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Fifth Annual Forward March Conference

*Moving Families Forward
During Challenging Times*

November 20-21, 2014

Presenting Sponsors:
The Barry Robinson Center
Community Mental Health Center at Cape Fear Valley
Wounded Warrior Project

**SOUTHERN
REGIONAL AHEC**
AREA HEALTH EDUCATION CENTER

In affiliation with Duke University Medical Center
Part of the NC AHEC Program

**Partnership
FOR CHILDREN**
OF CUMBERLAND COUNTY

**SNYDER
MEMORIAL**
Baptist Church

PROGRAM INFORMATION

November 20, 2014

(8 a.m. - 4:45 p.m.)

November 21, 2014

(8 a.m. - 4:45 p.m.)

Fee

\$99 if registration and payment are received by November 7, 2014; \$129 thereafter.

Description

We would like to welcome you to the Fifth Annual Forward March Conference. Over the past four years, the Forward March Conference has been instrumental in increasing public awareness of the unique challenges experienced by military families, especially in times of various changes and multiple conflicts.

The conference has been a model of collaboration between local, state, and national organizations. The forum promotes and fosters outcomes by building effective lines of communication through collaboration between military and civilian professionals who serve military members and their families. There are many challenges that military members and their families face on a daily basis. Identifying the tools and resources in the community is necessary to effectively address their needs. The annual Forward March conference continues to be a major catalyst for providing military and civilian resources in working with military families.

We must not forget our service men and women as well as their families. These individuals continue to make sacrifices for our great nation. As Americans, we need to remember that military families may continue to face adversity after transitioning out of their service roles. We will continue to promote resiliency by providing support to service members and their families.

For more information about the conference please contact: La-Lisa Hewett-Robinson, MA, Southern Regional AHEC (910) 678-7293 or la-lisa.hewett-robinson@sr-ahec.org

For additional information about the conference or our military initiatives committee, Living in the New Normal, please contact: John Freudenberg, MBA, Government & Military Affairs Liaison with the Partnership for Children (910) 826-3122 or jfreudenberg@ccpfc.org

Location

Snyder Memorial Baptist Church
701 Westmont Drive
Fayetteville, NC 28305

Target Audience

This conference will be highly beneficial to social workers, counselors, psychologists, substance abuse professionals, case managers, clinicians, therapists, teachers, human service and behavioral health professionals, physical therapists, clergy, judicial and military affiliates. All other providers are welcome to attend.

Credits/Refunds

CEU: 1.2 • Contact Hours: 12.0

Credit will be awarded to participants who attend 100% of the program. SR-AHEC adheres to NAADAC Education Guidelines Provider #843 (Substance Abuse Credit). The program will provide 12.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this program. Southern Regional AHEC may award NBCC-approved clock hours for events that meet NBCC requirements. The ACEP maintains responsibility for the content of this event (Provider #5632).

As part of the NC AHEC system, SR-AHEC is an NCBPTE approved provider of continuing competence with regards to activities directly related to physical therapy. The program will award 12.0 contact hours for NCBPTE.

No partial credit will be given. Individuals arriving 15 minutes or more after the program has started will not receive credit.

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.



PROGRAM INFORMATION

Hotel Accommodations

Wingate by Wyndham
4182 Sycamore Dairy Road
Fayetteville, NC 28303

Tel: (910) 826-9200

Fax: (910) 826-9202

Email: wingatebywyndham1388@gmail.com



A block of rooms have been reserved at a discount rate of \$93 per night. The hotel offers several amenities for guests such as: 24-hour fitness facility, complimentary wireless internet access and continental breakfast.

Please contact the reservation desk at (910) 826-9200 or online at: <http://wingatehotels.com/hotel/01388> and use the corporate code "Forward March".

Contact

For information regarding program registration, please call (910) 678-7226. For questions regarding educational content or professional credit, please contact:

La-Lisa Hewett-Robinson, MA

Director, Mental Health Continuing Education
Southern Regional AHEC

Tel: (910) 678-7293

Email: la-lisa.hewett-robinson@sr-ahec.org

Melanie Wheeler

Tel: (910) 678-7209

Email: melanie.wheeler@sr-ahec.org

For continuing education references concerning inclement weather, tobacco-free campus, and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html>

EXHIBITORS

Army Community Service

www.fortbraggmwr.com/acs

Soldier Support Center, 3rd floor

4-2843 Normandy Drive, Fort Bragg, NC

Cape Fear Valley Health Systems

www.capefearvalley.com

1638 Owen Drive • Fayetteville, NC 28304

CRC Health Group

crchealth.com

P.O. Box 27 • Galax, VA 24333

Cumberland County Library

www.cumberland.lib.nc.us

300 Maiden Lane • Fayetteville, NC 28301

Hope-Thru-Horses, Inc.

www.hope-thru-horses.com

162 Schmidt Lane • Lumber Bridge, NC 28357

Fayetteville VA Medical Center

www.fayettevillenc.va.gov

2300 Ramsey Street • Fayetteville, NC 28301

Fayetteville Vet Center

www.va.gov/directory/guide/facility.asp?ID=486

4140 Ramsey St. Suite 110 • Fayetteville, NC 28311

FirstHealth Behavioral Services

<https://www.firsthealth.org>

35 Memorial Drive • Pinehurst, NC 28374

Junior League of Fayetteville

<https://www.jlfay.org>

2605 Fort Bragg Road • Fayetteville, NC 28303

Licensed Professional Counselors Association of NC

www.lpcanc.org

P O Box 266 • Knightdale, NC 27545

National Association of Social Workers-NC Chapter

<http://www.naswnc.org>

National Military Family Association

www.militaryfamily.org

3601 Eisenhower Avenue, Suite 425 • Alexandria, VA 22304

Old Vineyard Behavioral Health Services

<http://oldvineyardbhs.com>

3637 Old Vineyard Road • Winston-Salem, NC 27104

Partnership for Children Cumberland County

<https://ccpfc.org>

351 Wagoner Drive • Fayetteville, NC 28303

Southern Regional AHEC

www.sr-ahec.org

1601 Owen Drive • Fayetteville, NC 28304

The Barry Robinson Center

www.barryrobinson.org

443 Kempsville Rd, Norfolk, VA 23502

Wounded Warrior Project

www.woundedwarriorproject.org

4200 Morganton Road, Suite 300 • Fayetteville, NC 28314

FEATURED SPEAKERS



Kayla Williams, MA is a former sergeant and Arabic linguist for a military intelligence company of the 101st Airborne Division (Air Assault). During her deployment to Iraq, Williams was at the forefront of troops' interaction with Iraqis while also navigating the challenges of being part of the 15% of the Army that is female.

