and youth development, resiliency and counseling, resiliency and families, resiliency and schools, resiliency and communities, and resiliency and the brains. At the completion, learners will be able to discuss research-based, practical, and effective strategies for utilizing family strengths and resources in school based settings. Instructor will assess knowledge gained through question and answer session. **(4 DCDEE contact hour credits - CHCs) \$20**

**10/28/2017 9:30 AM - 3:30 PM**

**Choosing and Using Appropriate Curriculum**

This course will provide learners working in early care and education settings, with guidelines for selecting and planning to implement a North Carolina approved curriculum for children birth to age five. It will also provide guidance on matching curriculum with formative assessment strategies to modify implementation of the curriculum. At the conclusion, learners will be able to create a plan to identify and implement an early childhood curriculum and assessment instrument. Instructor will assess knowledge gained through a pre- and post-assessment.

**(0.5 CEU/5.0 DCDEE contact hour credits) \$25**



**10/28/2017 9:30 AM - 3:30 PM**

**Emergency Preparedness and Response in Child Care**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)**

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and is responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback.

**(0.5 CEU/5.0 DCDEE contact hour credits) \$25**

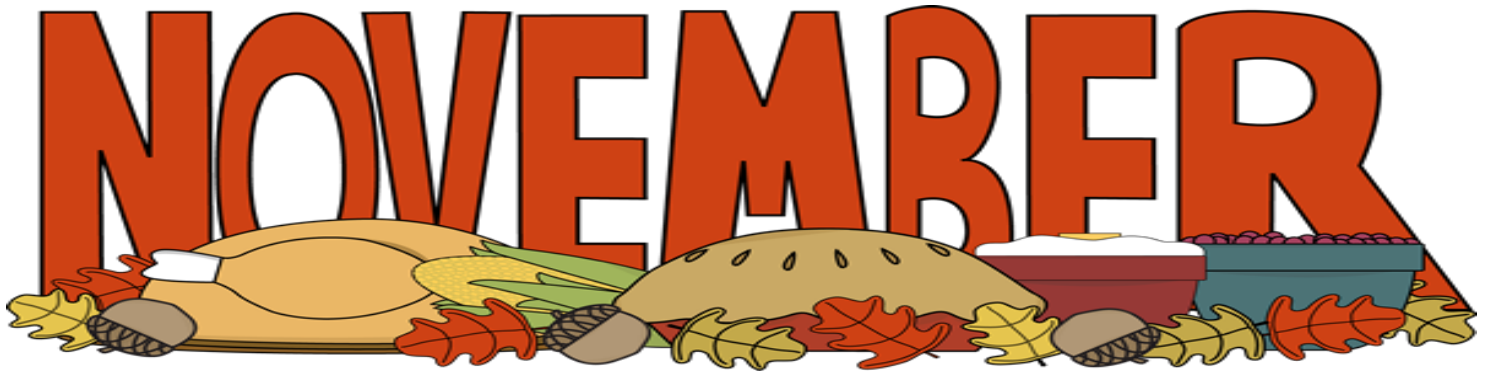
**10/28/2017 10:00 AM - 12:00 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**





**11/2/2017 6:00 PM - 9:00 PM**

**CPR (ONLY)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)**

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. **(No DCDEE contact hour credit awarded) \$20**

**11/2/2017 6:15 PM - 8:30 PM**

**Foundations of Inclusion**

This learning event will examine and explore the most relevant policies, rights, responsibilities and intervening practices that support the inclusion of young children with disabilities in birth to five early childhood setting. This event is also designed to help learners become more informed on the resources available to families and teachers of exceptional children. At the conclusion of this event, learners will be able to access resources on inclusion and implement admission policies that adhere to the Americans with Disabilities Act (ADA). Knowledge gained will be assess through questions and answer session and feedback. **(2 DCDEE contact hour credits-CHCs) \$15**

