

Third Annual

FORWARD MARCH CONFERENCE:

Moving Military Families Forward During Challenging Times
October 18-19, 2012



In affiliation with Duke University Medical Center
Part of the NC AHEC Program



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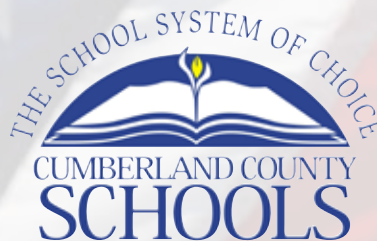
CAPE FEAR VALLEY



North Carolina
MENTOR

The
Community
Blueprint

A POINTS OF LIGHT INITIATIVE



**JUNIOR LEAGUE OF
FAYETTEVILLE**

Women building better communities



IMPORTANT INFORMATION

Hotel Accommodations

Comfort Inn Fort Bragg
1922 Skibo Road Fayetteville, NC 28314
910-867-1777
<http://www.comfortinn.com/ires/en-US/html/ArrivalInfo?hotel=N C448&srp=LAHEC&pu=no>

A block of rooms has been reserved at a discounted rate of \$79.99 per night. This hotel offers several amenities for guests that includes a Wednesday evening dinner, hot breakfast and wireless internet. Please contact the reservation desk at (910) 867-1777 or online at <http://www.comfortinn.com/hotel-fayetteville-north-carolina-NC421> for reservations use the corporate code "LAHEC".

Questions and Suggestions

For information regarding program registration, please call (910) 678-7226. For questions regarding educational content or professional credit, please contact:

La-Lisa Hewett-Robinson, MA, Southern Regional AHEC
(910) 678-7293 or la-lisa.hewett-robinson@sr-ahec.org
or Macey Greenbaum
910-678-7241 or macey.greenbaum@sr-ahec.org

Americans with Disabilities Act

No individual with a disability is excluded, segregated or otherwise treated differently from any other individual. If you need any of the auxiliary aids or services identified by the Americans With Disabilities Act of 1990 in order to attend this program, please call (910) 678-7241.

Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, this program does not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

Inclement Weather Policy

In case of inclement weather, please call our operations line at 910-678-7289.

EXHIBITORS

Give an Hour

Booz Allen Hamilton

National Military Family Association

Fayetteville VET Center

Partnership for Children of Cumberland County

Army Community Service (ACS)

Junior League of Fayetteville

Blue Star Families

Fayetteville VA Medical Center

Military Child Education Coalition (MCEC)

Southern Regional AHEC

Thank You to

OUR HOSTS



In affiliation with Duke University Medical Center
Part of the NC AHEC Program

PLANNING COMMITTEE

Debbie Allyn

Senior Spouse, Family Readiness Advisor, Fort Bragg, NC

Ellen Brewster

Senior Spouse, Womack Army Medical Center Commander

Ronald Buryk

LTC U.S. Army (Ret.)

Joanne Chavonne

Fayetteville CARES

Mary Ann Cleveland

U.S. Army Veteran & Senior Spouse, U.S. Army Special Operations Command

Toni Cunningham-Dixon

Military Affairs Council, Fayetteville Regional Chamber

Donna Earle

Military Child Education Coalition

John Freudenberg

Partnership for Children of Cumberland County, Inc.

Eva Hansen

Partnership for Children of Cumberland County, Inc.

Monica Haynes

Partnership for Children of Cumberland County, Inc.

Nathania Headley

Cumberland County Mental Health Local Management Entity

Kelly Henry

Blue Star Families

La-Lisa Hewett-Robinson

Southern Regional Area Health Education Center

Christina Hicks

Give an Hour-Community Blueprint Network

Kim Johnson

Fayetteville Veterans Affairs Medical Center

Tammy Laurence

United Way of the Triangle

Jenna Londynsky

Partnership for Children of Cumberland County, Inc.

Robbin MacGregor

Cumberland County Schools

Maureen McNeill

Community Volunteer

Siobhan Norris

Give an Hour-Community Blueprint Network

Adrian Reeder

Senior Spouse, U.S. Army John F. Kennedy Special Warfare Center and School

Anna Rodriguez

Cumberland County Schools

Kim Sanborn

U.S. Army Veteran & Senior Spouse, Fort Bragg, Garrison

Jane Smith

Fayetteville State University

Jaye White

St. Luke's United Methodist Church

PROGRAM INFORMATION

Dates and Times

October 18, 2012 and October 19, 2012
8:30 am - 4:45 pm 8:30 am - 4:45 pm

Fee

\$99.00

Location

Snyder Memorial Baptist Church
701 Westmont Drive
Fayetteville, NC 28305

Target Audience

The conference will be highly beneficial to social workers, counselors, psychologists, substance abuse professionals, case managers, clinicians, therapists, teachers, human service and behavioral health professionals, clergy, judicial and military affiliates. All other providers are welcome to attend.

Description

We would like to welcome you to the 3rd Annual Forward March Conference. Over the past two years the Forward March Conference has been instrumental in increasing public awareness of the unique challenges faced by military families, especially in times of various conflicts and frequent deployments. The conference has been a model of collaboration between national, state, and local organizations. It has aided in breaking down silos, building better and more effective lines of communication, and creating collaboration between military and civilian professionals who serve military members and their families.

There are many challenges that military members and their families face on a daily basis. Identifying the tools and resources in the community is necessary to effectively address their needs. The annual Forward March conference continues to be a major catalyst for providing military and civilian resources in working with military families. We must not forget our service men and women as well as their families. These individuals continue to make sacrifices for our great nation. As Americans we need to remember that military families may continue to face adversity after transitioning out of their service roles. We will continue to support those affected by conflict and promote resiliency by honoring service members and their families.

To echo the sentiments of a great General, the strength of our men and women in uniform lies in families, and there is no better time than now to come together as a community to build strong coalitions in support of military families.

For more information about the conference please contact: La-Lisa Hewett-Robinson, MA, Southern Regional AHEC (910) 678-7293 or la-lisa.hewett-robinson@sr-ahec.org

For additional information about the conference or about "Living in the New Normal" please contact: John Freudenberg, Government & Military Affairs Liaison with the Partnership for Children (910) 826-3122 or jfreudenberg@ccpfc.org.

Credits

CEU: 1.2 • Contact Hours: 12.0

Credit will be awarded to participants who attend 100% of the program. Southern Regional AHEC adheres to NBCC Continuing Education Guidelines Provider #5362 and adheres to NAADAC Education Provider Guidelines Provider #843 (Substance Abuse Credit). This program will provide 12.0 contact hours (category A) continuing education credit to NC Psychologists. Southern Regional AHEC is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

No partial credit will be given. Individuals arriving 15 minutes or more after the program has started will not receive credit.

AGENDA

Thursday, October 18, 2012

8:30 am **Welcome & Housekeeping - Fellowship Hall**
John Bigger, MS, LPC
Administrator of Mental Health CE
Southern Regional AHEC

9:00 am **Welcome to Snyder Memorial Baptist Church**
Rev. John Cook, M.Div., MS, Pastor
(To include recognition of dignitaries.)