Kayla is the author of *Love My Rifle More Than You: Young and Female in the U.S. Army*, a memoir about her experiences negotiating the changing demands of today's military. She regularly speaks and writes about military and veterans' issues for numerous media outlets including MSNBC, CNN, BBC, *Huffington Post*, *The Guardian*, and *Slate*. Ms. Williams graduated cum laude with a BA in English Literature from Bowling Green State University, and earned an MA in International Affairs with a focus on the Middle East from American University. Kayla is a 2013 White House Woman Veteran Champion of Change, Truman National Security Project Fellow, and member of the Army Education Advisory Committee, and a former member of the VA Advisory Committee on Women Veterans. She currently lives near Washington, D.C. with her husband, a combat-wounded veteran. Her book *Plenty of Time When We Get Home: Love and Recovery in the Aftermath of War*, about his injury and their joint path from trauma to healing, was recently released.

Kayla Williams is a project associate at the RAND Corporation. Her research has included work on counterinsurgency, detention operations, building partner capacity, intelligence, veterans' health needs and education benefits, and economic assistance during stability operations.



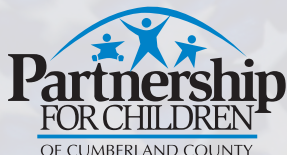
Kenneth R. Ginsburg, M.D., MEd, is a pediatrician specializing in adolescent medicine at The Children's Hospital of Philadelphia and a professor of pediatrics at the University of Pennsylvania School of Medicine. He also serves as director of Health Services at Covenant

House Pennsylvania, an agency that serves Philadelphia's homeless and marginalized youth.

In Dr. Ginsburg's adolescent medicine practice, he cares for a wide variety of medical conditions, while simultaneously addressing adolescent behavioral issues. He practices social adolescent medicine with special attention to prevention and the recognition that social context and stressors affect both physical and emotional health. His research over the last two decades has focused on facilitating youth to develop their own solutions to social problems and to teach clinicians how to better serve them. Dr. Ginsburg has more than 120 publications, including 30 original research articles, clinical practice articles, five books, a multimedia textbook for professionals, and internet-based and video/DVD productions for clinicians, parents and teens. His most recent books are *Building Resilience in Children and Teens: Giving Kids Roots and Wings* and *Letting Go with Love and Confidence: Raising Responsible, Resilient, Self-Sufficient Teens*. He is honored both to be working alongside Boys and Girls Clubs of America and with The National Congress of American Indians in its efforts to build resilience in our youth.

He has been humbled to work on behalf of those who serve our nation with The Military Child Education Coalition to prepare military parents, health professionals, counselors, and teachers to incorporate stress reduction and resilience building strategies for the nation's nearly two million military-affiliated children.

THANK YOU TO OUR HOSTS



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Part of the NC AHEC Program

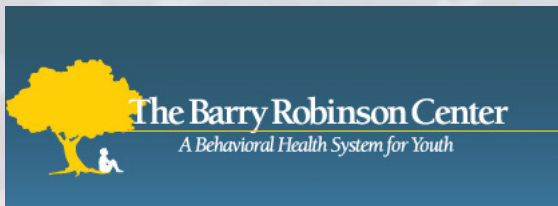


PROGRAM AGENDA

Thursday, November 20, 2014

- 8 a.m. **Welcome and Housekeeping** (To include recognition of dignitaries)
John Bigger, MS, LPC, Southern Regional AHEC
Presentation of Colors and National Anthem
Terry Sanford High School
- 8:05 a.m. **Welcome to Snyder Memorial Baptist Church**
Rev. John Cook, M.Div., MS, Pastor
- 8:10 a.m. **Fort Bragg Community Welcome**
Major General Clarence K.K. Chinn – XVIII Airborne Corps
- 8:20 a.m. **Introduction of Preliminary Presentation**
Dr. Deborah Teasley, CEO, Southern Regional AHEC
- 8:25 a.m. **Community Collaborations Supporting Military Children and Families (Fellowship Hall)**
Dr. Mary Keller, Military Child Education Coalition
Objective:
 - Discuss an overview of the Living in the New Normal initiative and community collaborations supporting military families.
- 8:40 a.m. **Introduction of Opening Plenary**
- 8:45 a.m. **Opening Plenary - Children's Development and Transitions (Fellowship Hall)**
Dr. Kenneth Fleishman and Dr. Parkavi Chellappa
Objectives:
 - Discuss the effects of trauma, loss, and separation in the first 2,000 days of a child's life; and
 - Discuss methods and resources for providing support to children impacted by military transitions
- 9:45 a.m. **Defining Moments: Video presentation of "What It's Like to Be a Military Kid"**
- 9:50 a.m. **Break**
- 10:05 a.m. Breakout Sessions
A) Overview of Military Mental Health First Aid (B1044)
Robert Wilson, Jr., M.A. (No NBCC credit offered for this presentation.)
Objectives:
 - Identify potential risk factors, warning signs, and range of mental health problems in working with service men and women; and
 - Discuss the prevalence of mental health disorders in the military and the need to reduce stigma.

THANK YOU TO OUR PRESENTING SPONSOR



www.barryrobinson.org
443 Kempsville Road • Norfolk, VA 23502

Behavioral Health Programs at the Barry Robinson Center are designed to provide highly structured, nurturing, success-oriented treatment programs for children and adolescents who are experiencing emotional and behavioral difficulties. They are the leading center for substance abuse specifically tailored to children and young adults. Our St. Brendan's Harbor program supports their unique health and emotional needs in a safe and caring environment.

PROGRAM AGENDA

B) Transitional VA Health Care (Parlor)

Elizabeth Goolsby, MSN and Edward Clark, M.S., LPC

Objectives:

- Describe the strategic plan for supporting veterans and their families; and
- Explain how VA clinics meet the growing needs of veterans.

C) Best Practices of Children and Adolescent Psychiatry (Chapel)

Dr. Kenneth Fleishman and Dr. Parkavi Chellappa

Objectives:

- Discuss the best practices for working with children and adolescents; and
- Describe family resources and community supports.