**11/7/2017 6:15 PM - 8:30 PM**

**Childhood Obesity**

This learning event aids the learners in dealing with obese children. Obese Kids: Criminal neglect by parents? But are parents solely responsible for what their children eat. Of course it is always someone else's problem, but really who is responsible? How can we as providers take responsibility and provide assistance to both the child and the parents? At the completion, learners will be able to define obesity, identify some causes of obesity and some harmful and unhealthy issues associated with obesity. Knowledge gained will be assess through questions and answer session and feedback. **(2 DCDEE contact hour credits-CHCs) \$15**

**11/7/2017 6:00 PM - 9:00 PM**

**First Aid (ONLY)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)**

First aid is the assistance given to any person suffering a sudden illness or injury with care provided to preserve life, prevent the condition from worsening, and/or promote recovery. Upon completion, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries in emergency situations. A posttest will be given to assess gained knowledge and skills. **(3 DCDEE contact hour credits-CHC) \$20**



**11/7/2017 6:15 PM - 8:30 PM**

**Emergency Preparedness and Response in Child Care - (Part 1) Nov. 7 & (Part 2) Nov. 14**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)**

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and be responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback. **The learning event is presented in two 2-hour sessions and includes a one-hour site assignment.**

**MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE - (Part 1) Nov. 7 & (Part 2) Nov. 14  
(0.5 CEU/5.0 DCDEE contact hour credits) \$25**

**11/14/2017 6:15 PM - 8:30 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associated with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

**11/14/2017 6:15 PM - 8:30 PM**

**Tools to Great Teaching: Standards, Goals and Objectives**

This learning event aids learners in understanding the sources, development and implementation of standards, goals and objectives in the childcare facility. This event is designed to assist learners in understanding how the standards and goals are determined. Learners will explore reading and writing behavioral objectives that are measurable and observable. Learners will also be able to distinguish the difference between the standards, goals and objectives. At the completion, learners will be able to distinguish the difference between behavioral and instructional objectives. Instructor will assess knowledge gained through group activities and feedback provided during presentation.

**(2 DCDEE contact hour credits - CHCs) \$15**

**11/14/2017 6:00 PM - 8:30 PM**

**When Books POP off the Paper: Building Social Emotional & Literacy/Writing Skills- (Part 1) Nov. 14 & (Part 2) Nov. 16**

Books are standard materials in most classrooms, but are we getting the most out of them? How intentional is our choice of books, the way we read books, and the way we expand children's learning through books? In this learning event, we will discuss how building literacy skills (including emotional literacy) is critical for young children, define best practices in early literacy and writing, explore books and "Book Nooks" from the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), and create expansion activities for additional children's books that will not only enhance children's learning in the classroom but will make it fun for you and for them! Discover new books and take home activities that you can immediately begin using! Instructor will assess knowledge gained through presentation and feedback. **The learning event is presented in two 2 ½ hour sessions.**

**MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE- (Part 1) Nov. 14 & (Part 2) Nov. 16  
(0.5 CEU/5.0 DCDEE contact hour credits) \$25**



**11/16/2017 6:15 PM - 8:30 PM**

**Increasing Quality with the ITERS-R: Today and Everyday!**

Does hearing the term ITERS make you feel anxious? If so this learning event is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! At the completion of this event, using pictures from different infant, toddler, and two year-old classrooms as a learning tool, learners will be able to incorporate the Infant Toddler Environment Rating Scale into meaningful and manageable parts, discussing and implementing indicators in detail. Learners will have opportunities for a question and answer session that will prepare them to return to their programs more confident, informed and prepared for implementation. Instructor will assess knowledge gained through presentation and feedback. **(2 DCDEE contact hour credits - CHCs) \$15**