9:15 am **Welcome to Cumberland County**
Introduction of First Dignitary
Marshall Faircloth, Cumberland County
Commissioners Chair

9:30 am **First Dignitary**
MG John W. Nicholson, Jr.
82nd Airborne Division Commanding General

9:40 am **Introduction of Opening Plenary**
GEN Dan McNeill (Ret.)

9:45 am **Opening Plenary**
"Overcoming Stigma - A Legacy of Hope"
MG Mark Graham (Ret.) & Mrs. Carol Graham

Objectives:

- Discuss ways of dealing with combat loss, depression & suicide; and
- Describe resources for support for families dealing with grief and loss.

10:45 am **Break**

11:00 am **Introduction of Second Plenary**
BG Timothy P. McGuire
82nd Airborne Division; Deputy General
(Support)

11:05 am **Second Plenary - Fellowship Hall**
Military 101: Conventional – Special Forces
– Reserve – Guard: Current Realities and
Future Changes
Moderator: Dr. Jerry Powell
PANEL:
BG Ferdinand Irizarry - USAJFKSWCS; Fort Bragg;
Col. Karl A. Schmitkons - Vice-Commander;
USAF Pope Air Field Wing;
MG Gregory A. Lusk - Adjutant; NCNG
BG Timothy P. McGuire -
82nd Airborne Division; Deputy General
(Support)
BG Tammy Smith - USARC

Objectives:

- Discuss an overview of military forces communities; and
- Describe how current and transitional changes impact military families, their communities and resources.

12:05 pm

Lunch (on site)

12:15 pm

Introduction of Lunch Plenary Speaker
Dr. Deborah Teasley,
President/CEO, SR-AHEC

12:20 pm

Lunch Plenary - Fellowship Hall
Local Perspectives and Community
Capacity: Current and Future Realities
Moderator: Dr. Deborah Teasley
PANEL:
COL Jay Earles, Director of Behavioral Health
Womack Army Medical Center ;
Hank Debnam, Area Director of the
Cumberland County Mental Health Center/LME;
Elizabeth Goolsby, Director of Fayetteville VA
Medical Center;
John Harris, Military & Veteran Program
Manager; North Carolina Department of
Health and Human Services;
Doug Webster, Director of Behavioral Health;
Cape Fear Valley Healthcare System

Objectives:

- Describe the current changes to the community and institutionalized mental health systems; and
- Describe the impact of the transformation of the mental health system for providers serving this population.

1:20 pm

Break

1:35 pm

Breakout Sessions

A) Veteran's Issues and the Criminal Justice System - Room B104S

Curtis Morrow, MSW - Veteran Justice
Outreach Specialist, Health Care for the
Homeless Veterans Program, Fayetteville VAMC

Objectives:

- Discuss the term "Justice – Involved Veteran",
- Describe social, demographic and health care needs; and
- Discuss the homeless population and Veterans court

B) Suicide Prevention - Chapel

Karen Harris-Dietrich, VA Suicide Prevention
Coordinator;
COL Chad McRee, Commander, 16th Military
Police Brigade, Director, of Emergency
Services and Director of Suicide Prevention,
Fort Bragg

Objectives:

- Describe the efforts to recognize suicidal symptoms for members of the military and veterans
- Describe intervention techniques utilized by the military and veterans affairs when suicidal ideations are presented; and
- Discuss the military's and veterans services and resources to prevent suicide

AGENDA

C) Women in The Military - Parlor

Moderator: MaryAnn Cleveland

PANEL (US Army)

COL Shirley L. Burt-Chrishon (Ret.);

SFC Darcy Mehan;

Siobhan Norris (Give An Hour);

MAJ Kristina Richardson;

Tihara Taverner (Fayetteville VET Center)

Objectives:

- Describe the culture of females in the military;
- Discuss various roles women have held in their service to the military;
- Explain balancing family and serving your country; and
- Identify unique challenges and rewards of being a woman in the military.

D) Coping with injury in Wounded Warriors-Impact on Families and Children - Fellowship Hall

Dr. Johanna Wolf, PsyD & Ami Sanders -

Booz Allen Hamilton

Objectives:

- Discuss the impact of service members' acute injuries on children and families, and how to work with them in the early days post-injury;
- Discuss the psychological impact on service members' injuries on their families; and
- Identify risky behaviors including substance use, suicidal behaviors and aggression for service members and their family members.

3:05 pm Break

3:20 pm Introduction of Closing Plenary
Ann Hamilton, National Military Family Association

3:25 pm Closing Plenary - Fellowship Hall
Heading Toward the Fiscal Cliff: What's Ahead for Military Family Health and Support?
Joyce Raezer, MA, Executive Director, National Military Family Association

Objectives:

- Discuss how pending budget issues can affect military families and community agencies providing services to them;
- Describe both of the terms sequestration and the "fiscal cliff"; and
- Discuss efforts to sustain support for behavioral health services for military families.

4:25 pm Closing Remarks
Special Guest

4:40 pm Remarks and Housekeeping
John Bigger, MS, LPC

4:45 pm Adjourn

Friday, October 19, 2012

8:30 am Welcome and Introduction of Commander, Womack Army Medical Center - Fellowship Hall
Eva Hansen, Partnership for Children Cumberland County

8:35 am Introduction of Opening Plenary
COL Stephen Brewster, Commander Womack Army Medical Center

8:45 am Opening Plenary - Fellowship Hall
PTSD and Related Deployment Mental Health Issues: Impact on the Service Member/Veteran, the Family, and the Community
Harold Kudler, MD, Duke University Medical Center

Objectives:

- Define PTSD and describe four evidence-based treatments for this disorder;
- Describe the impact of combat-related PTSD on individuals, families and their communities; and
- Identify at least two specific steps community providers can incorporate within their practice to effectively improve the health and re-integration of their patients, their families and their community.

9:45 am Student 2 Student: Defining Moment,
DeLantra Johnson

9:50 am Break

10:00 am Breakout Sessions

A) Understanding Military Culture and the Impact on the Family - Chapel
Jerry Powell, DMin, LPC, LMFT, NCC

Objectives:

- Discuss how the continued deployment and reintegration affects families and how they interact after deployments;
- Describe differences between Combat/Operational Stress Reaction and Post Traumatic Stress Disorder (PTSD);
- Explain how the "Three Prime Directives" that sustained veterans in combat contribute to emotional disconnection and difficulties in personal life and relationships; and
- Discuss the differences between adjustment after combat and mild traumatic brain injury and how these differences affect family members.

B) Engaging our Faith Communities in Caring for Service Members, Veterans and their Families - Parlor
Rev. John P. Oliver, D.Min, BCC

Objectives:

- Describe ways that the faith communities might reach out to service members, veterans and their families; and
- Discuss various ideas and best practices faith communities use in their care of service members, veterans and their families.

AGENDA

C) Panel on Military Children in Schools – Challenges and Opportunities - Fellowship Hall

PANEL:

*Gerhard Guevarra, School Liaison Officer for
Fort Bragg*

*Terry Fullerton, PhD - Military Family Life
Consultant, Program Director*

*Marisol Martinez, Principal – Middle School,
Northwood Temple Academy*

*Sally Patterson, Military Child Education
Coalition*

*Mark Pisano, EdD, Fort Bragg School
Psychologist*

Anna Rodriquez, Cumberland County Schools

Objectives:

- Discuss how various school systems work with military children
- Discuss how to deal with family challenges and psychological trauma within a school setting; and
- Identify resources and techniques in working with culture of military families.