D) The New Face of Caregivers (B1045)

Sharon Locklear, MSW, LCSW, ACSW

Objectives:

- Describe the broad range of support systems of care for service members; and
- Identify resources to build resiliency and support for caregivers.

E) Trauma and Ethics in Working with Military Families (Fellowship Hall)

Dr. Mark Marquez and Dr. Greg Perkins

Objectives:

- Discuss trauma related issues in working with military families; and
- Describe ethical issues in delivering services to service members, veterans and families.

11:35 a.m. **Networking Break, Visit Exhibitors and Lunch (provided)**

11:55 a.m. **Introduction of Lunch Plenary**

Ron Buryk, MSW, Womack Army Medical Center

12 p.m. **Lunch Plenary - A Reflection on Being Young and Female in the U.S. Army** (Fellowship Hall)

Kayla Williams, MA

Objective:

- Describe the experiences of a female soldier in a combat zone.

1 p.m. **Break**

1:15 p.m. **Defining Moments: Video presentation of “What It’s Like to Be a Military Kid”**

THANK YOU TO OUR PRESENTING SPONSOR



www.capefearvalley.com/services/bhc.html
3425 Melrose Road • Fayetteville, NC 28304

Cape Fear Valley Behavioral Health Care offers inpatient mental health services for adults and outpatient services for children ages four and older, adolescents and adults. Behavioral Health Care offers psychiatric treatment, including evaluations, medical management, and group, family and individual therapy. Substance abuse treatment is also available.

PROGRAM AGENDA

1:20 p.m. **Plenary Presentation - Military Women's Panel (Fellowship Hall)**

Moderated by SGM Dixon-Swain

Sergeant Major Ruth Eggert

Leslie Gilliams

Colonel Kimberly D. Olson, Ret.

Brigadier General Tammy Smith

Major Kristina Richardson

Kayla Williams, MA

Objective:

- Describe the experiences of female service members related to family life, combat, career and occupation, domestic violence and sexual assault.

2:20 p.m. **Break**

2:25 p.m. Breakout Sessions

A) Care for the Caregiver: A Veteran's Perspective (B1045)

Kayla Williams, MA

Objectives:

- Discuss the experiences of being a caretaker in the aftermath of war; and
- Discuss family supports and resources.

B) Wounded Warrior Transition (Parlor)

Joe Brazzle

Marisol Huertas

Amy Stidham

Major David Williams

Objectives:

- Describe the elements of support for wounded warriors and their families; and
- Explain how the military, VA and community organizations are assisting wounded warriors and their families.

C) Understanding Suicide and the Military: Prevention, Intervention, and Postvention (Fellowship Hall)

Jodi Flick, MSW, LCSW, ACSW

Objectives:

- Discuss the relationship of mental health illness and brain injury of suicide among service members and veterans;
- Identify the risk factors and protective factors associated with suicide within military culture; and
- Discuss task force recommendations on the problem of suicide.

D) Tackling Compassion Fatigue: Enhancing Wellness for Military Caregivers and Helping Professionals (B1044)

Christina Clarke, MA

Objective:

- Identify the signs and symptoms of compassion fatigue; and
- Discuss strategies for managing and recovering from compassion fatigue.

THANK YOU TO OUR PRESENTING SPONSOR



www.woundedwarriorproject.org

4200 Morganton Road, Suite 300 • Fayetteville, NC 28314

To foster the most successful, well-adjusted generation of wounded service members in our nation's history. To raise awareness and enlist the public's aid for the needs of injured service members. To help injured service members aid and assist each other. To provide unique, direct programs and services to meet the needs of injured service members.

PROGRAM AGENDA

E) An Overview of Prolonged Exposure Therapy for PTSD (Chapel)

John Bigger, MS, LPC, Southern Regional AHEC

Objective:

- Identify the four basic components of Prolonged Exposure Therapy; and
- Explain the components of an In Vivo Exposure Hierarchy and Imaginal Exposure.

3:55 p.m. **Break**

4 p.m. **Introduction of Closing Plenary Speaker**

4:05 p.m. **Closing Plenary - Sequestration and Transitions in Working with Military Families (Fellowship Hall)**

Joyce Raezer, National Military Family Association

Objective:

- Discuss sequestration, transitions, funding issues supporting military families and community agencies providing services to them.

4:45 p.m. **Closing Remarks/Adjourn Day 1**

Friday, November 21, 2014

8 a.m. **Welcome & Housekeeping (Fellowship Hall)**

Eva Hansen, Partnership for Children Cumberland County

8:05 a.m. **Introduction of Opening Plenary**

Dr. Frank Till, Superintendent, Cumberland County Schools

8:10 a.m. **Opening Plenary - Building Resiliency with Military Children and Families (Fellowship Hall)**

Dr. Kenneth Ginsburg

Objectives:

- Discuss methods to build a trustworthy interaction;
- Explain the Seven C's model of positive youth development and resilience;
- Describe the behavioral change process and building confidence in youth; and
- Identify ways to communicate with youth that builds on their existing strengths.

11:10 a.m. **Defining Moments: Video presentation of "What It's Like to Be a Military Kid"**

11:15 a.m. **Networking Break, Visit Exhibitors and Lunch (provided)**

11:40 a.m. **Introduction of Lunch Plenary**

Colonel Jay Earles, Womack Army Medical Center

11:45 a.m. **Lunch Plenary - The Signature Injury: Mild TBI and the Military (Fellowship Hall)**

Dr. Wesley Cole, Defense and Veterans Brain Injury Center at Fort Bragg

Objective:

- Describe how combat stress, PTSD and mild TBI affect military service members.

12:45 p.m. **Defining Moments: Video presentation of "What It's Like to Be a Military Kid"**

12:50 p.m. **Break**

PROGRAM AGENDA

1 p.m. Breakout Sessions

A) Building Strengths and Supports between Military Couples (Parlor)

Dr. Jerry Powell, DMin, LPC, LMFT, NCC

Objectives:

- Discuss an overview of the unique challenges of military families;
- Discuss therapeutic methods for working with spouses; and
- Identify the importance of a family approach in the treatment of military families.

B) Evidence Based Approaches in Treating Substance Use Disorders Among Veterans (B1044)

Carlos D. Graham, MSW, LCSW, LCAS, MVF-CSW

Objectives:

- Examine the scope of substance use, co-occurring disorders and trauma with veterans; and
- Discuss research based findings and perspectives pertaining to veterans and substance use.