**11/18/2017 8:00 AM - 5:30 PM**

**Mental Health First Aid**

Early childhood educators are in a unique and important role to be prepared to serve as a first responder to mental health and well-being issues in the lives of children and adults Mental Health First Aid is the initial help offered to a person developing a mental health or substance use problem, or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves. At the completion, learners will be able to identify risk factors and warning signs of mental health and substance use problems, provide information on depression, anxiety, trauma, psychosis and substance use, list a 5-step action plan to help someone who is developing a mental health problem or in crisis and identify how to access evidence-based professional, peer and self-help resources. **Use the link below to register for the training:**

<https://www.eventbrite.com/e/mental-health-first-aid-course-tickets-35436122396>

**(8 DCDEE contact hour credits - CHCs) \$30**

**11/18/2017 9:00 AM - 4:00 PM**

**Creative Curriculum for Preschool (5th Edition)**

Creative Curriculum is an award-winning curriculum for preschool success. Comprising The Foundation, five research-based volumes that provide the knowledge base of the curriculum, and the Daily Resources, which offer step-by-step guidance in the form of Teaching Guides and additional daily teaching tools, The Creative Curriculum for Preschool is fully aligned with the Head Start Child Development and Early Learning Framework and state early learning standards. It offers daily opportunities to individualize instruction, helping teachers meet the needs of every type of learner. At the conclusion of this event, learners will be able to implement the curriculum to fidelity while designing an engaging & interesting classroom environment that sets the stage for learning and facilitate learning experiences that are developmentally appropriate with young children, based on The Creative Curriculum for Preschool. Instructor will assess knowledge gained through presentation and feedback. **(6 DCDEE contact hour credits - CHCs) \$25**

**11/18/2017 9:00 AM - 1:00 PM**

**Supervision Series: Ready, Set, Go & Beyond Band-Aids –Revised (2 of 4-part series)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (1)(2)(3)(7)**

SUPERvision Series is a pro-active curriculum developed by the North Carolina Division of Child Development and Early Education (DCDEE) to reduce child abuse and neglect in child care facilities. It was recognized that many abuse/neglect investigations could be prevented if caregivers followed careful and appropriate practices and procedures in supervising children. The goal is aimed at identifying best practices in child care and helping child care providers to adopt these in order to avoid incidents and reports of child abuse and neglect. Most importantly, following these guidelines will protect children from harm. This 2-part series covers: Get Ready, Get Set, Go, and Beyond Band-Aids. Upon completion of this learning event, learners will be able to explain the importance of visual supervision, follow appropriate procedures for handling and administering medication and provide secure physical environments. Instructor will assess knowledge gained through pre and post assessment and feedback provided during presentation.

**(4 DCDEE contact hour credits - CHCs) \$20**





**11/18/2017 9:30 AM - 3:30 PM**

**BSAC (Basic School Age Care)**

A 5-hour introductory level learning event for school age care professionals. This event includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. It is required by the NC Division of Child Development and Early Education for school age care professionals working in licensed programs but also a great training for new staff in any afterschool program setting. At the completion of this learning event, learners will be able to create and promote learning environments that meet all children's developmental needs, foster positive behavior and identify quality elements of school age care. Knowledge gained will be assessed through group activities, feedback and pre and post survey. **(0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**



PFC is a 501 (c)(3) nonprofit organization supported by public and private funds through Smart Start, NC Pre-K, tax-deductible donations, and grants. Partnership for Children will not discriminate on the basis of race, color, national origin, gender, religion, age, or handicap.



**12/2/2017 9:00 AM - 4:00 PM \*SAVE THE DATE\***

**Region 5 Early Care and Education Professionals' Winter Conference**

This 1-Day conference is design with the purpose of providing the opportunity for Early Care and Education Providers (ECEPs) to receive the continuing education units (CEUs) and in-service training hours (CHCs) they need at one central location throughout Region 5 and at a discounted price.