11:30 am Networking Break & Visit Exhibit Stations

12:00 pm Lunch (on-site)

12:10 pm Student 2 Student: Defining Moment,
Ti'Yona Decoteau

12:15 pm Introduction of Lunch Plenary
*Harold Kudler, MD, Duke University Medical
Center*

12:20 pm Lunch Plenary - Fellowship Hall
Communities Coming Together
Dr. Barbara Van Dahlen; Ph.D

Objectives:

- Describe the Community Blueprint Network roadmap emphasizing ways to engage service members, veterans and their families and foster appreciation of their talents as significant community assets; and
- Identify steps for helping professionals and communities to foster collaboration, resiliency and continuity of care for military families.

1:20 pm Student 2 Student: Defining Moment,
Elena Dorsey

1:25 pm Break

1:35 pm Breakout Sessions

A) Mental Health/Behavioral Issues of the Military Child - Fellowship Hall *Mark Marquez, LCSW, MSW, EdD*

Objectives:

- Discuss mental health/behavioral issues of the children of service members; and
- Identify coping strategies in working with military children

B) Working with TRICARE - Room 1045

*David Amos, Director and Market Manager,
TRICARE North Carolina*

Objectives:

- List behavioral health resources available on Fort Bragg and at Womack Army Medical Center for military families; and
- Discuss efforts made on behalf of the military to encourage use of these resources.

C) Faith-based Marital Resiliency: The Army Spouse Perspective - Chapel

*Chaplain (LTC) David Mikkelsen, MDiv, MS &
Suzanne Mikkelsen, MA, Spouse*

Objectives:

- Describe three ways of looking at religious faith and how each might impact behavior;
- Identify ways in which religious faith can impact marital satisfaction for Army spouses; and
- Describe the research findings on the impact of multiple deployments on marital satisfaction, and how religious faith affects this impact.

D) Being a Dependent is not Being Dependent - Parlor

PANEL:

Mary Ann Cleveland

Ethan Elliott

Kelly Henry

Tim Ingram

Jennifer Johnson

Adrian Reeder

Susan Reynolds

Objectives:

- Identify how to help family members to see their strength versus their weakness;
- Describe ways to foster resiliency for military family members; and
- Discuss opportunities for growth and resources to support families.

3:05 pm Break

3:20 pm Introduction of Closing Plenary
Maureen McNeill

3:25 pm Closing Plenary - Fellowship Hall
A Work in Progress
CSM Chris and Lisa Faris

Objectives:

- Discuss how military families are impacted through the stress and strain of multiple deployments;
- Describe the process of reintegration following a deployment and the challenges; and
- Describe how to encourage family members and discuss ways to work through their issues.

4:25 pm Chaplain Remarks
Chaplain Ron Leninger

4:45 pm Adjourn

SPEAKER BIOGRAPHIES



DAVID AMOS

David retired from the Army Medical Service Corps with 26 years of service. He is currently the Director and Market Manager for TRICARE activities in North Carolina. He is responsible for service centers at Fort Bragg, Camp Lejeune, Seymour Johnson Air Force Base and Cherry Point Naval Air station. Previously, he was Market Manager for TRICARE for Oklahoma.



COLONEL STEPHEN BREWSTER

COL Steven Brewster is a prior medical NCO who served with the 172nd Infantry Brigade in Fort Richardson, AK, and the 12th Special Forces Group (Reserve) in Seattle, WA. He received a bachelor's degree in biology from The Evergreen State College in Olympia, WA, in 1987, and his Doctor of Medicine from the Uniformed Services University of the Health Sciences in Bethesda, MD, in 1991. COL

Brewster holds a Master of Public Health from the Harvard School of Public Health, and he completed a residency in Preventive Medicine at the Walter Reed Army Institute of Research (WRAIR) in Washington, D.C. He is board certified in both Preventive Medicine and Family Medicine. He is married to Ellen Brewster and they have three grown daughters, two of whom are serving on active duty as MI officers, and one who will be matriculating at the University of Washington in Seattle this fall.



COLONEL SHIRLEY BURT-CHRISHON (RET.)

COL Shirley L. Burt-Chrishon (RET.) graduated from Loyola University School of Nursing in 1975 and from Loyola University School of Dentistry in 1982. She served 21 years on active duty in the United States Army Dental Corps, retiring in 2005 from the Fort Bragg Dental Activity. Dr. Burt-Chrishon is currently employed as a civilian employee of the

Fort Bragg Dental Activity, serving as the Officer in Charge of Smoke Bomb Hill Dental Clinic. She is married to LTC (R) James E. Chrishon, Jr. They are parents to three grown children, Marixcia, Michael and Joi.

MARY ANN CLEVELAND, MA

Mary Ann served a total of 17 years as an Army officer, both on Active Duty and in the Reserves. She has earned an M.A. in Communication Resources and Information Management from Webster University, and will soon complete requirements for the M.Ed. in Instruction Technology at the University of South Florida. As an Army spouse for almost 34 years, she has held leadership and trainer positions in a variety of organizations to include Girl Scouts, Cub Scouts, American Red Cross, Army Community Services, spouse clubs, and multiple military Family Readiness organizations. While living south of Miami, with no active duty military base nearby, Mary Ann created a non-profit organization which sponsored a website and information fairs to educate all military families in the area of the military and civilian support services available. Mary Ann currently serves on the Cumberland County Partnership for Children's Living in the New Normal Steering Committee, attends local Community Blueprint Network meetings when possible, and has volunteered to assist both Fayetteville Cares and the new Military Support Committee being started by the North Carolina Parent Teacher Association.



HANK DEBNAM, MPH

Hank currently serves as Area Director of the Cumberland County Mental Health Center/LME in Fayetteville, North Carolina. For nearly 40 years Mr. Debnam has worked in the South Central region of North Carolina, earning a reputation as a caring and capable leader in the Health Care field. Mr. Debnam has a Bachelor of Science degree from St. Augustine's University, Raleigh, NC. He also holds a Master's degree in Public Health from the University of North Carolina at Chapel Hill. In addition to serving in roles of increasing responsibility at the Mental Health Center, Mr. Debnam has also served in Administrative and Leadership roles with Cape Fear Valley Health System, Inc., Stedman-Wade Health Services, Inc. and the NC Department of Health & Human Services - Office of Rural and Community Health. Mr. Debnam currently lives in Fayetteville, NC with his wife Alisa. They have two daughters, Deidra and Diana. They are members of First Baptist Church on Moore Street.

TI'YONA DECOTEAU

Ti'Yona is a junior at Westover High School. She is an academic scholar, plays on both the girl's volleyball and basketball teams. Her mother is in the United States Army, and she has a little sister that also attends Westover.

ELENA DORSEY

Elena is currently a senior at Westover High School. She participates in the Fresh Start and Student Two Student. After high school she is planning on attending college to pursue a major in music.

COLONEL JAY EARLES

COL Earles is the current Chief of the Department of Behavioral Health at WAMC. Board certified Clinical Health Psychologist. He has served as the Army Clinical Health Psychology Fellowship Training Director, Tripler Army Medical Center and Clinical Internship Training Director, Eisenhower Army Medical Center.