C) Bringing the War Home: Responding to Domestic Violence in the Military (Chapel)

Pamela Jacobs, J.D.

Objectives:

- Identify tactics utilized by abusive partners to gain, and maintain, power and control over family members;
- Describe the impact of domestic violence on military-connected families and children; and
- Discuss how to utilize effective strategies.

D) The Moral Challenges of War (B1045)

Paul Witt, M.Div., Fayetteville Veteran Affairs Medical Center

Objective:

- Discuss the impact deployments have upon perceptions of morality and spirituality; and
- Describe concepts and aspects of moral injury.

E) Behavioral Health Resources for Military Children and Teens (Fellowship Hall)

Robbin MacGregor, MA, Cumberland County Schools and Dr. John Lesica, Womack Army Medical Center

Objectives:

- Discuss how a community approach improves outcomes for military children; and
- Describe behavioral, holistic, and family approaches in working with military families and children.

2:30 p.m. **Break**

2:45 p.m. Community Collaboration Workshops

A) Passport to Community Resources (Fellowship Hall)

Anna Hurst Victor Glover Renee Lane Rob Mandel Laressa Witt

Objectives:

- Identify resources that can support military families and veterans throughout transitions and enhance helping professionals' toolkits to better serve military families at times of major transitions;
- Discuss resources related to employment, financial, peer support, housing, case management, transportation, TBI/PTSD, education.

B) Faith-based Community Supports Panel (Chapel)

Rev. Robert Alves Rev. Brandon Dunman Lynn Newsom Kelly Twedell

Objectives:

- Describe how faith-based organization support military-connected families; and
- Discuss the importance of faith-based organizations in providing augmented care for military-connected families.

PROGRAM AGENDA

C) Best Practices of Working with Adolescents with Co-occurring Disorders (Parlor)

Laura Danser, M.A., LPC

Objectives:

- Describe an integrative approach to treating co-occurring disorders; and
- Discuss a family-focused approach for treatment with military families.

3:45 p.m. **Break**

4 p.m. **Closing Plenary - Wounded Warrior (Fellowship Hall)**

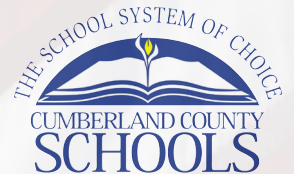
Objectives:

- Describe the strengths and challenges of being a wounded warrior; and
- Identify resources and approaches for working with wounded warriors.

4:40 p.m. **Closing Remarks**

4:45 p.m. **Adjourn**

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Fayetteville VA
Medical Center



PLANNING COMMITTEE

Beth Anderson

XVIII Airborne Corps

Whitney Brenner

United States Army Special Operations Command

Ronald Buryk

Womack Army Medical Center

Mary Ann Cleveland

United States Army Special Operations Command

Toni Cunningham-Dixon

Military Affairs Council, Fayetteville Regional Chamber

Mandy Downey

Blue Star Families

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John Freudenberg

Partnership For Children of Cumberland County, Inc.

Ann Hamilton

National Military Family Association

Eva Hansen

Partnership For Children of Cumberland County, Inc.

Monica Haynes

Partnership For Children of Cumberland County, Inc.

Nathania Headley

Alliance Behavioral Healthcare

La-Lisa Hewett-Robinson

Southern Regional Area Health Education Center

Kim Johnson

Fayetteville Veterans Affairs Medical Center

Robbin MacGregor

Cumberland County Schools

Mark Marquez

Dept. of Social Work, Fayetteville State University

Maureen McNeill

Community Volunteer

Greg Perkins

Dept. of Social Work, Fayetteville State University
Alliance Behavioral Health Care

Adrian Reeder

United States Army Special Operations Command

Anna Rodriguez

Cumberland County Schools

Carol Sharpe

Wounded Warrior Project

Jean Squier

Hoke County Partnership for Children

Nikkole Weiss

Family Endeavors

Meg Wilkins

Community Volunteer, Moore County NC

SPEAKER BIOGRAPHIES



Rev. Robert M. Alves, M.Div., is rector of St. John's Episcopal Church in Fayetteville, NC. He holds a BA in Economics from the University of the South and a M.Div. from Virginia Theological Seminary. Mr. Alves served as assistant rector at St. John's from 1989-1993 during Desert Shield/Desert Storm. He returned to St. John's as rector in 2010 after serving parishes in North Carolina and Connecticut.



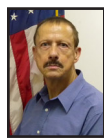
John Bigger, M.S., LPC, received his undergraduate degree in psychology from the University of Alabama and his Master's in Clinical Psychology in 1985. He has worked in a variety of clinical settings ranging from an outpatient state mental health program to a private in-patient treatment center. John's specialty areas include the treatment of chemical dependency, identification and treatment of eating disorders, and crises intervention. He is also a Licensed Professional Counselor. John is currently the Administrator of Mental Health Continuing Education for Southern Regional AHEC and the Project Director for the North Carolina Evidence Based Practices Center in Fayetteville, NC. He is also the president of the Behavioral Health Professionals Association of Cumberland County.



Major Joe Brazzle serves as an outdoor retreat specialist on the Wounded Warrior Project's combat stress team. Over the last 4 years he has led adventure education retreats designed to help Warriors and family members cope with combat stress, traumatic brain injury, and PTSD. Joe is a U.S. Army combat veteran and retired Sergeant First Class. He holds a Master of Arts in Counseling from Webster University and a Bachelor of Science in Psychology from Campbell University. Joe is committed to a life of helping others embrace the challenges of change and restoring adventure back into family living.



Parkavi Chellappa, M.D., has been approved for the medical staff of Cape Fear Valley Health System and has joined Behavioral Health Care Children and Adolescent Services. Dr. Chellappa received her medical degree from Madurai Medical College in Madurai, India. She completed a residency in psychiatry at University of Arizona—University Medical Center in Tucson. Dr. Chellappa completed a fellowship in child and adolescent psychiatry at Cedars Sinai Medical Center in Los Angeles, Calif. She is board certified in child and adolescent psychiatry.