***More details and registration procedures to follow on specific event brochure and form.***

**12/7/2017 6:15 PM - 8:30 PM**

**Internet Safety 101<sup>SM</sup>**

This learning event is a widely-renowned resource and teaching series that paints a comprehensive picture of the dangers children encounter online. **Internet Safety 101<sup>SM</sup>** is a multi-media Internet safety resource designed to educate, equip and empower parents, educators and other adults with the knowledge and resources needed to protect children from Internet dangers including pornography, predators, cyberbullies and threats related to online gaming, social networking and mobile devices. At the completion, learners will be able to list some of the online terms used as cover ups, incorporate parental control resources and discuss ways to protect your child on all of their Internet-enabled devices. Instructor will assess knowledge gained through presentation and feedback. **Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost. (2 DCDEE contact hour credits - CHCs) 'Free'**

**12/7/2017 6:15 PM - 8:30 PM**

**Putting the Pieces Together: Understanding Autism**

This learning event will define the term autism, examine common signs, discuss research and present strategies to be used in the learning environment. Upon completion learners will be able to: define autism, identify common signs of a child with autism, how autism is diagnosed and its cause, autism treatment and strategies for assisting a child with autism. A pre-test at the beginning and a post-test at the end, along with cooperative learning activities will be used to assess mastery of learning event. **(2 DCDEE contact hour credits- CHC) \$15**

**12/9/2017 9:00 AM - 3:00 PM**

**CPR & First Aid**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(9)**

CPR teaches basic life support skills for adults, children and infants which includes: how to provide cardiac compressions, breathing for anyone that is in cardiac arrest and how to recognize the early onset of a heart attack. Learners will also demonstrate how to correctly apply abdominal thrust technics used on choking victims and how to properly operate an Automated External Defibrillator. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, treat for shock, sudden illnesses, and injuries. After completing this learning event, learners will be able to identify an emergency and apply knowledge gained through hands-on illustration of CPR techniques. A posttest will be given to assess gained knowledge and skills. **(3 DCDEE contact hour credits) \$40 or \* \$20 separately**



**12/9/2017 9:30 AM - 3:30 PM**

**NC Foundations of Early Learning and Development**

This learning event updates and combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5, it introduces the structure, how to implement them in early childhood, the goals, developmental indicators, and strategies in five developmental domains. After completing this event, learners will be able to articulate how Foundations is structured, develop and implement meaningful developmentally appropriate lesson plans and activities and develop strategies to engage parents in their child's education. Instructor will assess knowledge gained through group activities and feedback provided during presentation. **You can access the PDF version of the book at: [http://ncchildcare.dhhs.state.nc.us/PDF\\_forms/NC\\_Foundations.pdf](http://ncchildcare.dhhs.state.nc.us/PDF_forms/NC_Foundations.pdf) (0.5 CEU/5.0 DCDEE contact hour credits-CHCs) \$25**

**12/12/2017 6:15 PM - 8:30 PM**

**Creating a Secure Infant- Toddler Environment: Infant Toddler Zone - PART I**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(4)**

Caring for infants and toddlers can be extremely rewarding but also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. At the conclusion, learners will be able to identify ways to enhance supervision so that infants and toddlers in your program are safe during play activities. Clear guidelines are discussed that will both keep children healthy, but also feeling secure as they explore their indoor and outdoor child care environment. This learning event provides information that supports the ITERS-R subscales: Space and Furnishings, Personal Care Routines and Activities. Instructor will assess knowledge gained through discussion and feedback provided during presentation. **(2 DCDEE contact hour credits - CHCs) \$15**

**12/12/2017 6:15 PM - 8:30 PM**

**Partnering with Parents to Prevent Child Abuse and Neglect: Helping Parents and Providers Understand Temperament**

A child's temperament influences not only his or her style of interaction but the very way in which he or she understands and experiences the world and the people in it. Although no temperament can be labeled 'good' or 'bad,' temperament characteristics may either increase or decrease a child's risk of having a poor fit with his or her environment and caregivers. In this learning event, learners will become aware of how their own temperaments, their reactions to others' temperaments, and how the child care environment can interact to support a child's healthy development. Upon completing this learning event, learners will be able to explain the three temperament types; define five key temperament traits and illustrate how best to assist parents in understanding their own and their children's temperaments. Knowledge gained will be assess through group activities, feedback and pre and post assessments. **(2 DCDEE contact hour credits - CHCs) \$15**