ETHAN ELLIOTT

Ethan graduated from Bethel Acres HS in 2003 and the class size was approximately 50 students. Ethan declined a scholarship in American History to enlist in the Marine Corps. His father and both grandfathers were also Marines. He served three tours in Iraq, from 2004 to 2007 as both an Artilleryman and Provisional Infantry. Ethan is married to Danele Elliott, a Captain in the Air Force, whose father and grandfather were both in the Air Force. He recently graduated from North Carolina State University, May 2012, with a Bachelors Degree in Political Science. He is currently working at Guns Plus in Spring Lake, and has sold firearms for over five years.



COMMAND SERGEANT MAJOR

CHRIS FARIS

CSM Faris is currently serving as the Command Sergeant Major of the United States Special Operations Command, MacDill Air Force Base Florida. He has been serving in the military for the past 28 years. CSM Faris has received various military awards and decorations including the Defense Superior Service Medal, Legion of Merit Medal, Seven Bronze Star Medals, one with Valor Device, and Purple Heart.

SPEAKER BIOGRAPHIES



LISA FARIS

Mrs. Faris grew up in a military family in Fayetteville, NC. She graduated from Pine Forest High School and worked in the business and legal community there for thirty years. She has been married for twenty-two years and has two beautiful daughters Allie and Lauren. She is actively involved with anything to do with military families and her interests include kayaking and photography.

TERRY FULLERTON, Ph.D

Dr. Fullerton has served as the MFLC Program Director since 2005, and has led the program through substantial growth and development. Under Dr. Fullerton's expert leadership, the Program has grown from 50 MFLCs on the ground supporting Army installations CONUS, Europe and in PACRIM to over 1450 MFLCs supporting the Army, Navy, Marine and Air Force services worldwide. His extensive background qualifications began in childhood, where, as a member of a military family, he lived on Army bases in Alaska, PACRIM, Germany and CONUS and experienced his father's deployment. From there, Dr. Fullerton's qualifications include a 22-year military career (10 years as an Army Ranger and 12 years as an Army psychologist); 16 years combined commercial and federal medical management experience and 12 years private practice as a psychologist. He is also a trained school counselor.



ELIZABETH GOOLSBY, MSN

Ms. Goolsby has served as the Veterans Affairs Medical Center Director in Fayetteville, North Carolina since July 4, 2010. She has the overall responsibility for planning, organizing, directing, coordinating, and controlling medical, administrative, and supporting operations of a health care system which administers medical care and treatment to veterans in 19 counties in North Carolina and two counties in

South Carolina. The care is delivered through a Medical Center and four Community Based Outpatient Clinics. The position requires oversight of major construction projects to include internal Medical Center renovations, building of a Health Care Clinic (HCC); building of a super outpatient clinic, building of a community based chronic dialysis center and building of additional community based outpatient clinics. The position requires close working relationships with three major military installations for sharing of service, resources, educational opportunities and collaborations.



MAJOR GENERAL MARK GRAHAM

Major General Mark Graham retired from the US Army on August 1, 2012 after almost thirty-five years of service. His final position was as the Director (G-3/5/7) U.S. Army Forces Command since Sept. 18, 2009. Major General Graham was commissioned a second lieutenant of Field Artillery in December 1977 at Murray State University, Kentucky. Spanning almost 35 years, Major General Graham served in

several key command and staff positions in the United States, Germany and Korea. In addition to his Bachelor's degree in political science, Major General Graham holds a Master's of Business Administration from Oklahoma City University and a Master of Science in National Security Strategy from the National Defense University in Washington, D.C. He is also a graduate of the U.S. Army Command and General Staff College and the National War College. Major General Graham's numerous military awards include the Distinguished Service Medal, the Bronze Star Medal, the Defense Superior Service Medal, the Legion of Merit, the Meritorious Service Medal and the Humanitarian Service Medal.



CAROL GRAHAM

Carol Graham is the wife of Major General (Retired) Mark A. Graham, US Army. In the last nine years Carol has tragically lost both of her sons. Carol has been instrumental in raising awareness for depression and suicide prevention for the families and Soldiers at Fort Sill, Oklahoma, Fort Sam Houston, Texas, Fort Carson, Colorado, Fort Bragg, North Carolina, several US Marine Corps bases, and across the nation. Carol is now nationally recognized for her efforts in suicide prevention and behavior health. Carol has received numerous awards and other recognitions.



GERHARD GUEVERRA

Gerhard has been a School Liaison Officer for Fort Bragg for the last nine years where he assists families transitioning in and out of the local school systems, builds and creates partnerships between the installation and local education agencies and assists parents and students to navigate the education system. He served on the Tiger Team that helped develop the Army Family Covenant and the Army School Support Services Strategic Plan. Gerhard is a graduate of UNC-Chapel Hill and is also a former Army brat, Army Reservist and North Carolina teacher. He now has four children, three of whom are in public schools.



ANN HAMILTON

Ann currently serves as the coordinator for the National Military Family Association's Eastern Region. She is responsible for various states in the United States and also several countries in Europe. Ann has received multiple awards including the Department of Achievement Medal for Civilian Service, Secretary of the Army's Public Service Award, Mary E. Walker Outstanding Military Spouse Award and the Iron Mike Award. As an Army wife since 1999, Ann has experienced eight duty station moves and three deployments.

EVA HANSEN



Eva has 38 years of experience as a professional and volunteer working to improve the lives of children and their families. She has been involved with *Smart Start* since 1995 and has lead the Partnership for Children as the President for the 15 years. Her experience includes ten years working in delinquency prevention at the Youth Guidance Council in Rock Island, Illinois, first as a counselor then as the agency Director. After moving to Fayetteville, NC in 1984 she was the Coordinator of The Rape Crisis Center followed by eight years developing and supervising the Treatment Foster Care Program at the Cumberland County Mental Health Center. In 1992, she became the Training Director for the Rumbaugh Clinic - Ft. Bragg Child and Adolescent Mental Health Demonstration Project. Ms. Hansen earned a B.S degree in Family Services from Northern Illinois University. Ms. Hansen is a past recipient of the Fayetteville-Cumberland Chamber of Commerce Athena Award and the North Carolina Partnership for Children's Karen W. Ponder Leadership Award.

SPEAKER BIOGRAPHIES



JOHN HARRIS, MSW

John is currently the Military and Veterans Program Manager for the North Carolina Department of Health and Human Services Division of Mental Health/ Developmental Disabilities and Substance Abuse Services. He has 24 years of direct training in planning, coordinating and administering behavioral health and social services programs. He

has a Masters Degree in Social Work with a minor in Mental Health from the University of Georgia. He also possesses a Bachelor's Degree in Psychology with a minor in Mental Health from St. Cloud State University. In addition he is certified from the US ARMY Drug/Alcohol School majoring in Addiction and Mental Health.