Edward Clark, M.S., LPC, entered the United States Army in 1971 and served for the next 27 years. His military career culminated with retirement in 1998 at the rank of Sergeant Major. In 2000, Mr. Clark began work at Cumberland County Department of Social Services. He worked as a case manager, a social worker, a social work supervisor, and a clinical counselor. In 2005, he received his Masters in Psychology from Fayetteville State University, and in 2007 was licensed as a Licensed Professional Counselor, and a National Certified Counselor. In 2008, Mr. Clark began work at the Fayetteville Vet Center as a Readjustment Counseling Therapist. In 2010, he moved into the position of Team Leader at the Vet Center where he continues to lead the vet center staff in providing quality services to our nation's heroes.



MG Clarence KK Chinn, M.S., is the deputy commanding general of the United States Army Special Operations Command. He is a graduate of the United States Military Academy at West Point and received a Master's degree in Strategic Studies from the Army War College. As an infantry officer, he has served in a variety of command and staff positions in Airborne, Air Assault, Light Infantry and Ranger units. MG Chinn is a graduate of the Infantry Officer Basic and Advanced Courses, Command and General Staff College and the Army War College. He is also a graduate of the Ranger Course, Airborne School, Jumpmaster School, Infantry Mortar Platoon Course, Air Assault School and Jungle Warfare Training Course.



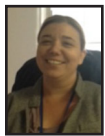
Christina Clarke, M.S., HS-BCP, is the coordinator of Continuing Medical Education for Wake Forest School of Medicine and Northwest Area Health Education Center. She previously managed a statewide staff development project for the Division of State Operated Healthcare Facilities and the North Carolina Department of Health and Human Services. Ms. Clarke has extensive experience as a clinician, administrator, consultant, and educator in the behavioral health and human services fields. She has developed numerous evidence-based behavioral health practices training curricula for both private and state behavioral health agencies to address agency and staff development needs. Ms. Clarke has also provided consultation through her consulting agency, Intensive In-Home Consulting Services, to behavioral health agencies in various states on the development and implementation

SPEAKER BIOGRAPHIES

of Intensive In-Home Services counseling for children and families. She received her MS degree in Human Services and Clinical Counseling from Post University and is a Human Services Board-Certified Practitioner. Ms. Clarke speaks regularly at local, regional, and national conferences on various health and human services related topics. She is also a nationally certified Mental Health First Aid instructor.



Wesley R. Cole, Ph.D., received a bachelor's degree in psychology from James Madison University. He earned a master's degree and doctorate in clinical psychology from the University of South Carolina. After moving to Baltimore, Cole completed predoctoral internships and postdoctoral fellowships in pediatric psychology and neuropsychology at the Kennedy Krieger Institute, an affiliate of the Johns Hopkins School of Medicine. He worked for a year at the Kennedy Krieger Institute's Department of Neuropsychology. In 2008, he accepted a job at the Womack Army Medical Center's Concussion Care Clinic. Looking to expand his roles into research activities, he joined the DVBIC at Fort Bragg in 2009.



Laura Danser, M.A., LPC, received her B.S. in psychology from the University of Central Missouri, and her M.A. in counseling psychology from Bowie State University. She is dually licensed as a marriage and family therapist and licensed substance abuse treatment practitioner. She works with families with children that have co-occurring disorders and oppositional defiant disorder. Ms. Danser uses cognitive behavioral therapy, dialectical behavioral therapy, motivational interviewing, and psycho-educational groups to address development of anger management and conflict resolution skills as well as comorbid diagnoses; and introduces residents and families to the (AA/NA) 12-step model to recovery.



Sergeant Major Jacqueline M. Dixon-Swain, M.S., a native of Erie, Pennsylvania, entered the Army in 1991 after completing a Bachelors Degree in Criminal Justice with Edinboro University in Edinboro Pennsylvania. She has a Master of Science degree in Criminal Justice from the University of Phoenix. She completed One Station Unit Training (OSUT) at Fort McClellan, Alabama where she was awarded 31B Military Police as her primary Military Occupational Specialty. SGM Dixon-Swain has served in Korea, Germany, Panama, Cuba,

Iraq and Afghanistan over the course of her career. She is currently assigned to HHC 16th Military Police Brigade at Fort Bragg.



Reverend Brandon Dunman has been affiliated with HEROES Care since early 2009. Under Dunman's efforts, the HEROES Care Program has developed into hundreds of Outposts in several states and has led to over 1,500 trained Stephen Ministers/Stephen Leaders. In June of 2010, he completed the training to become a Stephen Leader himself. Within the HEROES Care Program, Brandon has worked with numerous churches across denominational lines to meet the psychological, spiritual, and physical needs of service members and their families from deployment through post-reintegration. Brandon has also been serving in the ministry since 2000. He served as associate pastor of Living Faith Church in Festus, MO before moving on to the role of Senior Pastor of Grubville Baptist Church in Grubville, MO. From there, he served as the Pastor of All God's Children Camp and Worship Center until the church closed in January of 2010. He currently serves as Co-Pastor of Tree of Life Christian Church in Oermann, MO.



Sergeant Major (SGM) Ruth Eggert enlisted in the Army in 1991 as a 37F Psychological Operations (PSYOP) Specialist, has since taught at the Special Warfare Training Group, and has served in Germany, Iraq, and Afghanistan. She was promoted to SGM by November 2011, and deployed again to work with NATO in North Kabul Afghanistan International Airport (NKAIA) as the J7 SGM. She returned to Fort Bragg, NC in February of 2014 to work as the 1st Military Information Support Operations (A) Operations SGM under 8th Military Information Support Group (A).



Kenneth Fleishman, M.D., has been approved for the Associate Staff and has joined Behavioral Health Care. Dr. Fleishman received his medical degree from East Carolina University Brody School of Medicine in Greenville. He completed a residency in general psychiatry at The Sheppard and Enoch Pratt Hospital in Towson, Maryland and a fellowship in child and adolescent psychiatry at Emory University Hospitals in Atlanta, GA. Dr. Fleishman was previously Medical Director of Laurel Heights Hospital in Atlanta, GA from 2001 to 2014. He is board certified in general psychiatry and child and adolescent psychiatry.

SPEAKER BIOGRAPHIES



Jodi Flick, LCSW, ACSW, is a clinical assistant professor with the UNC-Chapel Hill School of Social Work, and also worked nights and weekends as a Crisis Counselor with the Chapel Hill Police Department for the past 19 years. She is a member of the NC Suicide Prevention Task Force and of the Triangle Consortium for Suicide Prevention. She also facilitates the Chapel Hill Survivors of Suicide Loss Support Group. Ms. Flick is a licensed clinical social worker and has provided direct services in out-patient and in-patient mental health, in emergency poverty relief services, and in medical social work, with over 35 years of clinical social work experience. Ms. Flick has considerable experience teaching at conferences, colleges and local organizations.