**12/12/2017 6:15 PM - 8:30 PM**

**School Age Transition Activities**

You have the key, so unlock your creativity by planning and scheduling fun, innovative transition activities! Transitioning is one of the most important but, often ignored components of a school age classroom schedule. At the completion of taking this interactive workshop, learners will be able to identify and incorporate transitions in your daily schedule and explore some new transition activities your children will enjoy. Knowledge gained will be assess through group activities, feedback and pre and post assessments. **(2 DCDEE contact hour credits - CHCs) \$15**



**12/12/2017 6:15 PM - 8:30 PM**

**What's In Your Teaching Toolkit**

Are you dealing with any challenging behaviors in the classroom? Are you in need of different strategies? Everyone needs practical strategies and materials to help with challenging behavior in young children (especially those that research has shown to be highly effective). This learning event guides learners through The Teaching Tools for Young Children with Challenging Behavior resource (known as TTYC). This tool is packed with strategies based on Positive Behavior Support and the Pyramid Model that are collected in one resource and easily accessible through a free website. At the completion of this learning event, learners will be able to utilize tools; choose resources that help prevent challenging behavior, as well as tips, forms, guides and practical resources that promote problem solving skills, friendship development and social skill instruction, all of which are critical to the core development of school readiness. Instructor will assess knowledge gained through presentation and feedback.

**(2 DCDEE contact hour credits-CHCs) \$15**

**12/16/2017 9:30 AM - 3:30 PM**

**Emergency Preparedness and Response in Child Care**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b)(5)**

The new Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) requires that a designated individual from all licensed centers and family child care homes complete the training and is responsible for submitting a facility EPR Plan. Upon completion of this event, learners will be able to develop their facility's EPR plan according to guidelines within the NC Childcare Rules. Instructor will assess knowledge gained through presentation and feedback.

**(0.5 CEU/5.0 DCDEE contact hour credits) \$25**

**12/16/2017 10:00 AM - 1:00 PM**

**Be Active Kids**

This curriculum is an innovative, interactive, developmentally appropriate curriculum that focuses on nutrition, food, safety and physical activity for North Carolina children ages birth to five. The goal of the program is to give young children the tools they need to develop positive physical activity and nutrition habits for a lifetime of good health. Be Active Kids uses colorful characters, interactive hands-on lessons and bright visuals to teach children that physical activity, healthy eating, and food safety can be fun! At the completion, learners will be able to plan safe physical activities and give examples of healthy eating habits. Instructor will assess knowledge gained through group activities and feedback provided during presentation. Facilities will be provided with a free Be Active Kids kit for use in the classroom. **Failure to cancel or "no-shows" for trainings offered at no cost will automatically prohibit you from taking advantage of future trainings offered at no cost. (3 DCDEE contact hour credits - CHCs) 'Free'**

**12/16/2017 10:00 AM - 12:00 PM**

**ITS SIDS (Sudden Infant Death Syndrome)**

**This learning event satisfies the HEALTH AND SAFETY TRAINING Topic Area: 10A NCAC 09 .0706(b) (11)**

This required training developed by the NC Healthy Start Foundation's ITS-SIDS project, meets state requirements for ITS-SIDS training. Learners will discuss ways to reduce the risk of SIDS through safe sleep practices for infants. Learners will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rule, maintenance of the proper forms, and other "Best Practice" recommendations. During this learning event, learners will receive the needed information to create a Safe Sleep Policy, updated research about SIDS and local health and safety resources. At the conclusion, learners will be able to define SIDS, identify external stressors and risk factors associate with SIDS and list components of NC Child Care Rules for a Safe Sleep Policy. Learners will be given a Pre/Posttest to assess knowledge gained as a result of this event. **(2 DCDEE contact hour credits - CHCs) \$20**