KAREN HARRIS-DIETRICH, MSW

Karen graduated with honors from both the University of Florida, with a Bachelor of Science in psychology and the University of South Florida, with a Masters Degree in Social Work. She joined the Veterans Administration in Florida in 2007 and has primarily held mental health positions within the VA including community-based treatment of Veterans with severe mental illness and VA liaison to a transitional housing program for homeless Veterans. She received several Outstanding Performance awards, most notably for achieving increased access to medical and mental health care for homeless Veterans in the Tallahassee, Florida area. Since moving to North Carolina, Karen has continued to serve the VA in the field of mental health and was recently named one of two Suicide Prevention Coordinators for the Fayetteville VA Medical Center.

KELLY HENRY

Kelly is a retired Navy officer and a graduate of the U.S. Naval Academy. She is an Army wife and the mother of four children. She is currently serving as a member of the Fayetteville Observer Community Advisory Board and leads the local chapter of Blue Star Families.



TIM INGRAM

Tim Ingram began his career as an officer in the U.S. Army and served in the first Gulf War. Tim earned an undergraduate degree in Business Management from the University of Tampa and continued his education obtaining a Masters in Computer Resources and Information Management from Webster University.



BRIGADIER GENERAL FERDINAND IRIZARRY, II

Brig. Gen. Ferdinand Irizarry II is the deputy commanding general of the U.S. Army John F. Kennedy Special Warfare Center and School (Airborne) based at Fort Bragg, N.C. Prior to his current assignment, he was the Chief, Stability Operations, ISAF Joint Command (RC-West).

Brig. Gen. Irizarry was born in Williamsburg, NY, but grew up in East Northport, NY. He was commissioned from Johns Hopkins University as an Infantry officer in 1981 with a Bachelor of Arts in Psychology and he also holds a Master's in Public Administration. Brig. Gen. Irizarry's awards and decorations include the Legion of

Merit, Defense Meritorious Service Medal with three oak-leaf clusters, Meritorious Service Medal with five oak-leaf clusters, Joint Service Commendation Medal, Army Commendation Medal with oak-leaf cluster, Joint Service Achievement Medal with oak-leaf cluster, Army Achievement Medal with three oak-leaf clusters, Expert Infantryman Badge, Parachutist Badge, Ranger Tab and British Commando flash.

DELANTRA JOHNSON

DeLantra is an extremely involved student. She is the student body President of Westover High School, Varsity Cheerleading Captain, a member of the Varsity Softball team, and Vice-President of the school's *Student 2 Student* program. After high school, DeLantra plans to go to college within the state and remain active in clubs and athletics.

JENNIFER JOHNSON, BS

Jennifer is married to an active duty Marine. They have been stationed at Marine Corps Base Camp Pendleton, CA, Marine Corps Recruit Depot Parris Island, SC, Marine Corps Base Camp Lejeune, NC, The Virginia Military Institute in Lexington, VA, and currently located back to the Marine Corps Base Camp Lejeune. Her husband has 19 years active duty service and they have been married for 17 years. They have a 16 year old daughter who attends Lejeune High School. Her family has experienced several separations due to several deployments to include multiple combat deployments to Iraq and Afghanistan. Her daughter just entered her Junior year of high school and has attended seven different schools. Professionally, Jennifer holds a Bachelor's degree in Management with a Leadership concentration and is employed at the Onslow County Partnership for Children within the Program Evaluation department.



HAROLD S. KUDLER, MD

Dr. Kudler trained at Yale and is Associate Clinical Professor at Duke. He has received teaching awards from the Duke Department of Psychiatry, the American Psychiatric Association, and the American Psychoanalytic Association. From 2002 to 2010, Dr. Kudler coordinated mental health services for a three state region of the U.S. Department of Veterans Affairs (VA) and from 2000 through 2005

co-chaired VA's Special Committee on PTSD which reports to Congress. He founded the International Society for Traumatic Stress Studies' (ISTSS) PTSD Practice Guidelines taskforce and serves on the ISTSS Board of Directors. He co-led development of a joint VA/Department of Defense guideline for the management of posttraumatic stress. Since 2006, he has co-led the North Carolina Governor's Focus on Returning Military Members and their Families. Dr. Kudler is Associate Director of the VA's Mid-Atlantic Mental Illness Research, Education, and Clinical Center (MIRECC) for Deployment Mental Health and Medical Lead for the VISN 6 Rural Health Initiative.

CHAPLAIN RON LENINGER

Chaplain (CH) Leininger served in a variety of combat arms and support positions from the Pacific Theater to the Middle East. A combat veteran of Panama and Iraq, CH Leininger has always served garrison chapels and collaboratively worked with community organizations as they intersected with the Army mission to which he is called. He is ordained with the Assemblies of God.

MAJOR GENERAL GREGORY LUSK

General Lusk was appointed by Governor Beverly Perdue, he assumed his post as North Carolina's 40th Adjutant General on October 1st, 2010. In this position, he commands the nearly 12,000 men and women of the North Carolina Army and Air National Guard. A combat veteran, he led

SPEAKER BIOGRAPHIES



the 30th Heavy Brigade Combat Team during its 2009 deployment to Iraq. General Lusk graduated from North Carolina State University, and as well as the U.S. Army War College. General Lusk and his wife Deana have three children.



MARYSOL MARTINEZ, MED

Marysol has been serving as middle school principal at Northwood Temple Academy (NTA) for the last eight years. She is a military wife serving proudly alongside her husband of 18 years, Sergeant First Class Carlos Martinez. They have two children, Mia and Charlie who are students at NTA. She has a Bachelors degree in Spanish with a minor in Sociology from Fayetteville State University and a

Masters of Education degree in Teaching and Learning from Liberty University. Marysol is certified through the Association of Christian Schools International with a Professional Secondary Teaching Certificate and a Standard Secondary Principal Certificate.



MARK MARQUEZ, Ed.D

Dr. Marquez is a faculty member in the Department of Social Work at Fayetteville State University and provides training and consultation as owner of eSocialWorker LLC. His most recent disaster related activities include presenting at the 2012 National Evacuation Conference as well as creating the disaster behavioral health decision tool, the Rapid

Situational Assessment of Functioning and Triage Map.



BRIGADIER GENERAL TIMOTHY P. MCGUIRE

Brigadier General Timothy P. McGuire joined the Army from Alamo, California and was commissioned in the Infantry upon graduation from the United States Military Academy at West Point in 1987. He also served as the Deputy Commander of Operations Group, Joint Readiness Training Center at Fort Polk, LA from July 2007 to January 2008. BG McGuire served as the Commander of the 3rd Brigade Combat

Team and 505th Parachute Infantry Regiment, 82nd Airborne Division from January 2008 to February 2010. The BCT served in Baghdad and the Mada'in Qada, Iraq during OPERATION IRAQI FREEDOM 08-09 from December 2008 to November 2009. Most recently, he served as the Deputy Chief, Legislative Liaison, Office of the Secretary of the Army, Washington, DC. In April 2012, BG McGuire reported back to Fort Bragg, North Carolina and is currently the Deputy Commanding General for Support, 82nd Airborne Division.



GENERAL DAN MCNEIL

General McNeill, a North Carolina native, retired from the Army in 2008 and returned home to Fayetteville. He has a long and distinguished record of service and has strong ties to Fort Bragg and the Fayetteville community, with key assignments as the Commanding General, 82nd Airborne Division, as well as the Commanding General, XVIII Airborne Corps and Fort Bragg. General McNeill served as

the Commanding General, United States Army Forces Command, at Fort McPherson, Georgia, before his final overseas assignment as the Commander, International Security Assistance Force (ISAF), in Afghanistan. He is a highly decorated senior Army leader with combat experience in Vietnam, Panama, Iraq and Afghanistan.