Leslie Gilliams, B.S., is an AmeriCorps VISTA member assigned to Community Blueprint Fayetteville (CBF) through the American Legion Auxiliary Call to Service Corps. In her assignment as a Military Community Outreach Specialist, Leslie maintains and develops the distribution list of CBF partners, keeps the community aware of events, social issues and services provided for service members, veterans and their family members through newsletters, emails and monthly subject focused discussions with local agencies, organizations and volunteers. Prior to joining the Call to Service, Leslie held positions in advocacy, early childhood development and youth mentorship with organizations such as: Fayetteville Urban Ministry, Child Development Center and Onslow County Teen Court Program. Leslie holds a Bachelor of Science in Criminal Justice Administration from Mt. Olive College and currently pursuing a Masters in Social Work from University of Southern California; which she will complete December 2014.



Carlos D. Graham, MSW, LCSW, LCAS, MVF-CSW, is the team leader at the Myrtle Beach Vet Center. He served as a U.S. Air Force Security Policeman in the Persian Gulf combat theater in support of Operation Southern Watch. Mr. Graham also served three years in the NC Army National Guard. He received a Master of Social work degree from the University of South Carolina. Mr. Graham maintains clinical social worker licensure in NC and SC, a specialty clinical licensure in substance abuse and a specialty certification in clinical social work practice with military personnel, veterans and family members. Most of his practice experience has been with veteran populations suffering from PTSD, substance abuse or dual diagnosis.



Elizabeth Goolsby, MSN, has served as the Veterans Affairs Medical Center Director in Fayetteville, North Carolina since July 4, 2010. She has the overall responsibility for planning, organizing, directing, coordinating, and controlling medical, administrative, and supporting operations of a health care system which administers medical care and treatment to veterans in 19 counties in North Carolina and two counties in South Carolina. The care is delivered through a medical center and four community-based outpatient clinics. The position requires oversight of major construction projects to include internal Medical Center renovations, building of a Health Care Clinic (HCC); building of a super outpatient clinic, building of a community based chronic dialysis center and building of additional community based outpatient clinics. The position requires close working relationships with three major military installations for sharing of service, resources, educational opportunities and collaborations.



Eva Hansen, B.S., has 38 years of experience as a professional and volunteer working to improve the lives of children and their families. She has been involved with Smart Start since 1995 and has lead the Partnership for Children as the president for over 15 years. After moving to Fayetteville, NC in 1984 she was the Coordinator of The Rape Crisis Center followed by eight years developing and supervising the Treatment Foster Care Program at the Cumberland County Mental Health Center. In 1992, she became the Training Director for the Rumbaugh Clinic-Ft. Bragg Child and Adolescent Mental Health Demonstration Project. Ms. Hansen earned a B.S. degree in Family Services from Northern Illinois University. Ms. Hansen is a past recipient of the Fayetteville-Cumberland Chamber of Commerce Athena Award and the North Carolina Partnership for Children's Karen W. Ponder Leadership Award.



WTB CMDR Marisol Huertas, BSN, MHA, has been serving as the program manager for the Operation Iraqi Freedom/Operation Enduring Freedom/Operation New Dawn Veterans (OEF/OIF/OND) at the Fayetteville VAMC since February 2014. She obtained her Bachelor's Degree in Science with concentration in Nursing (BSN) at the Interamerican University in Puerto Rico and has a Master Degree in Health Administration (MHA) from the University of Phoenix which she received in 2007. Ms. Huertas has been working at the FVAMC since April 1992 and for the past

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six years she has been working as a case manager for OEF/OIF/OND Case Management Team, ensuring a smooth transition of Service Members (SM) and case managing seriously ill/injured Veterans. As the acting program manager she provides oversight of the OEF/OIF/OND Program and assumes technical and administrative responsibilities for the management of this program.



Anna Hurst is the North Carolina Community Relation Specialist for The Barry Robinson Center. She grew up as a military dependent and understands the unique dynamic of the military family. She has since been a long-time advocate for servicemen and their families. Anna has worked the past 15 years in the human services field and has a broad knowledge of family resources. This is her second year as a supporter of the Forward March Conference.



Pamela Jacobs, J.D., is an attorney, advocate, and speaker dedicated to ending sexual assault and domestic violence. Pam has served as the executive director of a statewide organization representing 23 non-profit advocacy programs. She has also represented victims of domestic and sexual violence in legal proceedings, provided consultation to military installations, and advocated for victims with the media and legislature. Currently, Pam provides trainings nationwide to military personnel and command staff, educators, advocates, attorneys, healthcare professionals and community members about how to effectively respond to and prevent sexual and domestic violence. She is also a consultant with Courage Beyond, a national non-profit providing free and confidential services to veterans, service members, and families. Pam has served as an adjunct professor for over eight years and as a law clerk in both state and federal court. She received her Juris Doctorate from Washburn University School of Law, graduating with Dean's Honors, and her Bachelor of Business Administration from Lincoln University, graduating Summa Cum Laude.



Sergeant Tiffany Jacobs (Ret.) enlisted in the United States Air Force and later became the Non-commissioned Officer in charge of force management and the Commander Support Staff for an Air Force Special Operations Squadron. After serving 11 years of active duty she was honorably and medically retired due to service-connected injuries, but her service to her country did not end there—Tiffany decided to make it her mission to help other wounded warriors and

veterans focus on what they could do versus what they couldn't do.



Mary M. Keller, Ph.D., President and CEO of the Military Child Education Coalition (MCEC), was one of the founders of the organization in 1998, which was created in response to the educational needs of military-connected children and youth. As an area superintendent, school administrator and K-12 as well as higher education professional for over 21 years, Dr. Keller was uniquely positioned to witness the challenges military families faced in times of transition due to moves, deployment or separation. Earning her doctorate from Texas Tech University, Dr. Keller holds several professional certifications, including superintendency, mid-management supervision and teacher education as well as a mediation certification from the Texas Bar Association.