MAUREEN MCNEILL

Maureen is a former military spouse, married to General (ret) Dan K. McNeill. She spent many years volunteering at Fort Bragg during the time her husband was stationed there. Following retirement, they now call Fayetteville home. Maureen has been active in the Fayetteville community, serving on the board of Cape Fear Valley Health Foundation, and the Cape Fear Botanical Garden, among others.



COLONEL CHAD B. MCREE

COL McRee is the Commander of the 16th Military Police Brigade, Director of Emergency Services, and Director of Suicide Prevention. He is a graduate of MP Officer Basic and Advanced Course, Command and General Staff College, 82nd Airborne Division's Jump Master Course and the Army War College. He holds a BA in Business Administration from Stephen

F. Austin State University, an MA in General Administration from Central Michigan University and an MSS from the Army War College at Carlisle Barracks.

SERGEANT FIRST CLASS DARCY MEHAN

SFC Mehan is a native of Lodgepole, Nebraska. She entered the Army on May 8, 1990, where she completed Basic and Advanced Individual Training at Fort Jackson, South Carolina; and Airborne School at Fort Benning, Georgia. Her assignments include: 573rd Personnel Service Center, Fort Bragg, 18th Personnel Service Battalion (Airborne) Fort Bragg, 8th Personnel Command, Seoul Korea, United States Army Civil Affairs and Psychological Operations Command (Airborne), Fort Bragg, 3rd Army/Coalition Forces Land Component Command, Doha/Arifjan, Kuwait, 7th Special Forces Command (Airborne), Fort Bragg. She is currently serves as the Executive Administrative Supervisor, Secretary of the General Staff, U.S. Army Special Forces Command (Airborne). SFC Mehan is a mother of one daughter, Nicole Maria-Kay, a senior attending Jack Britt High School and is also enrolled in the University of Maryland pursuing a degree in Human Resource Management.



DAVID MIKKELSON, MDIV, MS

David grew up as a military child and has served for 24 years as a Marine Corps artillery officer and an Army chaplain. He served 15 months in combat as a Brigade Chaplain in Iraq in 2006-2007. He is currently the Director of the Family Life Chaplain Training Center at Fort Bragg, NC where he trains Army chaplains to serve as pastoral counselors in Army communities. He is a licensed Marriage and Family Therapist, an AAMFT Approved Supervisor, and a PhD student at Regent University in Counselor Education and Supervision. David specializes in family resilience and integrating faith as a resource in caring for military families.



SUZANNE MIKKELSON, MA

Suzanne has been a military spouse in the Marine Corps and Army for 28 years, meeting the challenges of many moves and raising three boys. She has served in a variety of leadership positions in Army chapels and women's ministry, and provided community leadership during difficult combat deployments. She is a licensed Marriage and Family Therapist, an AAMFT Approved Supervisor, and a PhD student at Regent University in Counselor Education and Supervision. She is currently in private

SPEAKER BIOGRAPHIES



practice in Hope Mills, NC where she specializes in counseling military couples, adultery recovery, and trauma treatment as an EMDR Certified therapist.



CURTIS MORROW, MSW

Curtis received his Masters in Social Work from University of North Carolina at Chapel Hill and his Bachelor of Science in Psychology, with a minor in Guidance & Counseling, Western Carolina University. He served in the United States Air Force as a clinical Social Worker from 1997- 2011. Currently, he is the Veteran Justice Outreach Specialist, Health Care for the Homeless Veterans program at the Fayetteville Veterans Affairs Medical Center.



MAJOR GENERAL JOHN NICHOLSON

Major General Nicholson was commissioned into the infantry in 1982 upon graduation from the United States Military Academy at West Point. His military schools include the Infantry Officer Basic and Advanced Courses, the United States Army Command and General Staff College, the School of Advanced Military Studies, and the National War College. He holds a bachelor's degree in history

from Georgetown University, a bachelor of science degree from West Point, a master's degree in Military Art and Science from the School for Advanced Military Studies, and a master's degree in National Security Studies from National Defense University. MG Nicholson has led Soldiers in Airborne, Ranger, Mechanized, Stryker and Light Infantry units in five different infantry divisions and the 75th Ranger Regiment in the United States, Europe, and Afghanistan.



SIOBHAN NORRIS

Siobhan is proud to be a member of a family which dates its military involvement all the way back to the Civil War. She is the granddaughter of a retired Marine and decorated World War II veteran, the daughter of a decorated combat wounded Special Forces Vietnam veteran, the spouse of a U.S. Army Black Hawk Aviator, and herself is a

former U.S. Army Military Police soldier. While completing her B.A. in Psychology and raising her two children in Hawaii, Siobhan spent her free time volunteering and advocating for her local military and civilian communities. She has assisted in raising money and awareness for various nonprofit organizations such as U.S. Vets, Honolulu's River of Life Rescue Mission, Autism Speaks, and the Pacific Alliance to Stop Slavery. She also proudly supported her Family Readiness Group by acting as a crisis response team member, secretary, and key caller. While her husband attended the Maneuver Captains Career Course at Ft. Benning, Ga., Siobhan continued her enthusiastic volunteer role by acting as a First Steps service provider for the Family Advocacy Program located at Martin Army Community Hospital. In addition, she has recently been accepted to Boston University's Online Graduate School for Social Work. Siobhan enjoys reading mystery novels, running, and spending time with her husband, their two beautiful children, and their German Shepherd, Thor.



JOHN OLIVER, DMIN

Reverend John P. Oliver is the Chief of Chaplain

Service and a Clinical Pastoral Education Supervisor at the Durham Veterans Affairs Medical Center in North Carolina. He has provided spiritual support to Veterans, their families and loved ones since 1997. John was raised in Colombia, South America. He and his wife Karin have three children. John earned his BA and BM degrees from Samford University, his Masters of Divinity from Southwestern Baptist Theological Seminary, and his Doctor of Ministry degree from Columbia Theological Presbyterian Seminary. John completed his Clinical Pastoral Education Supervisory Training at Duke University Medical Center. John's doctoral work focused on pastoral care to those who have experienced traumatic events. Much of John's energy has been dedicated to training clergy to care for people as they engage their spiritual resources. John also finds great joy in making music.

SALLY PATTERSON

Sally is a native of Columbia, South Carolina and graduated from Salem College, Winston-Salem, NC. She is the State Coordinator for Living in the New Normal Public Engagement, Military Child Education Coalition. Previously, she was a trainer for Richland School District Two, Volunteer Coordinator and Military Liaison First School Liaison Officer for the Army at Fort Jackson, South Carolina, a Master Trainer in the Army Family Team Building (AFTB), and a facilitator for the Army Family Action Plan Trainer and Professional Development Trainer for Military Child Education Coalition. Sally is married to Leck Patterson, a thirty-one year member of SC Air National Guard, serving as Judge Advocate General, Vice Wing Commander of SC Air National Guard and Assistant Adjutant General for Air. They have three lovely children.