John J. Lesica, M.D., serves as a child and adolescent psychiatrist at Womack Army Medical Center. He conducts outpatient assessment and treatment of children and adolescents. He is also an active participant in community education and is the director of the Child Psychiatric Program. He received his M.D. from Georgetown University School of Medicine in Washington D.C. and is Board Certified by the American Board of Pediatrics, the American Board of Psychiatry and Neurology and American Board of Psychiatry and Neurology in Child Psychiatry.



Sharon Locklear, M.S., received her Master of Social Work from the University of South Carolina, and is a certified grief coach currently employed with Fayetteville VAMC as a caregiver support coordinator. She is a member of the National Association of Social Workers, NASW-NC, National Speakers Association and NSA-NC. She is a volunteer with the Alternative to Violence Project and co-facilitates AVP trainings throughout the Carolinas. Prior to working for the VA, she was employed by DoD and worked for the Army. Her positions included family programs director and family outreach specialist; human resources specialist; Wellness and Readiness program specialist; and deployment cycle support social work care manager at Fort Sill, Oklahoma.



Robbin MacGregor is the K-12 coordinator for 148 masters-credentialed counselors in the Cumberland County School System. She is a magna cum laude graduate of East Carolina

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University and an honor graduate of Campbell University's Masters in Education – Counseling Program. Her prior experience encompasses administration of Adult Workforce Literacy and Family Literacy initiatives through Fayetteville Technical Community College, intake assessment services through Cumberland Psychiatric Hospital, and disability determination and case management through the North Carolina Department of Vocational Rehabilitation. She is a strong student advocate who serves on the Counseling Advisory Committee for the Department of Public Instruction. She chairs the Cumberland County School's Anti-Bullying Task Force, coordinates the district wide Academy of Scholars Program, and chairs the Amazing Acts of Character Program.



Mark Marquez, Ed.D., is an assistant professor of social work at Fayetteville State University and has been a Licensed Clinical Social Worker (LCSW) in North Carolina for over 25 years. He presents locally, regionally and nationally on a variety of subjects including the military, disasters and ethics related. His recent publications include a collaborative publication entitled, *The Military and Intimate Partner Violence—A Call for Open Discussion*, as well as a sole author publication entitled, "A Perspective on Global Disaster Behavioral Health," in the *International Journal of Science, Commerce and Humanities*.



Lynn Newsom and her husband Steve are the directors of Quaker House, a mission of the Religious Society of Friends to provide counseling and support to service members and their families. Quaker House provides counseling to service members and veterans on issues concerning discharges, domestic violence and sexual assault therapy, Mindfulness classes, educational programs on moral injury, conflict resolution training, Alternatives to Violence Project training, and more. Lynn is a retired educator and conflict resolution trainer.



Colonel Kimberly Olson, M.S. (Ret.), is the CEO and President of Grace After Fire, a Texas-based nonprofit dedicated to helping women veterans help themselves. Under her leadership, her team has helped over 5,500 female veterans find employment, access mental and physical health providers, and conduct peer to peer network training. Kimberly experienced first-hand the human heartbreak that is war and advocates for appropriate research, funding and care for women in the military. In the Air Force, she was part of the first generation of female military pilots, eventually

accumulating nearly 4,000 hours of flying time. As one of the first women to command an operational flying squadron, Kimberly rose to the rank of Colonel, served in the Pentagon on the Joint Staff, Office of the Secretary of Defense, and the Air Staff and deployed to several combat zones, including Iraq. A graduate from Ohio State University with a bachelor's degree in education, she earned three masters' degrees, a fellowship at Seminar XXI Center for International Studies, MIT, and completed the Superintendents' Academy with the Broad Center for the Management of School System.



Gregory E. Perkins, Ph.D., has more than 15 years of experience as a mental health practitioner, program services manager and quality assurance and community integration specialist in the field of mental health, intellectual developmental disabilities and substance abuse services. He is a veteran having served more than 22 years in the U.S. Army. As a social work educator, his research has focused on military families and secondary trauma, ethics in social work practice, and as an advocate for behavioral health services for veterans. Dr. Perkins is a community relations specialist with Alliance Behavioral Healthcare and currently serves as an assistant professor and the assistant department chair for the Department of Social Work at Fayetteville State University. He is also a faculty scholar to the Center for Defense and Homeland Security.



Jerry Powell, D.Min., has been an ordained minister for 36 years and is a retired Army chaplain with 20 years of service in military ministry with a deployment to Iraq in 2005. Dr. Powell is a licensed marriage and family therapist and a Licensed Professional Counselor and National Certified Counselor. He is an approved clinical supervisor and on the Counseling teaching faculty of Webster University on Fort Bragg. His practice specializes in working with military personnel and families, and he has extensive experience serving soldiers and families when the soldier has returned from deployment. Dr. Powell holds a Master of Divinity degree, an MS in Community Counseling, and a Doctor of Ministry degree. He is in private practice as a mental health counselor in Fayetteville at Banner Consulting.



Joyce Wessel Raezer, M.A., became the executive director of the National Military Family Association in 2007. In that position, she guides the management of the Association's programs

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and initiatives that serve the families of the seven uniformed services and that promote improvements in their quality of life. She has represented military families on several committees and task forces for offices and agencies of the Department of Defense (DoD) and military services, including the Department of Defense Education Activity (DoDEA), the U.S. Army Community and Family Support Center, the Defense Commissary Agency and the TRICARE Management Activity (TMA). Joyce earned a B.A. in History from Gettysburg College, and a M.A. in History from the University of Virginia.



MAJ Kristina Richardson is currently assigned to the U.S. Army Special Operations Command (USASOC) at Fort Bragg North Carolina. For the last fifteen years, she has served in the Army as a helicopter pilot flying the UH60 Blackhawk and UH72 Lakota. Over the course of her career, she has been stationed in Colorado, Alabama, Hawaii, South Korea and New York. She was also a flight company commander deployed in support of Operation Iraqi Freedom (OIF) flying missions in Iraq, Kuwait and Turkey. Kristina's civilian education includes a Bachelor of Science Degree from the United States Military Academy (USMA) where she also received a Regular Army commission as a Second Lieutenant (2LT) in 1999. Additionally, she earned a Master of Science in Engineering and Management from the System Design and Management (SDM) Program at the Massachusetts Institute of Technology (MIT) in 2009.



Brigadier General Tammy Smith, D.M., assumed duties as director of Human Capital Core Enterprise for the United States Army Reserve on June 11, 2012. Prior to assignment as the director, she served as chief, general officer management office and director, senior leader development office for the Army Reserve. BG Smith was a four-year Reserve Officer Training Corps scholarship recipient and graduated from the University of Oregon in 1986. She was commissioned as a Second Lieutenant in the Quartermaster Corps. During her 26-year military career she has served in a variety of logistics, operations, training and personnel assignments. Brig. Gen. Smith holds a Doctor of Management degree in Organizational Leadership from the University of Phoenix and is a member of the Delta Mu Delta International Business Honor Society. Her research focus was executive leadership and senior leader transitions into new organizations. She holds a Masters of Arts in Management from Webster University. She also holds a Masters in

Strategic Studies as a graduate of the United States Army War College.



Major Kent G. Solheim enlisted in the U.S. Army in 1994 and was commissioned an Armor Second Lieutenant in 1999. He has served in Korea, Afghanistan, and Iraq, where he was wounded in action, but returned to full duty after rehabilitation and has deployed repeatedly since then. In 2014, Major Solheim was assigned to Fort Bragg to the Combating Terrorism Center as the USASOC Fellow. His awards include the Purple Heart, the Silver Star, and the Bronze Star, among others.



Amy Stidham, M.S., is Cape Fear Botanical Garden's Therapeutic Horticulture Director. She is retired Navy and her husband is retired Army. As a former volunteer with Family Support Groups, Armed Services YMCA, and Army Community Services, she has a close connection with military families. Amy holds a BA in Psychology, an MS in Systems Technology, is a Certified Cumberland County Extension Master Gardener Volunteer and North Carolina Environmental Educator. She currently leads a six-week, nationally recognized "Intro to Horticulture" program through the cooperative efforts of Cape Fear Botanical Garden, FTCC Horticulture Technology Program, North Carolina Cooperative Extension (Master Gardener Volunteers), Warrior Transition Battalion and the Wounded Warrior Project. Through the support of the Wounded Warrior Project, this program blends stress mitigation, hands-on learning, and peer support with the benefits of therapeutic horticulture (cognitive, occupational, physical and spiritual) to inspire and encourage individuals.



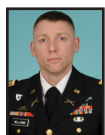
Deborah Teasley, Ph.D., FACHE holds a Ph.D. in Health Administration from Texas A&M University and Bachelor's and Master's degrees in Nursing from The University of Texas Medical Branch in Galveston, TX. She is President and CEO of Southern Regional Area Health Education Center and adjunct Assistant Dean at Duke University Medical Center. Dr. Teasley is a Fellow in the American College of Healthcare Executives and has served as a Regent for the college.



Frank Till, Ph.D., has devoted his professional life to the education of children. Starting his career as a math teacher in San Diego, California, he held several positions including principal,

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associate superintendent, area superintendent and deputy superintendent. In July 1999, Dr. Till became superintendent of the Broward County, Florida school system. The long-time educator earned his Bachelor's degree in Mathematics/Economic and a Master's degree in Curriculum and Instruction from San Diego State University, and his Doctorate in Leadership Development from the University of Southern California. Dr. Till became superintendent of Cumberland County Schools in 2009, where he has focused on raising student achievement. He has worked with the community to honor its veterans who served during wartime and were not able to earn their high school diplomas, as well as with other community groups.



Major David G. Williams hails from Lynchburg, VA. He was commissioned as a 2nd Lieutenant of Infantry from the University of Tennessee in 2002. He completed a Master's Degree in U.S. History War and Society from the University of Tennessee in 2010, before assuming duties as an Instructor/Facilitator and Course Manager at the Combined Logistics Captains Career Course at Fort Lee, Virginia. Major Williams currently serves as the Warrior Transition Battalion Executive Officer at Fort Bragg, North Carolina. His awards include the Combat Infantry Badge, Expert Infantry Badge, Parachutist Badge, Bronze Star Medal for service, Meritorious Service Medal, Global War on Terrorism Expeditionary Medal, and the Bronze Star, among others.



Robert L. Wilson Jr., M.S., is a director of mental health continuing education at Southern Regional Area Health Education Center and Project Coordinator for the NC Evidence Based Practices Center. He received his Masters Degree in Sociology from Fayetteville State University and Bachelors Degree in Psychology from Rowan University. Robert has a background in mental health, healthcare education, community development, integrated care, and working with at risk youth and their families. Robert is a nationally certified Mental Health First Aid Instructor in adult and youth.



Paul Witt, M.Div., received a Ministerial Bachelor of Science degree from Bethany Bible College, and a Master of Divinity degree from the Assemblies of God Theological Seminary, Springfield, MO. After serving as a chaplain in the United States Navy for 20 years, he joined the VA in 2007 as a staff chaplain. His primary area of expertise is marriage and bereavement

counseling. Paul Witt is currently the chief of chaplain services at the Fayetteville VAMC. His expertise is in marriage, family and bereavement counseling. In 2007, he joined the VA as Staff Chaplain at the VA Medical Center in Danville, IL. As a retired Lt. Commander, he served as the Navy Chaplain and the acting chief of chaplain service.

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Session 1 - November 20 at 10:05 a.m.

- ☐ 1A Overview of Military Mental Health First Aid
- ☐ 1B Transitional VA Health Care
- ☐ 1C Best Practices of Children w/ Adolescent Psychiatry
- ☐ 1D The New Face of Caregivers
- ☐ 1E Trauma/Ethics in Working w/ Military Families

Session 2 - November 20 at 2:25 p.m.

- ☐ 2A Care for the Caregiver: A Veteran's Perspective
- ☐ 2B Wounded Warrior Transition
- ☐ 2C Understanding Suicide and the Military
- ☐ 2D Tackling Compassion Fatigue
- ☐ 2E An Overview of Prolonged Exposure Therapy for PTSD

Session 3 - November 21 at 1 p.m.

- ☐ 3A Building Strengths and Supports b/t Military Couples
- ☐ 3B Evidence Based Approaches in Treating Substance Use Disorders Among Veterans
- ☐ 3C Bringing the War Home: Responding to Domestic Violence in the Military
- ☐ 3D The Moral Challenges of War
- ☐ 3E Behavioral Health Resources for Military Children/Teens

Session 4 - November 21 at 2:45 p.m.

- ☐ 4A Passport to Community Resources
- ☐ 4B Faith-based Community Supports Panel
- ☐ 4C Best Practices of Working w/ Adolescents

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