MARK C. PISANO, Ed.D

Dr. Pisano has been a school psychologist in the Ft. Bragg Schools for 28 years and in private practice as a psychological associate for 18 years. He earned his Bachelors degree in psychology from Clemson University while his Masters Degree and Certificate of Advanced Study in school psychology were earned from Western Carolina University. Mark earned his

Doctor of Education degree from Campbell University in 1992. During his years at Ft. Bragg, he has coordinated crisis management activities and presented seminars on the details of a successful crisis management plan. He has served on an international panel in Arlington, VA for the Department of Defense Domestic Dependent Elementary and Secondary Schools to review current practices against threat and crisis management. Dr. Pisano worked for the DoD in Montevideo, Uruguay as well as La Paz, Bolivia in 2000 to assess several children of American soldiers stationed there for learning difficulties and emotional problems. Dr. Pisano is currently certified as a Trauma and Loss School Specialist through the National Institute for Trauma and Loss and incorporates intervention strategies in his presentation for those dealing with trauma and loss victims. In 2002, he served as President of the North Carolina School Psychology Association and Legislative Public Policy chair in 2004. Currently he is the Military Families Interest Group chair for the National Association of School Psychology and has presented across the country on the plight of the military family and how to best meet their needs.



JERRY POWELL, DMIN, MS

Rev. Jerry Powell has been an ordained minister for 36 years and is a retired Army chaplain with 20 years of service in military ministry with a deployment to

SPEAKER BIOGRAPHIES



Iraq in 2005. Dr. Powell is a Licensed Marriage and Family Therapist and a Licensed Professional Counselor and National Certified Counselor. He is an approved clinical supervisor and on the Counseling teaching faculty of Webster University on Fort Bragg. His practice specializes in working with military personnel and families, and he has extensive experience serving soldiers and families when the soldier has returned from deployment. Dr. Powell holds a Master of Divinity degree, an MS in Community Counseling, and a Doctor of Ministry degree. He is in private practice as a mental health counselor in Fayetteville at Banner Consulting.



JOYCE RAEZER, MA

Joyce became the Executive Director of the National Military Family Association in 2007. In that position, she guides the management of the Association's programs and initiatives that serve the families of the seven Uniformed Services and that promote improvements in their quality of life. She has represented military families on several committees and task forces for offices and agencies of the Department of Defense (DoD) and military Services, including the Department of Defense Education Activity (DoDEA), the U.S. Army Community and Family Support Center, the Defense Commissary Agency, and the TRICARE Management Activity (TMA). Joyce earned a B.A. in History from Gettysburg College, and a M.A. in History from the University of Virginia. An Army spouse and mother of two children, she has lived in the Washington, D.C. area (4 tours), Virginia, Kentucky, and California.

ADRIAN REEDER, BS

Adrian Reeder earned her BS in Interior Design at Kansas State University. As an Army spouse for almost fourteen years, Adrian has devoted herself to volunteer work in the schools and community, served as a Girl Scout leader at the Brownie, Junior and currently Cadette level, and has held various roles in Family Readiness Groups. She continues her work with spouse development initiatives, among other military family programs and priorities. Adrian currently serves on the Cumberland County Partnership for Children's Living in the New Normal Steering Committee, a Military Child Education Coalition initiative.

SUSAN REYNOLDS, BS

Susan Reynolds is an Army kid turned AF spouse. She is married to Technical Sergeant (TSgt) Jeremy Reynolds and has a two year old named Ian. Susan has a BS in Social Science from Peru State College, and is now attending UNC-Pembroke for graduate school for a Master's of Public Administration. Susan became the first AF FRG Leader at Fort Bragg, is a member of BlueStar Families, a representative with National Military Family Association, works with the National Association of Children's Hospitals on the TRICARE for Kids bill, volunteer coordinator at the Airman & Family Readiness Center, volunteers with Community Blueprint, and is the founder of Cranial Helmets: Re-Shaping Our Children's Future By Using Our Heads (a military support group). Susan is now a substitute teacher for Fort Bragg schools, and a full-time advocate for military families. When she finally has time to stop and breath, Susan's greatest passion is her family. It's their unwavering support that makes her get up and face each day!



MAJOR KRISTINA L. RICHARDSON

MAJ Richardson was just recently assigned to the U.S. Army Special Operations Command (USASOC) at Fort Bragg North Carolina. For the last thirteen years, she has served in the United States Army as a helicopter pilot flying the UH60 Blackhawk and

UH72 Lakota. Over the course of her career, she has been stationed in Colorado, Alabama, Hawaii, South Korea, New York, and also as a Flight Company Commander deployed in support of Operation Iraqi Freedom (OIF) flying missions in Iraq, Kuwait, and Turkey. Her military education includes the Military Intelligence Officer Basic Course, UH60 Blackhawk Aircraft Qualification Course, Aviation Captain's Career Course, Combined Arms Staff Service School (CAS3), and the UH72 Lakota Aircraft Qualification Course. Her civilian education includes a Bachelor of Science Degree from the United States Military Academy where she also received a Regular Army commission as a Second Lieutenant (2LT) in 1999. Additionally, she earned a Master of Science Degree in Engineering and Management from the System Design and Management (SDM) Program at the Massachusetts Institute of Technology (MIT) in 2009. She has also received various military awards.



ANNA RODRIQUEZ, MS

Anna has a Masters of Science in School Counseling. She is currently the Military Family and Youth Liaison for Cumberland County Schools. Prior to that, she was a School Counselor for 15 years. She is the mother of a soldier and the spouse of a retired soldier. She is certified through the National Board for Professional Teaching standards as well as Applied Control Theory. She has lived in the Fayetteville area since 1990.



COLONEL JEFFREY SANBORN

Colonel Jeffrey M. Sanborn began his military career by enlisting as an Artilleryman in November 1984. After his initial assignment to 4th Battalion, 325th Airborne Infantry Regiment, he attended the United States Military Academy, where he was later commissioned into the Field Artillery. His military education includes training at the Field Artillery Officer Basic Course and Advanced Course, the United States Army Command and General Staff College, and the United States Army War College. He holds a Masters of Business Administration and a Masters of Industrial and Operations Engineering from the University of Michigan.

AMI SANDERS, BS

Ami is a consultant at Booz Allen Hamilton has over 12 year of Army experience. She served as an telecommunication specialist for five years and currently serves as a military police officer in the Army Reserves. While serving in the Army, Ms. Sanders was stationed in Germany, the Pentagon, and various locations in Maryland. She has been deployed to several countries including Bosnia, Kosovo and most recently, Kandahar, Afghanistan. After completing her active duty commitment, Ms. Sanders joined the Army Reserves where she served as her as her unit's Equal Opportunity representative and Duty Appointed Retention NCO. During this time, she also worked as a medical technician while completing a bachelor's degree in Human Service Management.



COLONEL KARL A. SCHMITKONS

COL Karl A. Schmitkons is the Vice-Commander of Air Force Reserve's 440th Airlift Wing. He graduated from the U.S. Air Force Academy in May 1984. After serving more than 11 years on active duty, he joined the Air Force Reserve in 1996 and began his Air Reserve Technician career with the 913th Airlift Wing, Willow Grove Air Reserve Station, PA. As an ART, the colonel holds dual status as a civil service employee and an Air Force reservist. The colonel has deployed in support of Operations Enduring Freedom and

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Iraqi Freedom. He is a command pilot with more than 6,000 hours in three variants of the C-130 and C-5.



BRIGADIER GENERAL TAMMY SMITH

On June 11, 2012, BG Tammy Smith assumed duties as Director, Human Capital Core Enterprise for the United States Army Reserve. Prior to assignment as the Director, she served as Chief, General Officer Management Office and Director, Senior Leader Development Office for the Army Reserve. Brig. Gen. Smith was a four-year Reserve Officer Training Corps scholarship recipient and graduated from the University of Oregon in 1986. She was commissioned as a Second Lieutenant in the Quartermaster Corps. During her 26 year military career she has served in a variety of logistics, operations, training and personnel assignments. Brig. Gen. Smith holds a Doctor of Management degree in Organizational Leadership from the University of Phoenix and is a member of the Delta Mu Delta International Business Honor Society. Her research focus was executive leadership and senior leader transitions into new organizations. She holds a Masters of Arts in Management from Webster University. She also holds a Masters in Strategic Studies as a graduate of the United States Army War College.

TIHARA TAVERNER, MSW

Tihara was born in Puerto Rico. Her father joined the Army and she was raised primarily in Army stations in Germany where Tihara's father eventually served in the Gulf War. Tihara joined the Army Reserves after high school and served with the 2nd /317th Drill Instructor Unit in Lynchburg, Virginia. A few months after entering the IRR, Tihara was activated to serve in Operation Iraqi Freedom with a unit based in Baltimore, Maryland. In Al Taji, Iraq, she was transferred to the First Cav out of Ft. Hood, Texas and was assigned to develop and serve as the NCOIC of the Taji Education Center. Upon returning from Iraq in March of 2005, Tihara ETS'd as an E-6. Tihara graduated with a Masters of Divinity and a Masters in Social Work from Baylor University in 2008 and now works as a Counselor for combat veterans and their families at the Fayetteville Vet Center. She is married to an active duty Army soldier and they are expecting their first child.



DEBORAH J. TEASLEY, PhD

Dr. Teasley holds a PhD in Health Administration from Texas A&M University and Bachelor's and Master's degrees in Nursing from The University of Texas Medical Branch in Galveston, TX. She is the President and Chief Executive Officer (CEO) of the Southern Regional Area Health Education Center in Fayetteville and adjunct Assistant Dean at Duke University Medical Center. She has extensive experience in health care management including CEO of an urban hospital and corporate Senior Vice President and Chief Operating Officer of a large healthcare system. As adjunct faculty, Dr. Teasley teaches health policy and strategic management. Her special interests are in leadership and organizational development including appreciative inquiry. Dr. Teasley is a Fellow in the American College of Healthcare Executives and has served as a Regent for the College. She has authored or co-authored nine publications.



BARBARA VAN DAHLEN, Ph.D

Barbara Van Dahlen, named to TIME magazine's 2012 list of the 100 most influential people in the world, is the founder and president of *Give an Hour*. A licensed clinical psychologist who has been

practicing in the Washington, D.C., area for 20 years, she received her Ph.D. in clinical psychology from the University of Maryland in 1991. Concerned about the mental health implications of the wars in Iraq and Afghanistan, Dr. Van Dahlen founded *Give an Hour* in 2005 to enlist mental health professionals to provide free services to U.S. troops, veterans, their families, and their communities. Currently, the network has over 6,300 providers, who have collectively given nearly \$5 million worth of services. Dr. Van Dahlen has joined numerous panels, conferences, and hearings on issues facing veterans and has participated in discussions at the Pentagon, Veterans Administration, White House, and Congress. She has become a notable expert on the psychological impact of war on troops and families and a thought leader in mobilizing civilian constituencies in support of active duty service members, veterans, and their families. Working with other nonprofit leaders, Dr. Van Dahlen developed the Community Blueprint Network, a national initiative and online tool to assist communities in more effectively and strategically supporting veterans and military families. Dr. Van Dahlen and *Give an Hour* have received numerous awards, including selection as one of the five winners of the White House's Joining Forces Community Challenge, sponsored by First Lady Michelle Obama and Dr. Jill Biden.

DOUG WEBSTER, MSW

Doug is currently the Service Line Director for Behavioral Health at Cape Fear Valley Medical Center. Doug and his wife recently relocated to Fayetteville from Nashville Tennessee where he was the CEO of a 100 bed Adolescent Treatment Facility. Originally from Miami Florida, he previously worked for a National Mental Health Management Company for 17 years. Doug has extensive experience in managing psychiatric hospitals, adult and gero-psychiatric facilities, partial hospital programs, as well as outpatient services. He also spent 13 years managing multiple programs for 2 large Community Mental Health Centers in Miami, which included crisis intervention services, day treatment programs, a short term residential treatment program, and a psychiatric rehabilitation program for patients discharged from the state hospital.



JOHANNA WOLF, PsyD

Dr. Johanna Wolf is a licensed clinical psychologist with experience providing clinical care at both a Veterans Affairs Medical Center (VAMC) and a Military Treatment Facility (MTF), treating service members and veterans with post-traumatic stress disorder and traumatic brain injury. She has served as the Service Chief of the Consult Liaison service for Psychological Health and Traumatic Brain Injury (PHTBI) at the National Naval Medical Center (NNMC), and continues to hold an appointment as an adjunct assistant professor in the Department of Psychiatry at the Uniformed Services University of the Health Sciences. Prior to working at the NNMC, Dr. Wolf developed and ran a trauma/addiction day program at a women's correctional facility in Massachusetts, completed a post-doctoral fellowship at a VAMC in Bedford, Massachusetts and completed an internship at Massachusetts Mental Health Center at Harvard Medical School. Previously, Dr. Wolf worked as a research associate on a Pew-funded grant Ensuring Solutions to Alcohol Problems, worked as a program evaluator for Wyoming's Legislative Service Office, and served as a Peace Corps Volunteer in Romania. Since joining Booz Allen in 2009, Dr. Wolf has provided psychological health expertise to the Defense Center of Excellence in Psychological Health and Traumatic Brain Injury (DCoE) across different contracts.

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Please choose one breakout session from each time frame for the day/days you are attending. (You will automatically be enrolled in the plenary sessions)

Session 1-1:35pm-3:05pm - Thursday, October 18

- ☐ 1A Veteran's Issues and the Criminal Justice System
- ☐ 1B Suicide Prevention
- ☐ 1C Women in the Military
- ☐ 1D Coping with Injury in Wounded Warriors- Impact on Families and Children

Session 2- 10:00am-11:30am - Friday, October 19

- ☐ 2A Understanding Military Culture and the Impact on the Family
- ☐ 2B Engaging our Faith Communities in Caring for Service Members, Veterans and their Families
- ☐ 2C Panel on Military Children in Schools – Challenges and Opportunities

Session 3 - 1:35pm-3:05pm - Friday, October 19

- ☐ 3A Mental Health/Behavioral Issues of the Military Child
- ☐ 3B Working with TRICARE
- ☐ 3C Faith-based Marital Resiliency: The Army Spouse Perspective
- ☐ 3D Being a Dependent is not Being Dependent

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